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# THE PORTUGAL News

Portugal's **National** Newspaper in English

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**FAIR**  
See pp. 27-29  
**Success**



## Russian girl controversy rages on

The case of six-year-old Alexandra Skilauri, who by court order was controversially returned to her Russian biological mother after being raised from the age of 18 months by a Portuguese foster family, is gaining international prominence as Russian media sides with the Portuguese family. (See Page 3)

## Europe votes

From last Thursday to this Sunday, 375 million voters in 27 countries will determine the direction of Europe's 500 million inhabitants for the next five years. Portuguese and registered European residents here will be casting their vote on Sunday. (See Page 5)

## What a fabulous weekend at the Fair

If the current economic crisis was starting to take its toll on the good spirits of the population then the ambience at the International Algarve Fair this past weekend was clear evidence that the local community has had enough of feeling blue and decided it was time to cast off any concerns, even if only for a day or two, and replace them with a healthy dose of fun and cheer. (See Pages 27-29)

## It's all or nothing for Portugal

Decision time comes this weekend for Portugal as they face Albania in their crucial 2010 South Africa World Cup qualification match. (See Page 56)

## Weekend weather

**Lisbon:** Summer will disappear briefly from the capital at the start of the weekend, but the weather is expected to clear by Sunday with thermometers rising gradually during next week. **Faro:** Saturday will start off cloudy, before improving. **Oporto:** The north will be cloudy and rainy for much of the weekend, though should be dry for much of next week.

## Upcoming holidays in Portugal

June 10 & 11. Some shops and offices may be closed.

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41 (Lady Amber)

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8 page  
weekly  
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## Numerous studies point to extreme change in Algarve weather patterns as the ocean starts to hot up

# ALGARVE CLIMATE CHANGE ALERT

Research published this week has revealed that the environment as we know it around the Algarve is experiencing dramatic change, with even bigger changes in the climate forecast during the course of the current century.

**Climate, see p. 18**





**THE PORTUGAL News**



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# Teenage mother stages protest after son is given for adoption

A 15-year-old mother staged a protest on the doorstep of Faro's Aboim Asencção children's refuge after a court made the decision to allow the girl's two-and-a-half-year-old son, who has been living in the institution, to be adopted.

Cascais Family Court decided the boy, Martim, should be urgently adopted.

After his birth in December 2006 and at the request of Social Security, Martim was placed in the care of the Aboim Asencção Refuge as his then 13-year-old mother did not have the necessary conditions to look after him.

The baby was placed in care with the mother's consent in February 2007 and has remained there since, his biological family still living in Cascais, Lisbon.

"If my son Martim didn't have a family that wanted him I could understand the court's decision. But he has a family that is waiting for him in a house with love and care. Why should he be adopted? It is not logical. I will not stop until I get my son back", said teenager Ana Rita Leonardo, who will be 16 this month and is a student at the Alcoitão Rehabilitation Centre, Sintra, where she is on a commercial shop assistant's course.

On July 16<sup>th</sup> this year the child's adoption was decided following a long battle between Lisbon's Family and Constitutional Courts. It was eventually decided that toddler Martim needed "urgent adoption".

"The last time I saw my son was on December 20<sup>th</sup> 2008. I have visited him as and when I could afford to travel to the Algarve. On my last visit he clung to my legs and wouldn't let go, he started to cry and a carer had to take him away", Ana Leonardo told national press during the protest she staged outside the Refúgio Aboim Asencção in Faro.

According to reports Cascais Family Court based their decision on the fact that Ana Leonardo



Fifteen year old Ana Rita Leonardo protests with her family outside the Refúgio Aboim Asencção in Faro after the court decision to authorise the adoption of her two year old son. (Photo: Lusa / Luís Forra)

had her child at 13 years of age and is herself from divorced parents.

The judges alleged Ana's mother, Martim's grandmother, does not have the necessary conditions to support her family either, and that she suffers from depression.

Lawyer Isilda Pegado confirmed to Portuguese daily newspaper Diário de Notícias (DN) that a requirement has been submitted to the Cascais Family Court for Martim's paternal grandparents to be granted custody as they are willing and have the economic conditions to do so. Martim's father was 16 at the time of his conception.

Ana Rita says she is willing to

embark on a hunger strike in her fight to keep her son, and guarantees she now has the economic circumstances and maturity to raise her son. She has even vowed to take her case to the European Human Rights Court should her son be handed over to an adoptive family.

Alleging that the child's father, who is now 20, was never heard in court, his sister Ana Cláudia Matos, said "my brother never had access to the court case. The paternal family was never notified of what was happening".

Talking to the media the child's paternal aunt, who was amongst friends and family participating in the protest, alleged there were "irregularities" in the

case and accused Refúgio Aboim Asencção director Luís Villas Boas of preventing the family from seeing Martim. She claimed orders were made to stop the visits and the family was told their visits were too upsetting for the young boy.

She said the family was "angered" and "hurting" that they had been "forbidden" from seeing Martim and appealed to the President of the Republic to look into the case.

In response Luís Villas Boas explained that visits by the child's family had to stop after courts authorised his adoption, because by law he was then "automatically prevented from visits by his parents".

# Murderer mother pregnant with fifth child

A woman whose murder trial started this week after she strangled her newborn son and kept his dead body in a freezer last year is pregnant with her fifth child, it has been reported.

When the horrific incident emerged last year 36-year-old Adelaide S. claimed she strangled her newborn baby as her pregnancy had been "unwanted" and she was not in a suitable situation to raise another child.

She already has three children, all minors, and is now pregnant with her fifth child.

Adelaide S. had been awaiting the start of her trial at home and appeared this week in court in the late stages of pregnancy. This shocked those present in court, given her justifications for having committed infanticide, which were based on lack of financial and family stability.

Earlier this week the courts

heard statements from PJ inspectors, a nurse who reported the crime, a neighbour, Adelaide's eldest son and her boss from the supermarket where she works.

The nurse, an acquaintance to whom Adelaide confessed her crime and who was responsible for passing the confession on to police, broke down in court when recounting what had been confided to her.

She had confronted Adelaide S. many times about her previous pregnancy, which was never confirmed and was mostly kept hidden.

"She always denied she was pregnant and told me she had a fibrous tumor which would be

'dealt with' in 15 days", and which she later claimed to have "spontaneously expelled", the nurse told the court, adding "I am a health professional; I know this cannot happen".

The nurse's suspicions were also roused after Adelaide had tried to conceal her third pregnancy, later giving birth to her youngest child at present.

It was, according to the nurse, Adelaide's mother-in-law who contacted her, fearing the worst.

"We thought at the time that she may have had given away or sold her child".

"When I confronted her she looked at the floor, confessed she had been pregnant, that she had

given birth on the bathroom floor and had strangled her newborn son immediately. She then went to the freezer, took plastic bag out and put it on the kitchen table. In the bag there was a towel, which the foetus was rolled up in", the nurse revealed.

Following the nurse's testimony the judge decided to suspend the hearing and postponed continuation of the trial until June 22<sup>nd</sup>. Before then the court is to receive assessments from Gaia's Psychiatric and Mental Health services as well as copies of an investigation launched by the Committee for the Protection of Children and Youths.



# Russian girl taken from Portuguese family continues to cause controversy



The case of six-year-old Alexandra Skilauri, who by court order was controversially returned to her Russian biological mother after being raised from the age of 18 months by a Portuguese foster family, is gaining international prominence as Russian media sides with the Portuguese family and the Portuguese Minister for Work and Social Solidarity said, with regards to the Court's decision, that making mistakes is "part of human nature".

Alexandra Skilauri was born in Northern Portugal six years ago to Russian Natália Zarubina and a Ukrainian father who it was recently discovered now lives in Spain.

She was raised from the age of 18 months by a Portuguese couple, Florinda Vieira and João Pinheiro, from Barcelos, who allege at the time of her birth Alexandra's mother was working as a prostitute and did not have the necessary conditions to care for a baby.

Despite being legally entrusted to the couple a court ruling in 2008 stipulated the child, who only speaks Portuguese, had to be returned to her biological mother. This was officially instated last week, when social security authorities oversaw the handover. Just days after she was returned to the custody of her mother, Natália Zarubina, who speaks no Portuguese, controversially took her daughter back to Russia to a village 350 miles from Moscow to live with a family she had never met.

Days later images of Alexandra being smacked by her mother for not speaking Russian, caught by a TV crew covering the child's first days in Russia, were broadcast on Russian and Portuguese TV and further ignited the uproar against Portuguese justice.

Of the Courts decision, this week Minister Vieira da Silva rhetorically questioned "Was it a mistake or not? Well, that is part of human nature".

He did say that Portuguese institutions that look after the country's children should "work harder" so any information given to the courts is "as detailed as possible", so the judge can make the best possible decision.

"Whenever the Court knows the case in hand is a situation of great complexity and seriousness, and that the future of a child is not just based on a whimsical decision of whether or not he or she should live with this or that family".

Regarding the scenes of Alexandra being smacked, which were subsequently dropped by Russian TV stations, the Minister commented "as many Portuguese did, I saw



João Pinheiro and Florinda Vieira, foster parents of Alexandra, during a demonstration by the Russian community in Braga in favour of the Portuguese family who looked after the child. (Photo: Lusa / Pedro Ferrari)

the scenes that were broadcast of the mother's apparent violent behaviour once on Russian ter-

ritory and I watched them with great concern and discomfort". Meanwhile the Ministry for

Justice is "patiently awaiting" a decision by the Superior Magistrates Committee regarding comments by the judge who made the ruling in the Alexandra case, and who broke protocol by openly speaking of his decision.

Talking to the media the judge said he "would not go back" on his decision and had "no regrets" of making it, causing a backlash of negative reactions from counterparts and colleagues.

The Superior Magistrates Committee, which is completely autonomous to the Government and all its constitutional organs, will this week pronounce its opinion on the situation, which could

influence the judge's future.

Oporto Mayor Rui Rio also affirmed that Guimarães Court's decision regarding Alexandra reflected the "incapacities of the Portuguese judicial system".

Mayor Rio said he believed the decision was "a truly cruel situation" and that he was particularly shocked by the fact the judge said he would make the same decision again if ever faced with a similar situation.

More recently, despite the promise of employment in Portugal, Alexandra's mother has vowed never to return to this country and has said she wants to "rebuild" her life in Russia.



Alexandra Zarubina at her maternal home where she has been living since her return to Russia. (Photo: Lusa / José Milhazes)

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# Europe votes



From last Thursday to this Sunday, 375 million voters in 27 countries will determine the direction of Europe's 500 million inhabitants for the next five years. Portuguese and registered European residents here will be casting their vote on Sunday.

The President of the European Commission, Portugal's José Manuel Barroso, has called on the public to make their voice heard by voting in large numbers.

The stakes are high, with the MEPs elected this week likely to be deciding on major issues such as how Europe meets its energy needs, tighter controls for financial markets and how to help workers cope with having a family.

The European Parliament plays an essential role in law-making and overseeing the other EU institutions. In doing so, MEPs are directly representing the views of voters.

To make their choice, voters can draw on many different sources of information: the European Parliament website lists all the candidates for each country, while its 'EuroparlTV' site hosts videos of campaign adverts. And every day the websites of the various social networks are spreading more information and reactions to the elections.

The results will be announced on Sunday, 7th June after 9 pm, live from the European Parlia-

ment building in Brussels.

Portugal will be electing 22 MEPs, down from the 24 it elected five years ago. The reduction is due to MEPs in Parliament being reduced from 789 to 736.

In Portugal, opinion polls have varied, but most have indicated a victory for the Socialists (PS) who are led by Vital Moreira. Some are suggesting a surprise result for Paulo Rangel's Social Democrats (PSD), who polls say will receive between 30 and 33 percent of the vote – two to five percent less than the PS.

The Left Bloc (BE) have continued to gain, arguably due to their strong showing in the opposition and the likely benefactors of protest votes by the youth and the liberal electorate.

The Communists (CDU) are being given around 7.5 percent, which will give them no more than two MEPs, while the Christian Democrats (CDS-PP), who were part of a coalition government earlier this decade, could fail to elect any MEPs, as they are expected to win less than five percent of the vote on Sunday.



Top of the Socialist Party list in the European Parliamentary elections Vital Moreira with Edite Estrela (right), Ana Gomes and Elisa Ferreira (left) on a visit to Ave Park in Guimarães on June 3rd. (Photo: Lusa / José Sena Goulão)

## Hollywood star Angelina Jolie house-hunting in Lagos

According to one of the USA's leading showbiz Internet sites, Hollywood superstar Angelina Jolie is tired of her hectic pace of life in the USA and is looking to buy a house in southern Portugal, in Lagos (Algarve), in which to live with her six children.

Quoting a source close to the actress, website 'Showbiz Spy' said Angelina "loves Portugal and wants to raise her children there". It was reported she is hoping to move "as soon as possible" and has an agent in the area house-hunting on her behalf.

The Portugal News can exclusively reveal it has since learned exactly which property Angelina is believed to be interested in.

The property in question is a recently-renovated villa, once a traditional Portuguese farmhouse, which is simple in its architectural style with Mediterranean influence.

It comprises a stone turret front, wood decking, green lawns and flat roof.

In true Hollywood style the large property is situated in one of the Algarve's most distinctive locations, near Lagos, perched high on a cliff top from where it has its own bridge to a private island thought to be a bird sanctuary.

While it does not have a pool it looks directly onto the crystalline, turquoise-blue sea below. Until now, no purchase has been confirmed.

It is not known whether or not the actress's long-term partner, fellow movie star Brad

Pitt, will be moving to Portugal with the family. Over the past months the glamorous couple, which the world's media dubbed 'Brangelina', has been dogged by rumours of complications in their unconventional relationship.

Despite a seemingly united appearance in Cannes recently, off the red carpet there was talk of the couple having put on a show to dismiss rumours that a separation was imminent.

Showbiz Spy's source confirmed that the past few months had been "difficult" for the couple and that "each day was a new day" for them.

Angelina's desire for a 'rainbow family' has been well documented and the Jolie-Pitt clan now comprises six children; three adopted children, Maddox, Pax and Zahara (from Cambodia, Vietnam and Ethiopia respectively), as well as three biological children, Shiloh and twins Knox and Vivienne.

Angelina Jolie has received various awards for her roles in films, including three Golden Globe Awards and an Academy Award. Elected by many media publications as one of the world's most beautiful women, Angelina Jolie is also a goodwill ambassador for the UN Refugee Agency.

## Sponsoring births in hope of baby-boom

According to provisional figures released by the National Statistics Institute (INE) for International Children's Day, one in ten Portuguese municipalities has less than 500 children, an estimate that has spurred some councils to offer future parents as much as €200 per month for every child that is born as well as footing their school bills.

Despite some council's best efforts though, schools continue to close and birth rates continue to drop.

The INE revealed that 89 of Portugal's 308 municipalities were home to less than 100 children, and 28 of those had less than 500 inhabitants aged between zero and 14.

In Ribeira de Pena, a county with 901 children, according to the local mayor who was shocked when a primary school teacher whose school comprised just two pupils suggested giving lessons at home. The school was subsequently closed along with five others from the Salvador neighbourhood and four more in Cerva.

Ribeira de Pena Mayor Agostinho Pinto said: "There were schools with just three or four pupils, which is bad for the children's social skills as well as for teachers' motivation. So I spoke to the parents and teachers and decided to close them".

He says there has been a 20 percent increase in its recent birthrate.

For Fernando Ruas, President of the National Association for Portuguese Municipalities, the situation is "dramatic" and needs national policies and support, not just local measures which are "important but can not determine change".

Positive discrimination of fiscal charges, equal distribution of large investment and attracting businesses to the interior are a few changes that Fernando Ruas would like to see implemented by central Government, and an over-

all reversal of village desertification.

"Without children there is no need for schools, for teachers' housing or for any services relat-

ing to education like paper shops", he said, highlighting the Alentejo interior and Beira regions as prime examples.

It is, in fact, in central Beria

where there are the fewest children. With a population of little over 3,500 citizens, Vila Velha de Ródão has just 235 inhabitants aged between zero and 14.

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# Second case of A H1N1 flu confirmed in Portugal



Government health officers wearing protective masks check overseas travellers in an aeroplane in Haikou Meilan International Airport in Haikou City of Hainan Province, China on 1 June. The tally of confirmed A/H1N1 flu cases on the Chinese mainland had risen to 36 as Beijing announced one and eastern Fujian Province confirmed two more people infected with the virus on 01 June. (Photo: EPA/YM YIK)



A second case of the A H1N1 strain of the Influenza Virus, otherwise known as 'Swine Flu' was confirmed this week in Portugal as medical checks on incoming aircraft are dropped.

The patient, identified as a 33-year-old man, is being treated in Oporto's São João Hospital.

He travelled last weekend from New York to Oporto, via Frankfurt on a Lufthansa flight during which, according to reports, he was already showing typical signs of the A H1N1 virus, including high fever, coughing and muscular pains.

After arriving in Oporto, instead of going straight to a hospital the man first went home and then made his way to the São João unit.

Medical staff from the hospital said then when he arrived at São João the man was wearing a mask over his mouth and was conscious of the fact he may be infected with the A H1N1 virus.

This was later confirmed and the man was admitted to isolation room where he is being kept as a preventative measure to avoid

being a contagion.

Following the confirmation the Portuguese Ministry of Health asked Lufthansa for the flight's passenger list and is contacting twelve Portuguese citizens who shared the journey with the infected man.

Several family and friends with whom the patient had contact before making his way to hospital are also being treated with antiviral medication for prevention.

Meanwhile, despite a second confirmed case in this country, the World Health Organisation (WHO) has said it does not represent increased concern for Portugal.

WHO currently maintains its 'Swine Flu' pandemic alert at level 5. So far 17,410 people have been infected with the mutated form of the flu virus, which originated in Mexico. It has been confirmed in 62 countries and killed

115 people to date.

Following the initial outbreak, medical staff at Lisbon Airport intervened in direct flights arriving from Mexico, asking if passengers felt ill or were showing signs of the virus.

According to recent reports this is no longer the case and medical checks are no longer being exercised at Portuguese airports.

Health Minister Ana Jorge justified this by saying Mexico was no longer the initial point of control and that cases of infection could come from anywhere.

Despite there being informative posters around airports, it is now left to individuals to take action if they feel ill.

More than one month after the epidemic's initial outbreak little is still known about the characteristics of the virus or of the individuals who have died from it.



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Last week's winner of a luxurious all inclusive half day on board a beautiful Cranchi 41 'Lady Amber' for 6 to 8 persons to the value of €800 was Rita Dubreuil

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# Usage of paid supermarket bags halves



Supermarkets that charge for their plastic carrier bags have seen bag sales fall by almost half, according to a study conducted by environmental watchdog Quercus on supermarkets in Madeira.

The same study also revealed that people who shop in supermarkets where plastic carrier bags are free use more bags than necessary and do not fill them.

Quercus members come to this conclusion after they stood outside supermarkets observing shoppers' bag habits for the study.

Ninety-five percent of shoppers in supermarkets such as Modelo and Hiper Sá, where plastics bags are free, left carrying new bags and only five percent were carrying recycled bags.

Of clients shopping in establishments where bags are charged, like Pingo Doce, only 51 percent left carrying new bags and 49

percent were carrying re-used or recycled bags.

It was also concluded that supermarkets that offer free bags encourage waste as the majority of shoppers use more bags than necessary and only half fill them.

Quercus is looking for Portugal to install a legislation that makes it compulsory for a fee to be charged for every bag distributed.

Internationally, Ireland is the best example to follow, where in 2002 a 15 cent fee was applied for all plastic bags and in three months bag usage fell by 90 percent.

Every year around two tones of plastic bags are used in the world's commerce.

## Fall in 2007 greenhouse gas emissions for third consecutive year

European Environment Commissioner Stavros Dimas this week welcomed the news that EU greenhouse gas emissions have fallen for the third consecutive year.

The emissions inventory compiled by the European Environment Agency for 2007, the latest year for which complete data is available, shows that EU-15 emissions dropped by 1.6 percent from 2006 while the economy grew by 2.7 percent.

The reduction takes EU-15 emissions to 5.0 percent below their levels in the base year (1990 in most cases). This puts the EU-15 well on track to meet its Kyoto Protocol target of reducing emissions in the 2008-2012 period to an average of 8 percent below the base year level. EU-27 emissions fell 1.2 percent over the year to stand 12.5 percent lower than in the base year.

Commissioner Dimas said: "The recent emission reductions among the EU-15 give us the confidence that we will successfully reach our Kyoto target. With more than half of EU-15 Member States registering notable emission reductions once again in 2007, our main concern now is to ensure that an ambitious global climate agreement for the period after 2012 is achieved at the Copenhagen conference in December. This will create a framework for worldwide emission reductions in the future."

He added: "Although the 2007 reduction in EU-15 reductions was partly due to favourable weather conditions in some Member States, the downward emissions trend over the last three years indicates that the proactive climate policies and meas-

ures taken nationally and at EU level since Kyoto are now starting to pay off. The climate and energy package adopted last month ensures that even greater reductions will be made in the coming years."



Forestry specialists Vasco Campos, Fernando Alves and Luís Alcobia inspect infected pine trees in Coimbra last October. (Photo: Lusa / Paulo Novais)

## EU launches a comprehensive review of plant health laws

The European Commission is launching an evaluation of the plant health legislation to check if its objectives have been met, to see if new objectives should be added and whether improvement is possible.

Since 1977, European legislation has been in place to prevent new pests and plant diseases from entering into the EU or, if outbreaks nevertheless occur, to eradicate them rapidly and effectively. The evaluation started on 1 June 2009.

A new plant health strategy will subsequently be developed, based on the principle that prevention is better than cure, to further en-

sure a sustainable agriculture and a healthy natural environment.

Pests and plant diseases can cause serious harm to agriculture, forestry and the natural environment. As a consequence of the

globalisation of trade and of climate change, more and more new pests and diseases are reaching Europe from other continents.

Irreparable damage might occur if these were to spread through the EU.

Currently, for instance, serious threats exist for European pine forests because of a major out-

break in Portugal of the Pine Wood Nematode, a disease which could eventually kill more than 50 percent of the Mediterranean pine forests. Similarly, the Red Palm Weevil is threatening the Mediterranean palms and it is destroying hundreds of palm trees across southern Portugal and beyond.

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# Food labels revisited



One day not so far in the future, Europeans may be able to buy a loaf of bread knowing where the flour came from, the European Commission predicted this week.



President Cavaco Silva and his wife Maria Cavaco Silva look at products on sales in a Jerónimo Martins supermarket in Warsaw on their visit to Poland last September. (Photo: Lusa / Paulo Novais)

The EU is considering expanding the use of food labels to show where the product was farmed. The step follows a Europe-wide consultation on the issue of food quality. Farmers, producers and consumers voiced strong support for greater use of 'place-of-farming' labels.

Such labels indicate the country of harvest, not where the product was processed.

They are already mandatory for some foods sold in the EU, including unprocessed beef, poultry, fruit, vegetables, eggs, honey, wine and olive oil.

In a paper spelling out its position, the Commission says it will take into account the concerns of processors and retailers, who worry they will have a hard time tracking down the origins of ingredients in processed food.

The EU has some of the most stringent farming requirements in the world. But many consumers question the quality of products from outside the EU, more so in the wake of several scares involving imported food in recent years.

European farmers like the labels because they add appeal to their products, both in the EU

and in the global marketplace.

Many want the labels to be even more precise, showing the particular region where the product was farmed.

The paper also calls for changes to clear up confusion caused by the proliferation of other kinds of food labels in the EU. Many countries, producers and retailers have adopted schemes that are different from those used by the EU.

The Commission wants to abolish the EU label for identifying and protecting the names of traditional products. There have been just 20 registrations since the scheme was set up in 1992. They include a traditional Finnish biscuit, mozzarella cheese produced in the Italian tradition and certain Belgian beers.

EU labels referring to a product's geographical origin would also be revised. Examples of products carrying this logo include Camembert cheese from the Normandy region of France; prosciutto ham from Parma, Italy; Kalamata olive oil from Greece; Scotch beef from the UK and bratwurst sausage from Nuremberg, Germany.

Meanwhile, an EU logo for organic foods is being developed. Starting in 2010, it will be mandatory for all products sold as organic in the EU.

## One third in EU unable to afford unexpected expenses

In 2007, one third of the EU27 population lived in a household that couldn't afford an unexpected expenditure, corresponding in each Member State to a set share of the national at-risk-of-poverty threshold.

In the EU27, seven percent of population lived in a household that had been unable to pay as scheduled, utility bills for their main dwelling in the last 12 months, and three percent in a household that had been unable to pay either rent or mortgage

payments. More than half of the population in Latvia and Hungary (both 63 percent) and Poland (54 percent) lived in a household that was unable to afford an unexpected expenditure.

On the other hand, only one fifth or less of the population lived in such a household in Sweden (18 percent), Denmark (19 percent) and Portugal (20 percent).

The highest share of the population living in households that

have been in arrears with utility bills were found in Hungary (18 percent), Poland (17 percent), Greece (16 percent) and Slovenia (11 percent).

The highest share of the population living in households that have been in arrears with either rent or mortgage were found in Greece (seven percent), France and Cyprus (both six percent).

This data, published by Eurostat comes from the EU Statistics on Income and Living Conditions survey (EU-SILC).

## Euro area unemployment up to 9.2%

The Euro area (EA16) seasonally-adjusted unemployment rate was 9.2% in April 2009, compared with 8.9% in March. It was 7.3% in April 2008. Meanwhile, the EU27 unemployment rate was 8.6% in April 2009, compared with 8.4% in March.

For the Euro area, this is the highest rate since September 1999, and for the EU27 since January 2006. Eurostat estimates that 20.825 million men and women in the EU27, of which 14.579 million were in the Euro area, were unemployed in April 2009.

Compared with March, the

number of people unemployed increased by 556,000 in the EU27 and by 396,000 in the Euro area. Compared with April 2008, unemployment went up by 4.653 million in the EU27 and by 3.100 million in the Euro area.

These figures are published by Eurostat.

## Inflation will rise again as the economy recovers



What with all the talk going on about the threat of deflation anyone would think that the days of worrying about high inflation have vanished. It is true that inflation has plummeted along with the financial slump but when the recovery occurs, so inevitably inflation will return.

Even though deflation has been described as the new danger, the real danger could actually be the return of inflation. As central banks and governments try to stall deflation, some economists fear this is stacking up debt to be paid for later by increased inflation.

Governments are pumping huge amounts of money into their economies to encourage recovery. Lately it appears that these moves have begun having a positive effect on the economy and stockmarkets, but we should not forget that the money will have to be repaid at some time ahead.

Financial guru and billionaire, Warren Buffett, has warned that any recovery in the US economy would be accompanied by rocketing inflation.

*the barrel. These once unthinkable dosages will almost certainly bring on unwelcome after-effects. Their precise nature is anyone's guess, though one likely consequence is an onslaught of inflation."*

Buffett supported the US's fiscal efforts and said that the economy would recover eventually even though a rebound could kindle inflation worse than that experienced in the late 1970s.

In an article for the *Financial Director* in October, economic adviser and commentator, David Kern, advised that that government deficits will inevitably balloon due to massive bank bailouts and the impact of deepening recessions on public finances. "The resulting large monetary expansion must eventually reignite inflationary pressures. To alleviate the recession we must accept these conse-

*quences. But inflation is not dead; it will resurface with a vengeance in the future and we will have to fight it again in less comfortable circumstances."*

In the UK, despite the talk and fears of deflation, inflation is still relatively high. In April the Consumer Price Index was 2.3%, which is still above the Bank of England's (BoE) target of 2%. In May, the BoE interest rate was 0.5%, where it has been since March, meaning even now inflation is outstripping central bank interest rate by 1.8%.

Here in Portugal it's a different story since inflation has dropped into the minus figures. At -0.6% in April it was the second lowest in the Eurozone. Inflation for the Eurozone as a whole was 0.6%.

Having said that, inflation is very much a personal issue and individuals are affected more by

what they actually spend their money on rather than the official 'basket of goods' used to measure the rate of inflation. According to UK analysts Capital Economics in an article in the *Daily Mail*, people on a pension are facing an inflation rate of 12.6% because they spend their money in a different way to the average consumer. The cost of utility bills and food are the main reasons why the inflation rate for retirees is so high. The cost of borrowing affects them less as many have paid off their mortgages.

The most important thing to focus on with regards inflation, is that it is a long-term issue. If you are saving for retirement, or are retired and relying on savings to support your living costs, today's inflation is not actually relevant. Your concern is what your personal inflation will be each future year of your retirement. And since we cannot possibly know this in advance, you need to set up your financial planning to keep pace with a prudent inflation rate.

There is never a time to ignore inflation – even when it seems that inflation figures are comparatively low. Inflation should be incorporated into your financial planning to maintain your wealth for the long years of retirement.

Keeping all your money in a bank is not the best option as inflation will slowly erode your capital and can minimise any interest earned. There are investment vehicles available which can provide income above the bank interest rate and allow for your capital to grow over the longer term. They can also provide tax mitigation benefits. A regulated and authorised financial adviser like Blevins Franks Financial Management can advise you on a portfolio suited to your personal requirements.

*Bill Blevins, Financial Correspondent Blevins Franks*

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## Accord heralds closer transport cooperation with Brazil

Portugal and Brazil signed an accord this week to cooperate in transport projects including high-speed trains (TGV) and highway concessions, officials said.

After inking the agreement at the Lisbon Ministry of Public Works, Brazilian executive secretary of transport Paulo Passos said the protocol is a "stimulus" for further collaboration in transport between the two states.

Brasília and Lisbon will exchange information in areas such as TGV, logistic platforms and highway concessions. Brazil is planning its first TGV project, a 550-kilometre link between Rio de Janeiro, Sao Paulo and Campinas.

Passos said Brazil wants more Portuguese operators involved in highway concessions in his country.

TPN/Lusa



# Slight house price recovery in Portugal



House prices dropped further around the world during the year to end-Q1 2009, as personal expenditure decreased, consumer confidence remained low, credit remained tight and the unemployment rate worsened.

Among the 32 countries in the Global Property Guide's survey of house prices (www.globalpropertyguide.com) 27 recorded price falls during the year to the end of the first quarter of 2009, in real terms.

The Global Property Guide uses price-changes after inflation, giving a more realistic picture than the (more upbeat) nominal figures usually preferred by real estate agents.

While Portugal's house prices continued to fall year-on-year, the country was one of only a handful of countries to record growth in the first three months of the year when compared with the final quarter of 2008.

During the year to end-Q1 2009, price falls of more than 10 percent occurred in 12 countries, worse than the previously worst-ever year to end last quarter of 2008 (8 price falls above 10 percent).

House prices in Portugal fell by an average of 5.82 percent, which is still two percent less

than neighbouring Spain, while prices in the UK, be they based on the land registry's figures (-18.54 percent) or nationwide (down 19.09), recorded some of the worst falls across the globe.

However, only 7 countries saw price falls of above 5 percent during the first quarter of 2009.

Latvia, meanwhile, is in surprisingly deep trouble. Average apartment prices in Riga declined an astonishing 50 percent over a year earlier, to €747 per square metre, with a 30 percent drop during the first quarter. Latvia is in deep recession, with its economy contracting 18 percent in Q1 of 2009.

Dubai's house prices dropped 35 percent over the year earlier, and 42 percent over the quarter earlier. Dubai's economy is closely tied to the global market. As uncertainties piled up, demand for properties collapsed. Many developers have delayed or postponed construction of projects. Credit has also been tight.



Villas on the cliff tops in Albufeira.

## Renewables target can give jobs to 2.8 million people

Reaching the 2020 renewable energy targets is expected to lead to around 2.8 million jobs in the renewable energy sector and generate a total added value of around 1.1 percent of GDP.

This is the main conclusion of a European Commission's study on the impact of renewable energy policy on economic growth and employment in the European Union (Employ-RES) which is available on the internet

from today. Energy Commissioner Andris Piebalgs said: "This highlighted the benefits of renewables in terms of security of supply and fighting climate change which can go hand in hand with the economic gains".

## Timber industry branches out in Angola with €100m investment, Portuguese know-how

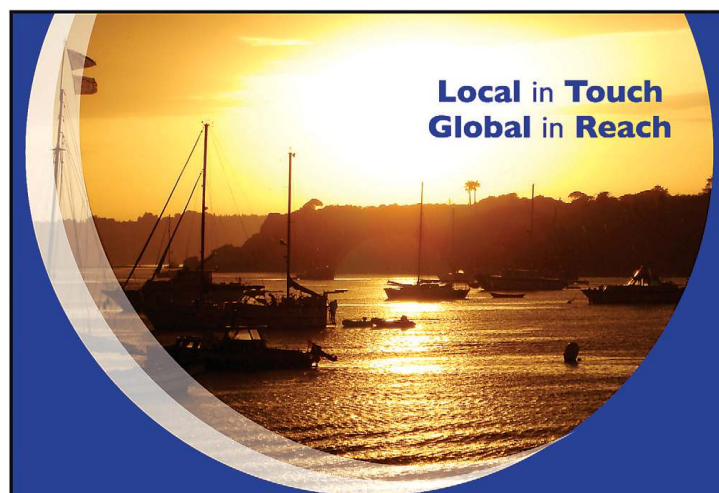
The head of the Association of Wood and Furniture Industries of Portugal (AIMMP) is currently in Angola to discuss implementation of a €100 million project to develop the African nation's timber industry.

AIMMP secretary general Maria Carmo will meet officials from Angola's industry ministry to "continue with" proposals made by the Portuguese organisation last year, an AIMMP source said.

These plans aim to develop Angola's forestry and timber industries over the coming 15 years with joint ventures between firms from the two Lusophone states.

Budgeted at €100 million, the Portuguese project involves building a training centre and six specialised factories for various wood products like flooring and furniture, creating over 700 jobs in the process.

TPN/Lusa



## Fiscal Representation for Non Residents

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# China: Haunted by Tienanmen



Tens of thousands of residents gather to celebrate the second successful nuclear test by North Korea at the Pyongyang Indoor Stadium, Pyongyang, North Korea on 26 May. The test and series of missile launches have been met by widespread condemnation by the international community including a unanimous reprimand from the permanent members of the UN Security Council which is now considering how best to rein in North Korea from continuing such activities. (Photo: EPA/KCNA)

It would be child's play to take out North Korea's nuclear facilities in a single coordinated strike. The North Korean air force is not modern enough to stop US or Russian or even Chinese strike aircraft. The country's few nuclear weapons are not deliverable by missile yet, so even if one or more of them did survive the first strike, Pyongyang could not hit back with nukes.

So why don't the countries that worry about North Korea nuclear weapons skip the endless haggling with a regime that does not bargain in good faith, and just use their superior weapons to strike the nuclear card from North Korea's hand? Surely they aren't afraid of a conventional land invasion of the South by the North.

The North Korean army is large, but without air cover it would be torn to shreds in a matter of days, or even hours. This is the 21st century, and an army that cannot protect itself from air attack is just a bunch of dead men walking. There must be some further consideration that keeps the option of a preventive attack on North Korea off the table.

There is. It is called China.

It is a very long time since Mao Tse-tung declared that China and North Korea were "as close as lips and teeth." Today's Beijing has little sympathy for a fellow Communist regime in Pyongyang that is not only brutally repressive but also an abject economic failure. North Korea has even reverted to dynastic rule, and other medieval phenomena like famine have become chronic there.

North Korea is an embarrassment to the Communist system that the Chinese regime uses to justify its own monopoly of power. Nevertheless, the Beijing regime cannot run the risk of letting Kim Jong-il's moth-eaten regime simply collapse, which would be the probable result of a successful disarming strike against Pyongyang's nuclear weapons.

Regime collapse in Pyongyang would send a flood of destitute North Korean refugees across the frontier into China, and they might carry the infection with them. What China worries about is regime collapse in Beijing.

It is twenty years this week since the pro-democracy movement in China was crushed when troops and tanks swept onto Tienanmen Square on 4 June, 1988 and massacred hundreds or even thousands of students. The regime officially dismisses the protesters who camped peacefully on the square for weeks as "hooligans", but it is still haunted by the fear that the Chinese people might some day demand their country back.

On the surface, it seems unlikely that they will demand it soon, for the Communist Party's strategy of buying the population's loyalty with high-speed economic growth has been a runaway success. Even during the worst global recession in half a century, China is officially forecasting 10 percent economic growth in 2009.

But what if the goose stops laying the golden eggs? It's one thing to be facing economic hard times in Berlin or Washington or Cape Town, where the government's legitimacy comes from democratic

consent. It's another thing to be a government facing economic hard times when your only legitimacy comes from economic good times.

Even in good times, the Chinese government is acutely aware that it is among the last surviving Communist regimes in the world, and that the ideology on which it bases its right to rule is essentially dead in the eyes of the people it rules. It could face a potentially fatal challenge very fast if things went wrong, and it knows it. That was what happened in 1989.

Right-thinking liberals insist that the regime over-reacted in 1989: if it had agreed to talk to the students instead of killing them, everything would have been all right. Zhao Ziyang, then general secretary of the Communist Party, who was dismissed and put under house arrest for the rest of his life, believed that to the day he died: "Most people were only asking us to correct our flaws, not attempting to overthrow our political system."

Maybe that is what most people wanted in Tienanmen Square in June of 1989, but if the regime had started to make concessions it would have been gone by the end of the year. That was what happened in Poland, East Germany, Czechoslovakia, Romania, eventually even in the Soviet Union itself. It would have happened in China, too.

The lesson that the Chinese Communist Party has learned from 1989 is that there must be no more examples of collapsing Communist regimes, especially on China's borders. The danger of infection, however remote, is too great to be tolerated, so North Korea's regime must survive.

Beijing has said that it is "resolutely opposed" to North Korea's nuclear test, but it will not allow the Pyongyang regime to be overthrown. So no disarming strike against North Korea is possible, and the next stage in the crisis is likely to happen at sea when some North Korean ship suspected of carrying nuclear contraband is stopped.

Or you could just have a nasty incident between the fishing fleets jostling for the best positions near the disputed sea border between North and South Korea.



Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

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## Millions opt for religious tourism

While there are no official statistics to confirm it, recent estimations have calculated that religious tourism in Portugal attracts several million tourists every year, generating around €700 million in revenue and representing 10 percent of the overall tourism in Portugal.

The lack of official figures is explained by the fact that 'religious tourism' (visits to places of religious interest) is not categorized as such, but is in fact classified as 'cultural tourism'.

This has been criticized by researchers and tour operators who believe Portugal's current Strategic Tourism Plan should be reformed to include an 11<sup>th</sup> tourism category, Religious Tourism.

Entities such as the Portu-

guese Tourist Board and the World Religious Travel Association (WRTA) have also complained about the lack of statistics relating purely to this sector in Portugal. Kevin Wright, head of the WRTA, said "there is no specific data relating to Portugal in this sector with the exception of those relating solely to visitors to the Fatima Sanctuary".

On a global scale, every year between 300 and 330 million people embark on a religion-based trip, which overall generates revenue of between 15 and 18 billion euros.

Portugal is believed to generate around two percent of that traffic. Of the seven million people who visit Portugal for religious purposes, around five mil-

lion of those head for Fátima.

Internationally, Lourdes, in France, is one of the main religious destinations, with six million visitors every year. However the record goes to Kumbha Mela (India), whose celebrations take place every 12 years and saw 75 million people gather in 2001.

Santiago de Compostela (Spain) is also a popular religious destination.

In Portugal the main religious places of interest, besides Fátima, are the Bom Jesus and Our Lady of Sameiro Sanctuaries (both in Braga), as well as the São Bento da Porta Aberta Sanctuary, in Gerês, the Senhora da Penha Sanctuary, in Guimarães, and the Mafra Convent and Mosteiro dos Jerónimos, in Lisbon.

## Government launches multi-million euro tourist campaign

Portuguese State Secretary for Tourism Bernardo Trindade this week confirmed that the Government is about to launch a new tourist promotion campaign worth a reported €7.5 million.

The strategic campaign will be launched in several foreign countries to promote Portugal abroad and attract new visitors.

This new campaign was decided upon today in a meeting that joined together the State Secretary for Tourism, Portugal's key tourism representatives and regional tourism board directors, all of whom gave a positive review of recent promotions.

Countries including Scandinavia, Ireland, France, Holland, Ger-

many, the UK, and Spain have all hosted Portuguese tourist campaigns in recent times, which have reportedly more than doubled the number of citizens from those countries visiting Portugal.

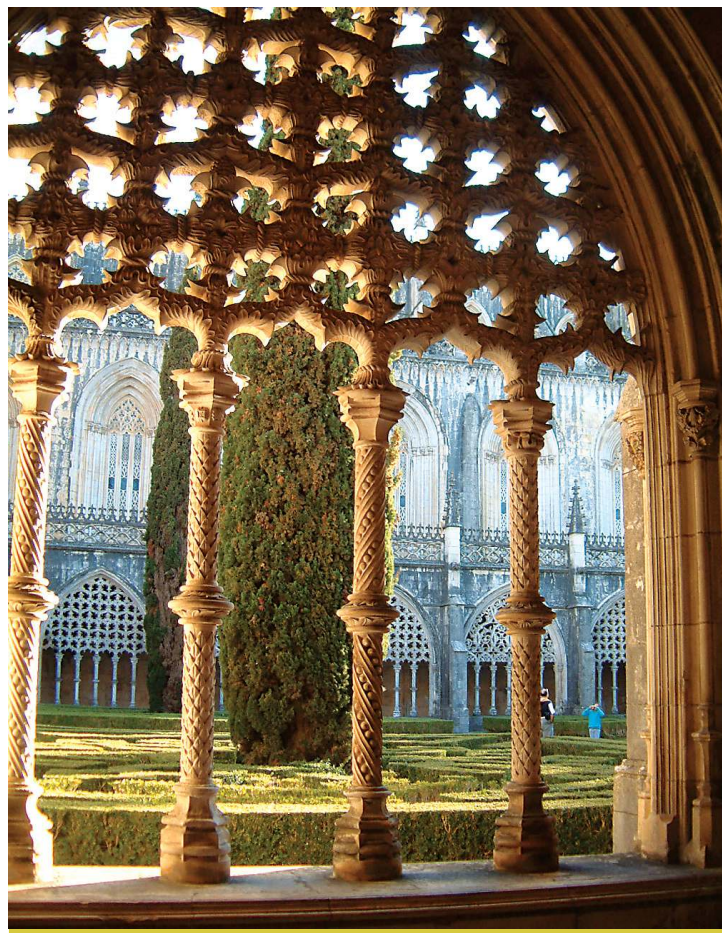
"Regarding the effort we made within these markets we have increased Portugal's market quota in comparison to its competition. We used to have -0.8 percent of the market, now we have 2.2 percent of the market, meaning we more than doubled our market viability in comparison to others", the State Secretary affirmed.

The assessment made this week by the strategic tourism promotion committee was very

positive and praised past efforts for helping Portugal recover from a 30 percent drop in reservations at the beginning of the year, to less than a 10 percent drop at present.

State Secretary Trindade predicted "We therefore foresee that, with developments in countries such as Scandinavia, Ireland, France and Holland we will have positive growth by the end of summer".

He did, however, consider the British market to be a more difficult one to recuperate as it is suffering not one but two adverse factors; the crisis, and the depreciation of the pound in relation to the euro.



The Cloisters at Batalha Monastery



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This month Dr. Thomas Kaiser, partner in the Family Medical Centre in Almancil and director of the Vale do Lobo Medical Centre, together with Dr. John McKean, a British dentist who has been known in the Algarve for many years, will jointly take over the management of a new Health Centre in Albufeira.

They will pursue a new concept of medicine, where medical doctors work together with a group of carefully selected, experienced therapist of complementary medicine. They will be supported by multilingual nurses

and receptionists.

The Clinic aims to provide medical care for the whole family with particular emphasis on prevention.

Dr. McKean's philosophy as a dentist is to guarantee the quality and price of his work and to avoid under all circumstances pain for the patient.

The co-operation between the 'two worlds' of medicine ensures for the patient, that their illness is always treated holistically, using the close connection between body and mind to aid and heal wherever possible. The team

around Dr. McKean and Dr. Kaiser is very keen to help their patients stop smoking and quit other addictive, unhealthy habits

The Clinic offers all modern cosmetic medical procedures, including wrinkle fillers, Botox injections and ultrasonic liposuction. British, Portuguese and German cosmetic surgeons will give consultations and operate in the Algarve's leading private hospitals.

Dr. Kaiser and his team have a special interest in weight loss and fitness programmes. Together with Nutritionist and Personal Trainers tailor made concepts are created for the individual patient.

The area of musculoskeletal medicine is well covered with physiotherapists, chiropractors and acupuncture practitioners.

In the field of complementary medicine there are specialists in Chinese medicine, homeopathy and Bowen Therapy amongst others.

A particularly interesting treatment is Colon Hydrotherapy, a method treating many complaints related to digestion and nutrition.

A great strength of the 'Family Health Centre Albufeira' is the associated teams of nurses, that cover all aspects of 'district nursing', from giving simple injections at the patient's home to long term nursing also in the comfort of the patients own home.

The Centre is located just one minute away from Radiologia Albufeira, an excellent Radiology clinic.

The close co-operation with this clinic assures, that from x-rays, to ultrasound scans, CT's and even MRI scans all imaging tests can be carried out instantaneously.

Blood tests are done in the clinic daily and the results come back the same day.

House visits are also available and a 24 emergency number is available 365 days a year.

The overall philosophy of the Family Health Centre Albufeira is: prevention is better than cure and the team actively practices what they preach: "Smile, dream and run!"

To find out more about the services of the Family Health Centre Albufeira please call head nurse Melanie on 289 543 545.

## Don't miss 'Glorious'

Tickets for The Algarveans latest production of 'Glorious' are now on sale.

For a wonderful night of good-natured comedy don't miss this funny yet poignant story of Florence Foster Jenkins a New York society hostess who stunned opera buffs with her amazing voice.

For a quite unbelievable re-enactment of her spectacular performance of The Queen of the Night at Carnegie Hall - get your ticket now, and don't forget

to bring your tiaras and tuxedos. This will be a night to remember - we promise.

'Glorious' will take place at the Lagoa Auditorium on June 12<sup>th</sup> and 13<sup>th</sup> at 8pm with a matinee performance at 5pm on Sunday 14<sup>th</sup>

Tickets cost €10 for adults and €5 for students.

For further information and reservations call 282 789 608 or 289 561 594

## International Art Fair Comes to Algarve

Around 55 artists will take part in ARTE ALGARVE, Loulé. The biggest international art fair ever held in the Algarve takes place on June 26th-28th.

The event brings together painters, sculptors, illustrators, photographers and film-makers of various nationalities including Portuguese, English, German, Polish, Italian, French, Welsh, Dutch and Brazilian. Many of the artists live and work in Portugal while others are travelling from their home countries to participate in the three-day Fair from June 26th-28th at EXPO

ALGARVELoulé.

The Fair combines with the newly opened GALERIAS ARTE ALGARVE in Loulé and Monchique as part of this exciting new cultural project aimed at adding a new dimension to the attraction of the Algarve as a destination for artists and art lovers.

For further information call 968067607 or 917256997 for inquiries.

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## French tourist drowns off Odeceixe beach

A 63 year old French tourist drowned off Odeceixe beach, in Aljezur, last weekend, one day before the official bathing season started.

An emergency call was made to 112 last Sunday, at 16h17, after a

French tourist was dragged out to sea by strong currents at Odeceixe beach.

Whilst struggling out at sea, the man suffered a heart attack and consequently drowned. The man's body was recovered by a nearby surfer, who took him back to the beach, more than 150 metres away, already lifeless. The man's death was confirmed when the Emergency Medical Services arrived.

The French tourist died on the day before the inauguration of the bathing season, on June 1<sup>st</sup>, ending the unmanned beach season in tragedy.

Odeceixe beach is well known for its dangerous currents; just three months ago, in March, a Polish tourist also lost his life after being pulled out to sea with three friends.

As Odeceixe beach does not have a concession, in these situations Councils hire lifeguards to work on the beaches to ensure people are safe during the bathing season.

Despite the official inauguration of the bathing season, some concessionaires were unable to open their water sports and sun bed areas in time as they could not find lifeguards to man their concessions. Francisco Barbosa, Chairman of AISCOMA (Association of Beach Concessions of the Algarve), said there is a shortage of around 40 lifeguards in the Algarve alone, but this should not make swimmers feel less safe as neighbouring concessions with lifeguards usually watch over the unmanned beaches.

The lack of lifeguards is a problem that can be seen all over Portugal, with several councils asking for the bathing season to be postponed.

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# Making the Algarve safer

"From now on we have a safer region and the Algarve has in fact become a region" said Isilda Gomes, Faro's Civil Governor, during the ceremony celebrating the signing of the contracts be-

tween the Councils and the State, having also announced the placement of an additional 115 permanent GNR officers in the Algarve.

With the presence of Rui Pereira, Minister for Internal Af-

fairs, Isilda Gomes mentioned the importance of identifying troubled areas in order to allow safety forces to concentrate more in places where they are needed, adding that the allocation of means has begun and it would take two months before the most effective distribution is arranged.

"By signing these contracts, the Councils put the region's interests above their political interests and the Algarve citizens will not forget this" said Rui Pereira. "The Algarve will be a safer region" and will have "an instrument to prevent and reduce crimes, improve local policing and bring safety forces closer together" he added.

Isilda Gomes says it will have to be a very well coordinated effort to succeed and it will imply a bigger workload for the GNR and PSP, but she is confident positive results will result from these contracts between Councils and the State.



The minister for Internal Affairs, Rui Pereira (standing) with the Faro civil governor, Isilda Martins and the President of Faro town hall José Apolinário (seated) at the signing of the safety contract in Faro on 1 June. (Photo: LUSA/Luís Forra)

## ISSL and Banco Alimentar



ISSL students with donations for the food bank.



Goods delivered to the warehouse pictured below



For the second time since September, International School São Lourenço has taken an active part in a Banco Alimentar campaign to collect food for people in need in the Algarve.

Students brought in pasta, rice, milk, biscuits, etc during the week preceding the campaign weekend (30th-31st May) and the donations were taken to the warehouse in Faro.

The school has been involved for over ten years, helping feed some of the 2,800 families that the Banco Alimentar currently supports.

## Portimão City Bike Tour comes to town



A total of six hundred people have signed up for the first Portimão City Bike Tour on June 14<sup>th</sup>. Organised by Sportis and Portimão Council, the Portimão City Bike Tour promises to be a huge success, following the example of cities such as Lisbon, Oporto, Madrid and São Paulo.

Created to motivate people to live healthier lifestyles, the Portimão City Bike Tour will be a 15.5 kilometre course from Portimão's Naval Club to Praia da Rocha and back.

The number of participants soon reached the maximum of 600 established by the organisation, with participants aged between 12 and 77. They will be able to pick up their kits, which consist

of a helmet, a backpack and a t-shirt, on the eve of the event, although they will have to collect their bicycle on the actual day, June 14<sup>th</sup>.

Sportis and Portimão Council, are supported by Algar and EMARP, all safety measures at the event are being guaranteed by the PSP, the GNR, the Portimão Bombeiros and the Portimão Red Cross.

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# Tree felling causes a stir



Homeowners from São Domingos de Benfica, near Bensaúde Park in Lisbon, have put a complaint forward to the Council regarding their plans to cut down four very old eucalyptus trees in the park, saying it is completely unnecessary.

The Councillor for Green Spaces has given his justification to nearby residents who do not agree with the felling of the trees by saying the trees are diseased and at risk of falling. His comments were dismissed though as the residents say the trunks are in perfect condition and some simple trimming of the branches will solve the problem.

The felling order came after the Councillor for Green Spaces

asked for an inspection to be made of the trees in Bensaúde Park and concluded that felling is the only answer in order to keep residents safe as he claims they could fall at any time.

The Bensaúde Park will be undergoing several renovations in October, when more trees are expected to be planted.

A project is also being created to change the entrance and accesses to the park.

## Rubbish clearance along Cascais coastline

Over 150 divers and volunteers gathered in Cascais last weekend to participate in an ocean clearance initiative, 'Clean up the Atlantic'. The project was a great success as over two tonnes of rubbish was collected from the bottom of the sea as well as a further two from the beaches.

Dozens of people collected, weighed and separated rubbish on Pescadores beach last weekend whilst a giant television broadcasted a live feed of divers collecting rubbish at the bottom of the sea.

Shopping carts, tyres and fishing equipment were just some of the odd items found by the 120 divers scouring the sea bed, with some requiring the assistance of a crane to hoist up the heaviest objects.

Maria João, project manager

of Cascais Atlântico, explained that it was the second year of the initiative that seeks to raise awareness of ocean and beach debris, having increased the number of divers considerably compared to last year, from 25 to 120. "We are aware of problems with rubbish in the sea and so we will be repeating this initiative in years to come" said the project manager.

One of the divers, Miguel Lacerda, hoped that the initiative reminded people that "the

next time they throw rubbish into the sea, they remember there were hundreds of people working all day, without being paid, to collect the rubbish others have created."

The 'Clean up the Atlantic' was promoted by Cascais Atlântico, Grupo Ecológico de Cascais and ProjectMar, with Sociedade Ponto Verde also collaborating.

The initiative was carried out in two phases: an underwater clearance on Saturday at

Pescadores beach and a beach clean up at Boca do Inferno on Friday and at Farol da Guia on Sunday.

The ProjectMar spokesman, Gabriel Marques, said it was "the biggest initiative promoted yet", comparing it to their previous clean ups in Portimão, Sesimbra and Peniche; "In the following months we are going to be in the North; and in August in Porto Covo for a mega operation" he added.



Homeowners in São Domingos de Benfica near the Bensaúde Park, in Lisbon, are contesting the felling of four very old eucalyptus trees. Photo: Manuel de Almeida/LUSA

## Oeiras residents complain over rubbish collections



Residents of Alto de Algés, in Oeiras, are outraged by the end of door-to-door rubbish collections in the area, with further confusion being caused as five different types of rubbish containers have been placed within a stretch of 500 metres.

Representing the residents of Alto do Algés, João Salgueiro is outraged by the fact that nobody was informed that door to door rubbish collections have been replaced by the 'Ecopontos' (recycling points) system. The numerous different types of recycling containers in the area have caused even further confusion to residents, who now have five different systems of recycling to choose from. "We have the door-to-door, the 'molocs', the Ecological Islands, the 'ecopontos' and the traditional rubbish containers. All this in Alto do Algés, on a 500 metre stretch of road. The neighbourhood is in great confusion" said João Salgueiro.

Five residents of Alto de Algés went to the Municipal Assembly to understand why the Council had decided to end the door-to-door scheme, as well as demand to see the study which convinced the Council to reach their decision. The Vice-President of the

Council, Paulo Vistas, in the absence of the Environment Minister, explained that the decision was made due to a number of environmental reasons, mainly the high amount of CO<sub>2</sub> emissions that are released into the atmosphere from the door to door rubbish collection. "Oeiras Council is still considering different points of view" said the Vice-President, adding "it is important that residents are involved, because, if we receive the complaints, the Council will reanalyse the situation and if the door-to-door scheme is the best solution we can go back to it."

Oeiras Council had announced the end of the door-to-door rubbish collections in some areas of the Council in May, preferring the 'ecopontos' system. Environmentalists, Quercus and residents allege that this decision is not the best, as studies show that door-to-door collections are more effective.

## Não é Possível?

Malcolm Gladwell is a bushy haired, brilliant, British and American journalist best known for his blockbuster non-fiction book, *Blink*. His most recent book, *Outliers* fascinates me even more. The author argues that when we try to understand success, we normally start off with the wrong question. We ask "What is this successful person like?" When we should really be asking "Where are they from?" The real secret of success (or failure) hinges on the culture the successful people grow up in and in the way they spend their time.

Outliers are people, or countries, who fall outside of the norm, for better or for worse. I bought the book to understand how Bill Gates created his empire and what made the Beatles rise to instantaneous success. Instead, I learned why Portugal stays stuck.

When I moved here in 1991 I tried tirelessly to establish the writing skills seminar company that I had successfully built in the USA. Bank after bank, company after company politely turned me down, or did not answer my calls or letters. Finally, one bank hired me for a two-day writing skills workshop. The bank had a large international clientele and

many employees had to write business letters in English. Before I started the project I analyzed hundreds of letters that employees had written in the past year. The sentences were paragraph length, the expressions awkwardly phrased and the main point was hidden or absent altogether. During the workshop I used the letters (with no names or identifying data) to explain how simple, direct and concise communication could better serve their clients and their overall business. Silence pervaded the room. In summary, at the end of the course, the manager politely thanked me and that was the end of the contract and my writing skills business in Portugal. The message I intuited: "Thanks, but no thanks. We like it our way." Do you remember Michael Porter? The Portuguese government hired him in the Expo era to analyse Portugal's business prospects and guide them toward a successful future in Europe. In summary, after paying him millions, the government changed his ideas were dismissed (he was critical of Portugal but gave constructive alternatives), and the report fell into obscurity. The message, "Thanks, but no thanks. We'll do it our way."

Gladwell then writes about countries that suffer from "uncertainty avoidance," "countries most reliant on rules and plans and most likely to stick to procedure regardless of circumstances." Portugal ranks second on his list after Greece and before Guatemala and Uruguay. Next, he talks about countries with high and low power distance indexes. Portugal, for example, must be a high power distance country—so are Brazil, Morocco and Mexico. In these countries there is a huge hierarchical difference between people in authority and people who consider themselves "lower." Those lower on the social and power scales are non-assertive, non-risk takers and indirect communicators. In short, they speak indirectly and do not say what they mean. Is that why "talvez", "Não sei and Não, não" are staples in the Portuguese language? Americans and many Europeans are low power distance communicators. I have always been as direct with a sales clerk as I would be with my manager. The same goes for laws. If a person abuses, steals or kills I'd like to think that justice is fairly well served equally in the US and other low-power distance countries. One law for all prevails. But why are the Casa Pia "alleged" perpe-



Westheimer

trators still walking free, seen on the beach at Guincho and dining in Cascais? Isn't it time to complete the case, one way or the other? And one banking scoundrel still plays golf while thousands have lost their savings allegedly at his helm.

Could culture be the answer here? Gladwell thinks so, and after reading his book, so do I.

Maybe the book will help me accept that Portugal has been the way it is for much longer than I've been around or ever will be. It's sunny here, and the fish tastes good. Shouldn't that be enough? patwestheimer@gmail.com

If you live alone and want to receive a regular phone call to make sure you're OK, the Pine Tree Project has volunteers ready to call you. Similarly if you would like to volunteer to be a caller, contact us as well. Email: patwestheimer@gmail.com or milchend19@gmail.com

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As no two policies are the same, it is essential to compare and understand various limits and covers to ensure you find the right policy for you. So how do you go about finding a policy suitable for your needs?

Listed below are a number of questions that you should ask yourself:

- Do I need a policy for cover in Portugal only or for the rest of Europe?
  - o Policies can offer country specific or EU wide cover. There's no point in paying for cover you will never realistically use.
- Do I need a policy for hospital care only or do I need one that covers out-patient treatment: medical consultations, tests, scans, medicines etc?
  - o The level of cover provided will greatly affect the premium paid. Are you likely to require regular medical treatment or in case of less frequent emergencies?
- Do I need cover for dentists, pregnancy, physiotherapy or chiropractic treatment?
  - o Remember the more risks covered, the more expensive the policy.
- What are the benefit limits on the policy?
  - o Some policies now offer Unlim-

ited hospital cover.

- How much is the excess?
  - o This is the amount you will pay in the event of a claim. Voluntarily increasing your excess when arranging your policy will normally reduce the premium.
- Will I be able to use any doctor or hospital in Portugal or do I have to use a network?
  - o It can be possible to reduce premiums if you were able to make use of a pre-selected 'network' of medical treatment centres.
- Will there be a waiting period before I can claim?
  - o Some policies will specify a period of time from inception, when a claim cannot be made.
- Will the insurance company pay the hospital direct or will I have to claim back the costs?
  - o Different policies work in different ways, so choose the method that suits you best.

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## Lottery Homes' 'Dream House Raffle'

Do you dream of owning a home in Algarve? What if you could find one for less than hundred euros? Has the 'House Raffle' become the marketing draught of the future?

The House Raffle is an idea that has been put into action to achieve the market value of a property despite the current economic crisis.

Many dream of buying their own home but money to do so is becoming increasingly hard to find.

But to be a house-owner 'per se', for only 99 euros almost everybody can afford. The idea of 'House Raffles' was enthusiastically received in Great Britain, Austria and the USA, and proved a popular concept.

It is accepted in most countries, but only in Austria, where raffles have al-

ready taken place, is there a solid legal regulation.

Now taking this into account, and under the supervision of a lawyer's office, an Austrian citizen has begun to draw lots for a summer cottage in Algarve.

The house was valued at around €750,000, for which 9999 lots are being offered at €99 each, for a period of approximately three months. So effectively, you 'own' the house for an annual quarter.

A public draw, carried out under notary supervision, and the winners announced.

The profit is tax-free and no costs are incurred. Notary fees land transfer tax, professional outlays and additional costs, as well as the legally deducted lottery tax, are footed by the supplier.

## Pool Safety Fencing Protect-A-Child

The hot weather has arrived and very soon everyone will be making sure their pools are in tip-top condition for lots of refreshing dips. But unfortunately, every year tragedy occurs, so it is worth ensuring your pool is not only sparkling clean, but as safe as possible for babies, toddlers and children of all ages. Established last year, the Pool Safety Fencing Company specialises in one of the USA's leading pool safety products and are the exclusive distributors for the 'Protect-A-Child' pool fence systems in Portugal and South-Western Spain.

As grandparents and residents in the Algarve, the business's founders, John Cook and John Bergstrom-Potter, saw a need for quality pool-fencing and decided that this product was ideal for Portugal.

The fencing itself is made up of exclusively-designed, registered components which have been widely used in the USA without incident for more than two decades. The 'Textilene' PVC-coated polyester mesh is incredibly strong and has been used in this fencing system for 23 years. It does not rot, fade, tear or stretch and is available in four different colours. As the mesh is so tightly-woven it becomes almost

transparent and allows for unobstructed views through the fence system.

The 'Quad-Built' composite fibre-glass support posts were found to be superior to standard aluminium posts and offer superior strength, shock and weather resistance, and carry a lifetime guarantee against both breakage and bending.

For gates, 'Protect-A-Child' pool fence systems offer both manual and self-closing, self-latching mechanisms, and include two other exclusive safety features for added peace-of-mind; the 'Point Lock Secure Latch', which brings a whole new level to removable mesh fencing, and the 'Lock-in-Deck' mechanism that firmly locks the posts into the ground with a 'twist-lock' system. Overall, the fencing is easily installed, taking less than a day to completely enclose standard pools, and can be removed by an adult in less than 10 minutes.

Your pool and patio should be a place of enjoyment and relaxation, not a cause of worry and concern. Decide now to choose the safer, quality pool fence for your child's protection and start experiencing that enjoyment. The Pool Safety Fencing Company carries out installation throughout Portugal and in South-Western Spain, as far



## algarveeasyproperty opens new premises

Last week real estate and property management agency algarveeasyproperty celebrated moving to new premises, on the main road of the Avenida dos Descobrimentos, in Lagos.

A formal cocktail party was held to celebrate the inauguration, which represents a new chapter in the company's continued growth.

Company directors Sergio Pereira and Richard Chambers thanked clients and friends past and present for their support and help, "which has enabled us to

embark on this new and exciting venture".

algarveeasyproperty specialises in helping clients find their perfect property match in locations across the Algarve, as well as offering expert advice on buying property in Portugal, mortgages, and other real-estate-related issues.

Their website comprises numerous portfolios of a variety of properties of all shapes and sizes, including apartments, traditional townhouses, and villas.



### THIS WEEK'S PROFILES



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# The Algarve wine society tastes the wines of Fiuza and Bright

The view out over Faro harbour and the Old Town was majestic from the 5th Floor of the EVA Hotel and 60 wine lovers from The Algarve Wine Society drank in the scenery with their eyes even as their taste buds were titillated by some excellent Ribatejo wines. The occasion last Thursday, May 28, was a tasting of the wines of Fiuza & Bright, as presented by the winery's Manager, Giovanni Nigra.

Fiuza & Bright started in 1985 as a partnership between the Fiuza family, which had a long tradition in viticulture, and the internationally renowned Aus-

tralian oenologist Peter Bright. Together they pioneered the use of international grape varieties in Portugal with the creation of a range of monocasta, or single va-

rietal, wines. Today these varieties are also blended with the best Ribatejo grape varieties to create wines with a very distinctive character. The winery produces

about 1 million bottles a year.

Giovanni Nigra presented 3 whites, including a luscious Sauvignon, a soft, fruity rosé and 5 reds, including a Merlot, a Cabernet Sauvignon and the top of the line, limited production brands Premium (a blend of touriga nacional and cabernet sauvignon) and Ikon (a touriga nacional monocasta). It was a particular honour to be able to taste the Ikon, which is produced only for export. The wonderful dinner that followed included smoked salmon and Portuguese steak with a fresh fruit salad for dessert and was complemented perfectly by Fiuza's popular brand Native, both the white and red versions of which are blends. A spirited raffle, offering 14 different prizes, rounded off a memorable evening.

The Algarve Wine Society's program for the first half of 2009 will end on Sunday, June 28, with its third annual golf outing, at Quinta da Cima, followed by the traditional summer party, at the Tavira Pousada. After the usual summer break activities will resume in September with a day trip to the Herdade da Mingorra winery in the Alentejo on Wednesday, Sept. 16, and a 4 day trip to Toledo and La Mancha in Spain Tuesday, Sept 29 through Friday, Oct 2. There will be a tasting of Quinta da Rosa's Douro wines, followed by dinner, on Wednesday, Oct 21.

At the moment membership in the Algarve Wine Society is at its upper limit and there is a waiting list for entry, but if you would like further information about the organization please contact the Secretary, Larry Hampton, by email: hampton@mail.telepac.pt.



Geoff and Pam Rimmer enjoying their meal and wine



Giovanni Nigra presenting his wines as Teresa Meneses and Betty Boydell listen

## Discovering Ria Formosa - Algarve Ecological Sanctuary

Departures every Tuesdays, Thursdays and Saturdays at 9am for a walking tour along Faro Historical Centre; then onto Olhão a city with a millenarian connection with Ria Formosa. We will visit the traditional harbour and Municipal Market. There will be time for lunch (price not included).

At 2pm we embark in an eco-solar boat for a guided tour through Ria Formosa Park, one of the most interesting and untouched places in the Algarve with its deserted islands, and salt lagoons.

We will discover a wide range of canals with its oyster nurseries as well as a wide range of birds. Returning around 4.30pm. A very special and unique day out.

Price per adult: €60 and children under 10 years: €45 including transport and insurance.

We recommend a waterproof jacket, comfortable shoes, bottle of water, hat and sun cream. Don't forget your camera.

For more info. Tel: 289 583 300, email: joao.zebrasafaris@arnail.pt or go www.zebraincentives-algarve.com

## Bowls Summer league

The third series of matches took place last Thursday at the new Pedras Club in Cabanas and went off very well. The home team consolidated their good start to the season with a convincing 44-29 victory over Valverde, taking 8 points to 2. Amendoeira are another new arrival and they have started with two good wins and a game in hand. They beat PDF Pirates by 58-22 and took all 10 points available. Alvor Doves and Larks clashed, with the Larks coming out on top by 35-27 and 6 points to 4, whilst the final game was between the Albufeira Cats and the new Alvor Eagles. The Eagles gained their first victory by 40-33 and earned 8 points against 2, the Cats losing their third straight match.

Overall the league table is very tight with Pedras leading on 18 points, equal with Doves but with a better shot difference. Close behind these two are Amendoeira, Valverde and Larks all three locked together with 16 points. Eagles have 10 points (but a game in hand) as do the Pirates, whilst Cats have 6 points.

The clubs all now look forward to this week's fixtures over at Albufeira.

Alan Clarke,  
League Director

## East Algarve Walks

Every Tuesday & Friday mornings.

For more information  
Call 913 595 868.

brian@moonlightservices.eu  
www.moonlightservices.eu



## Lets walk... the Alvor Estuary

Wednesday June 10th

A very easy flat walk of just over 2 hours along levadas and track to the Alvor estuary home to many birds and if the tide is low the locals will be collecting the clams.

9.30am start meet at the O Aquario cafe / tabacaria in Mexilhoeiro Grande. Leave

the A22 at the MG/Odiarex exit and at the second roundabout take the left exit towards Portimao. Follow the road for about 1km when you will see a sign to the left to Mexilhoeiro turn here and the cafe is a 100m up on the right.

No need to book please just come along with a sense of humour & wearing comfortable shoes, there is a small charge of €5 for the walk.

Julie Statham 965 753 033 or www.portugalwalks.com

## Saturday Bike Rides

This Saturdays ride starts at Páderne.

There is a large car park at the bottom of the hill by the football stadium and also the health centre. Meet here at 1.15pm as the ride starts at 1.30pm.

Paul will be at Bikeland at 12.00 to 12.30pm and can take some people and/or bikes from there if required. If you need bike hire or transport, then please contact in advance so that this can be arranged.

This weeks circuit is a mixture of smooth and relatively flat tarmac roads and also some hills on dirt tracks. Some of the climbs will be quite challenging, but there are no dangerous descents on dirt track. We will pass through some tremendous scenic areas and also include a cafe stop at a favourite cafe in Alte. This weeks ride will be around 40km.

€5 per person (no joining fee). For more information, contact Paul Beesley on: 289 360 001 or 913 226 954, e-mail: paul.beesley@sapo.pt, www.activyalgarve.com.

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"Top Holiday Golf Course" - Top 10 Algarve, Dorling Kindersley.

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\*\*\* Subject to availability. No service at weekends.

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# The raw truth about sushi

Not all Japanese food involves raw fish and sushi doesn't have to be expensive - if you make it yourself. We attend a sushi-making class in Tokyo and give some great recipes for other tasty Japanese treats using the essential ingredient soya sauce.

By Kate Whiting

## Saucy tips and recipes

Soy sauce is known best in the UK as the sushi-dipping sauce, but there are loads of other ways you can enjoy it. And it works equally well with Japanese dishes or Western ones. Try the following tips and recipes from Kikkoman for a saucier life.

1. Make a tasty, low-fat salad dressing by shaking together soy sauce, fresh orange juice, sesame oil and a crushed garlic clove.
2. Mix grated cheese with a dash of soy sauce, spread on toast and grill until bubbling.
3. Sprinkle over scrambled eggs with chopped spring onion for an oriental twist.
4. Add to vegetable soup to make it tastier.
5. Mix with ketchup, honey, oil and grated ginger for an easy sweet-and-sour marinade for chicken or pork.

## Chicken with sukiyaki noodles (Serves 4)

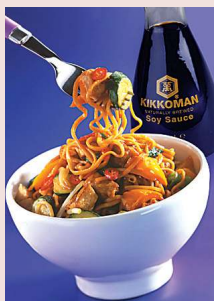
To save time on preparation, use ready-sliced fresh chicken strips or use other meats such as pork or beef.

- 4 tbsp Kikkoman soy sauce
- 1-2 tbsp rice wine
- 3 tbsp groundnut oil
- 1 large courgette, sliced
- 1 orange pepper, deseeded and cut into chunks
- 8 spring onions, trimmed and sliced
- 150g/5oz beansprouts
- 350g/12oz chicken breasts, cut into small chunks or thin strips
- 2 tsp ground coriander
- 1 tsp ground cumin
- 1/2 tsp hot chilli powder
- 250g/9oz thin or medium egg noodles, cooked & drained
- Sliced chillies, to garnish

1. Heat two tablespoons of the oil in a wok, add the courgette, pepper and spring onions. Stir-fry over a brisk heat for five minutes. Add the beansprouts, stir-fry for a further two minutes. Remove from the wok and set aside.

2. Add the remaining oil to the wok, heat and stir-fry the chicken for five minutes. Add the coriander, cumin and chilli powder and stir-fry for a further one minute.

3. Return the vegetables to the wok and toss with the chicken. Add the noodles, soy sauce and rice wine. Toss everything together over the heat



and when piping hot, serve in bowls sprinkled with chilli slices.

## Steak with mustard, soy and port sauce (Serves 4)

Mustard and soy sauce add warmth and a satisfying savouriness to the sauce, while port adds a touch of sweetness.

- 2 tbsp sunflower oil
- 200g/7oz mushrooms, sliced or chopped
- 4 tbsp ruby port
- 200ml/7fl oz beef stock
- 2 tbsp Kikkoman soya sauce
- 1 tsp English mustard

1. Heat the oil in a large, heavy frying pan. Add the steaks and cook over a high heat for 2-4 minutes on each side, depending on their thickness and how you like your meat cooked. Remove and keep warm.

2. Add the mushrooms to the pan, lower the heat to medium and fry for about five minutes until tender, stirring occasionally.

3. Pour in the port, then add the stock, soy sauce and mustard and bring to the boil, whisking to blend. Bubble for two minutes until slightly reduced.

4. Return the steaks to the pan, simmer for one minute then serve with chunky chips, sautéed or new potatoes, plus grilled tomatoes and salad or a green vegetable.



## Soy-glazed salmon with butter bean mash (Serves 4)

Wild rocket adds a pleasant tang to the mash.

- 4 x 150g/5oz salmon fillets, skinned
- Finely grated zest and juice of 1 lime
- 3 tbsp Kikkoman soy sauce
- 1 tbsp runny honey
- 2 tsp wholegrain mustard
- 3 x 400g/14oz tins of butter beans, drained and rinsed
- 25g/1oz butter
- 5 tbsp creme fraiche
- 1 garlic clove, peeled and crushed
- 50g/2oz wild rocket
- Lemon or lime wedges, to garnish

1. Lay the fish, skinned side down, in a non-stick frying pan. Mix the lime zest and juice, soy sauce, honey and mustard together and pour over the salmon.

2. Slide the pan under a hot grill and cook for about five minutes or until the fish is done, basting once or twice with the pan juices.

3. Meanwhile, heat the butter beans in a pan with the butter, creme fraiche and garlic. Roughly mash with a potato masher and continue to heat until bubbling. Add the rocket and cook until it wilts.

4. Serve the salmon on a bed of the butter bean mash, pouring over the cooking juices from the pan. Garnish with lime wedges.



## Chilli beef and mushroom stir-fry (Serves 4)

Accompany this spicy beef stir-fry with noodles or egg-fried rice and extra soy sauce to drizzle over. Cut the steak into thin strips across the grain of the meat so the fibres running down it are short and the beef stays deliciously tender when cooked.

- 350g (12oz) rump or sirloin steak
- 3 tbsp Kikkoman soy sauce
- Juice of 1 lime
- 1 tbsp sesame oil or 1 tsp toasted sesame oil
- 1 red chilli, deseeded and very finely chopped
- 2 tbsp sunflower oil
- 200g (7oz) mushrooms, sliced or left whole if small
- 125g (4 1/2oz) tenderstem broccoli
- 2 heads of baby pak choi, shredded
- 75g (3oz) bean sprouts

1. Trim any fat from the steak and cut the meat into thin strips. In a shallow dish, mix together the soy sauce, lime juice, sesame oil and chilli, add the steak and turn the strips over until they are well-coated.

2. Cover the dish with cling film and leave in the fridge to marinate for several hours or overnight.

3. Heat one tablespoon of sunflower oil in a wok or large frying pan. Lift half the steak from the marinade and stir-fry over a high heat for two minutes until browned. Remove from the pan and set aside.

4. Add the rest of the steak to the pan, reserving the marinade, and stir-fry for two minutes. Remove and set aside.

5. Add the remaining oil to the pan and stir-fry the mushrooms



for two minutes. Add the tenderstem broccoli, stir-fry for one minute, then add the pak choi and bean sprouts and stir-fry for a further one minute. Return the steak to the pan, pour over the reserved marinade and toss everything together over the heat for 2 minutes until piping hot. Serve at once.

## Restaurant Write-ups

**The Battering Plaine** in Almancil (just next door to the Post Office) is the place to go for English Fish & Chips as we know and love them! As well as offering traditional cod and chips they also have Haddock, Scampi, Doner Kebabs, Pies, Sausages and much more. You can eat in the restaurant or order a takeaway, and there is a delivery service to Almancil, Quinta do Lago and Vale do Lobo areas as well.

**Monte do Casal**, country house hotel, spa and restaurant is a member of Small

Luxury Hotels of the World. Situated in the beautiful historic location of Estoi, it is easy to find by following the yellow signs from Estoi square. Here you can enjoy à-la-carte, fine dining of an evening, inside the restaurant or lunch overlooking the lakes and waterfalls. On offer is an à-la-carte five course degustation tasting menu with the option of five tasting wines, a vegetarian menu, plus both spa and lunch menus. Reservations are strongly recommended.

**For our restaurant guide please see the hotline on pages 32 & 33**

**www.the-news.net**



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### McCanns - again!

SIR, The case of the McCann's lost child seems to arouse very strong feelings in many people. What cannot be denied is that they lost a daughter in traumatic circumstances.

What also cannot be denied is that much of the information which has been dissipated in connection with this case has come from the well oiled and well financed publicity machine set up in the very early days by the McCann's. Many of us have been influenced at least in some way or other by this publicity. Information with which the McCann's disagree has usually ended up with the perpetrators in court.

I urge anyone who has an interest in this matter to look at the Madeleine foundation website, [www.madeleinefoundation.org](http://www.madeleinefoundation.org) where facts are presented which do not always agree with the widely held believed 'facts' of the case. Further reading is also available in the booklet, 'What really Happened to Madeleine McCann?' by Tony Bennett M.A. ISBN: 978-0-9507954-7-8 available at £5.00 post free in Portugal from the Madeleine Foundation.

Needless to say I have no interest in this organisation except as a person seeking information.

NORMAN THOMPSON, Guia

### Suing the McCanns

SIR, Might I suggest that any people seeking to sue the McCanns for the loss of their

jobs (The Portugal News, 23 May) should have a look at the law books. In the first place they would have to prove some relationship between a malicious act of the McCanns and themselves. In order for them to prove that they would first have to prove that Madeleine was not abducted. If the police can't prove it, with access supposedly to all the evidence, how the heck does anybody else propose to do so? Or do they have a file of evidence not available to the cops?

Secondly, they would have to prove that they lost their jobs as a direct result of whatever fabrication they claim has taken place. Since we are entering the worst depression for 70 years, and there has been a massive drop in the exchange rate between the UK and Portugal, and the UK is the biggest tourist market for the area, they are on a hiding to nothing on that one.

It is no good suing someone for "the lies they told". You can't sue someone for lying. In the first place you have to prove the lies. Secondly you have to prove they were malicious. Thirdly you have to prove a connection between them and the event complained of. Put it this way: How about suing that jerk, Amaral? He, and other police officers have been convicted of faking evidence.

They appear to have bungled the case. Who wants to come with their kids to a country where the police can't protect them, and invent evidence, and ignore evidence? Is it Amaral who has lost these guys their jobs? Who knows?

With the crook Amaral in mind I am wondering about the law in this strange land.

I can be fined €25,000 for failing to fill in a form, but a policeman who falsifies evidence, striking at the crux of the legal system, is found guilty and let off with a warning (The Portugal News, 30 May). That situation should rock all good citizens to the core.

JOHN CLARE, Arao

### The Truth of the Lie

SIR, I must confess to having been intrigued by Jean Daniel's farrago of partisan pronouncements (Letters 30th May) which she says were triggered by your earlier McCann article. Her statement, "This book is the biggest joke I have ever seen..." strongly implies that her comments are the result of reading Sr. Amaral's 'A Verdade da Mentira', a laudable work on her part, as this book has yet to be published in English.

Those of us who do not possess Mrs. Daniel's command of the Portuguese language are not in a position to dispute her findings, but, at the risk of incurring her wrath, I have read the book on this subject by the Madeleine Foundation (see their website at: [www.madeleinefoundation.org](http://www.madeleinefoundation.org)), which a previous correspondent on your Letters page recommended.

It transpires that Sr. Amaral and two of his staff were taken off the case as the result of pressure from the British government, not by their superiors. Why? How often does the government intervene in instances when children go missing?

Furthermore, as Mrs. Daniel will have read, in Chapter 4 of 'A Verdade da Mentira', page 81 the writer records that official requests by the Portuguese police to the British government for Madeleine's medical records

were frustrated then refused. Why, then, does she state that "They [Portuguese police] did not follow through with leads they had"?

In order to disprove Sr. Amaral's contention that Madeleine is dead, the McCanns must prove that she is not.

Vamos ver!

MICHAEL BAUGH, By e-mail

### Car tax is not okay

SIR, And so say all of us Mr. Mellie from Vilamoura!

Clearly you have been a victim of the punitive system which 'allows' expats to import their cars into Portugal. Given that the law states your car must be 'matriculated' if in the country for more than six months, I fail to understand why the process is so convoluted, lengthy and expensive. Like many others, it took us over a year and a lot of hassle to register our car here in Portugal. Why?

I'm told, and I hope it's not true, that the fine imposed by the EU for this practice is a mere drop in the ocean compared to the revenue it generates for the Government. Forgive me for saying this, but it makes us expats feel as if we're being targeted as a 'soft touch' and treated as 'green-horns'.

I'm puzzled. We pay our taxes and we do our bit for the Portuguese economy. This is, after all, our home. So why are we made to feel as if we're being taken for a ride?

JUNE LOVER, Almancil

### Whatever makes you better ...

SIR, Newspapers and magazines these days seem to be full of medical information and advice offered by self-styled experts. I think the following anonymous

little tale sums up very nicely how medical science has progressed over the millennia.

2000 BC. "I have a stomach ache."

"Here eat this root."

1000 AD. "That root is heaven, say this prayer."

1800 AD. "That prayer is superstition, drink this potion."

1950 AD. "That potion is snake oil, swallow this pill."

1980 AD. "That pill is ineffective, take this antibiotic."

2000 AD. "That antibiotic is artificial. Here eat this root."

I wonder what pill popping health freaks think about as they lie in bed dying of nothing?

RON LAVERY, By e-mail

### Climate, from pg. 1

Tourists visiting the Algarve can now look forward to seeing fish they previously would have only found in sub-tropical seas or warmer corners of the Mediterranean Sea.

On the other hand, explained Jorge Gonçalves in comments to the Lusa News Agency, marine flora, typical of cooler waters, is being pushed further north, seeking to escape the rising sea water temperature in the Algarve.

Jorge Gonçalves, a researcher at the Centre of Ocean Sciences at the University of the Algarve, further believes that overall, the major beneficiary of the climate change in the Algarve, will be the fishing industry, which can look forward to a greater array and variety of fish species appearing in their nets.

In separate findings, and perhaps more disconcerting, another researcher at the University has predicted that the Algarve will be affected by periods of drought that will last much longer and be far more severe.

In addition, explains Tomasz Boski, the region will be hit by more frequent forest fires, while days of recorded rainfall will be greatly reduced, though storms will be more violent and spread into the summer months as is the case in tropical regions.

Another feature of the region's changing climate will be the regular appearance of 'dry fog'. According to the coordinator at the Centre for Marine and Environmental Research, this phenomenon occurs mostly in May (as it did last Sunday on May 31<sup>st</sup>) and is related to sand granules being blown into the Algarve from the Sahara Desert.

Another recent study meanwhile revealed that in a hundred years from now, most of the Portuguese coastline could be waterlogged and temperatures in the Algarve will soar, becoming a playground for swarms of bugs and parasites and forcing tourists to head north.

The study, exploring the effects of climate change on Iberian destinations to the end of the 21st century, was conducted by the Estoril Higher School of Tourism and Hospitality (ESHTe), its predictions being described as "worrying", by Eunice Gonçalves, head of the ESHTe's directive board and co-author of the study.

"The study was devised to warn people that if nothing is done to prevent the predicted future there are strong probabilities this catastrophic scenario will become a reality", she said.

Rises in average tempera-

tures of up to six degrees are forecast by the study for the Algarve, figures that have been predicted by other recent studies and surveys.

As a consequence, it is anticipated that tourist flows will start to head north, in search of cooler temperatures, and that winter will become the high season for the Algarve and southern Spain.

Those responsible for the research said climate change won't be the 'death' of the Algarve, "but as a destination it will start to thin out and cause other regions to fatten up", like Northern Portugal, Madeira and the Azores.

One of the most worrying effects is the average rise of sea levels, because of which experts predict a large part of Portuguese coastline will become waterlogged and submerged.

On a global scale, this century the sea has risen by 10 to 20 centimetres due to the melting of polar icecaps.

In a related story, a leading Portuguese expert has forecast that summer could last between five and six months by the middle of this century.

The official 'bathing' season, which commenced on June 1st and ends on September 30th, may have to be revised as thermometers start hitting the 30-degree mark earlier in the year, with temperatures in their mid-20s lasting well into October.

According to one of Portugal's leading specialists in climate change, "With the rise in average temperatures, what we know as summer will be extended. Within the next 50 years, we will have five or six months of summer as opposed to two or three", explained Filipe Duarte Santos.

Since records began in Portugal, January 2008 was confirmed as the second hottest ever.

Thermometers were also 1.3° above the usual January average, additional data showed.

Portugal was, in 2006, singled out in the Stern Review as being one of the European countries that will suffer most from global warming.

"The Mediterranean will see an increase in water shortages, heat waves and forest fires. Portugal, along with Spain and Italy, will be the hardest hit, which could result in a swing northwards in summer tourism", explained the report.

The four years leading up to 2007 were the hottest on record in Portugal while the drought in 2005 and 2006 was only broken by heavy rains and floods three winters ago.

## Portuguese for Beginners

Emília Rosendo

145

THIS LESSON:  
The verb structure "estar a" in the Past.

① Complete the sentences which follow. Use the structure "estar + a" in "Pretérito Perfeito do Indicativo" or "Pretérito Imperfeito do Indicativo" and the verbs in brackets.

- \_\_\_\_\_ (nevar) quando tu acordaste?  
- Sim, \_\_\_\_\_ (nevar) bastante.
- Hoje de manhã, nós vimos o seu filho mais novo no parque com uns amigos. Eles \_\_\_\_\_ (jogar) ao berlimde.
- Que cheiro tão agradável vem da tua cozinha. Aposto que alguém \_\_\_\_\_ (fazer) pipocas.
- A Margarida ficou tão irritada porque alguém lhe telefonou quando ela \_\_\_\_\_ (tomar) um agradável banho de imersão.
- O António e o Paulo têm um ar tão cansado porque, certamente, \_\_\_\_\_ (trabalhar) até muito tarde e não dormiram o número de horas suficiente.
- Nós \_\_\_\_\_ (dormir) profundamente quando, de repente, ouvimos um som muito forte

e estranho. Parecia um tiro de canhão!

- O candidato ficou rouco porque \_\_\_\_\_ (discursar) durante muito tempo no comício de ontem à noite.
- O que é que vocês \_\_\_\_\_ (fazer)?  
Têm as vossas camisolas todas sujas!  
- (Nós) \_\_\_\_\_ (pintar) um desenho.
- Ontem à tarde, quando eu entrei no prédio, a minha vizinha do primeiro andar \_\_\_\_\_ (regar) as plantas na varanda. O marido dela \_\_\_\_\_ (ler) o jornal e os filhos \_\_\_\_\_ (ouvir) música.
- Os rapazes \_\_\_\_\_ (brincar) animadamente na rua com os amigos quando a mãe os chamou para o lanche.
- Anteontem, durante toda a manhã, eu e o meu irmão \_\_\_\_\_ (estudar) para o exame de Português. Eu \_\_\_\_\_ (resolver) exercícios gramaticais e ele \_\_\_\_\_ (escrever) textos, sobretudo cartas.

Please send your completed exercises with a STAMPED, SELF-ADDRESSED ENVELOPE, to me:

Emília Rosendo at The Portugal News and I will return them corrected.

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# PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 6 Jun 2009

## PROPERTY OF THE WEEK

### Prime properties in Lagos, Western Algarve



This week Property of the Week is showcasing two different types of properties in two of Lagos's most sought-after locations, a private villa near the Boavista Golf Resort, in Atalaia, and a selection of premium apartments in the elite Lagos Marina Park, Meia Praia.

Property 1 (reference M-116) is a charming and well-maintained villa set on a huge plot. It has a sprawling yet very private swimming area and a fabulous, mature garden.

It is located in Atalaia, between the centre of Lagos and

Boavista Golf Resort, one of the most popular and highly sought after places to live in Lagos.

Just a couple of minutes from the Boavista Golf Resort and some of Lagos's most beautiful beaches, it is ideal for family holidays or rental income.

Surrounded only by other villas, most of which are situated on huge plots, the property offers a fantastic 1,000 square metres of mature well-cared for gardens, a big swimming pool and an attractive, well-maintained 2+1 bedroom house. It has a number of delightful terraces that boast optimal sun exposure.

The property is completely enclosed, its security being one of the villas most appreciated qualities.

It is served by all utilities as well as having its own borehole, which provides the garden and swimming pool with water, free of charge!

It is currently priced at €375,000.

Property 2 is the Lagos Marina Park in Meia Praia (Reference A-107), a selection of fine apartments, in a private condo-



Property 2



Property 1

minium, with fantastic garden areas, tennis courts, children's playground and a huge swimming pool.

On-site there is also a cosy restaurant and bar.

Marina Park is located on a hill, overlooking the marina, the town and just a few minutes drive from the acclaimed Palmares and Boavista Golf resorts.

Meia Praia beach is within walking distance of the Park and the fantastic restaurants found there serve the best and the freshest fish in the region.

All the apartments in Marina Park include at least one parking place in an underground garage and a reasonably sized individual storage room.

The apartments range from a one to three-bedrooms, all with quality finishings and private, large terraces.

Marina Park offers 24 hours/day private security and because of its location and on-site communal leisure facilities the units are very profitable for rental purposes.



Lagos Marina Park – Meia Praia

Prices start from €105,000 for a one-bedroom apartment, €211,100 for a two-bedroom apartment, and €281,000 for a three-bedroom apartment. For

more information on either of these properties, contact João Nunes at Remax Diamond on: (+351) 917 771 849, or email: joao.s.nunes@gmail.com.



Property 1



Property 2

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### **Pestana Golf & Resort**

Luxurious townhouse in peaceful location, 2 bedrooms, 2 bathrooms (1 en suite), lounge/dining room, equipped kitchen. Communal sw. pool. 24-hour security. Central heating. Sat-TV. Close to beaches & Carvoeiro centre. Golfing rights. Furnished.

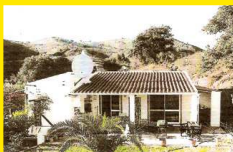
Ref. V-327 **Price: € 225,000**



### **Centianes / Carvoeiro**

Spacious 4 bedroom villa w/ seaview, close to Centianes beach. Comfortable lounge, dining area, fully equipped kitchen, double bedrooms w/shower/bath en suite, garage, mature garden, sw. pool w/ sun terrace. Ready to move in!

Ref. V-350 **Price: € 599,000**



### **Near Silves**

Charming detached farmhouse on 1200sqm plot. 2 double bedrooms, 1 shower room, spacious lounge/diner, equipped kitchen, small pantry, large covered patio. Nice garden, A/C, wood burner. Garage/workshop, utility room, space for pool, own borehole.

Ref. V-351 **Price: € 240,000**



### **Salicos**

Spacious 3 bedroom villa on cul-de-sac road in excellent location w/ view of Monchique mountains, close to Marinha beach. 300sqm plot. Open plan kitchen, lounge, dining room w/ wood burner, large terraces, easy to maintain garden. Space for sw. pool.

Ref. V-349 **Price: P.O.A.**



The ultimate in comfortable living at the best area of the Algarve. Panoramic Seaview. 5 bedroom villa of 330sqm, mature garden w/ sparkling pool, modern amenities. Top quality construction. Quick sale to the discerned buyer at a realistic price.

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<p><b>Algarve Property .com</b></p> <p>Professional Estate Agents</p> <p>Mobile +351 912 265 109</p> <p>www.Robert@AlgarveProperty.com</p> <p>www.AlgarveProperty.com</p>	<p><b>Robert Kootstra</b></p> <p>your professional real estate consultant</p> <p>Gov. Lic. AMI 2196</p>	<p><b>VILAMOURA "PINHAL GOLF"</b> Ref. MB82333</p> <p>Excellent location in quiet natural setting townhouse close to the Marina &amp; beach. Plot: 250sqm w/150sqm constr. area. Fully furnished &amp; equipped. A/c. Private garden w/salt water sw. pool &amp; BBQ area. Directly facing 4th &amp; 5th Hole of Pinhal Golf Course. Games room in basement. Large terrace w/fabulous Golf views. Sleeping up to 8 people. Excellent letting potential.</p> <p>Price: € 379,000.00 Investment opportunity!!</p>	<p><b>VILAMOURA</b> Ref. V71971</p> <p>Five bedroom villa located on a very quiet area near the Old Course and Browns-Fitness Centre. 1.550 sq.m. plot with 300 sq.m. of constructed area. Furnished and equipped. Five suites. Separate games room. Air conditioning. Alarm system. Double garage. Large landscaped garden with fabulous pool and BBQ. Investment opportunity. Excellent letting potential.</p> <p>Price: € 895,000.00 Open to offers</p>	<p><b>CARVOEIRO</b> Ref. V92416</p> <p>Prime location inside a golf resort. Four bedroom villa on a very quiet &amp; exclusive area inside Vale da Pinta Golf Course. 1.504sqm plot w/ 300sqm constr. area. Furnished &amp; equipped. Top quality finishes. A/c. Electric shutters. Alarm system. Central heating system. Large landscaped garden w/heated pool &amp; jacuzzi. Fabulous views over the Golf Course. (7th Tee).</p> <p>Price: € 895,000.00</p>	<p><b>VILAMOURA "VICTORIA BOULEVARD"</b> Ref. MB92448</p> <p>New 3 bedroom townhouse, in complex w/2 sw. pools in new Victoria area surrounded by Millennium &amp; Victoria Golf courses, just beside Club House of Victoria Course. 227sqm constr. area. Top quality finishings. Fully fitted kitchen, pantry, lounge w/wood burning stove. A/c. Direct access to garden &amp; pool area. Balcony w/ BBQ area. Sun terrace. 2 private underground parking spaces. Golf views.</p> <p>Price: € 535,000.00</p>
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# Your garden can help save the butterfly



Attracting wildlife to your garden is still on the agenda of top designers, as horticultural shows are demonstrating this year - with butterflies very much in the picture.



Some native butterflies of Portugal.

Around the world many species of butterfly are in serious decline and so exhibitors at this year's Chelsea Flower Show in the UK have been promoting plants and habitats to help them.

Show gardens displayed 'butterfly mounds' and plantings of

nectar-rich, traditional annual bedding plants such as cherry-pie plant heliotropium to attract hoverflies and butterflies.

A good garden might be visited by 22 species of butterfly and hundreds of different moths each year, depending on where you live.

Now PlantforLife, an initiative run by the Horticultural Trades Association to help people make the most of their gardens, has teamed up with environmental charity Butterfly Conservation to launch a public awareness campaign to encourage people to attract butterflies into their gardens and onto their balconies and terraces.

Butterfly Conservation President, the world famous, Sir David Attenborough said of Britain earlier this year: "Almost unbelievably, much of the countryside is a no-go area for many favourite butterflies. Habitat has been ploughed up or become overgrown. Anybody who's been for a country walk recently will tell you butterflies are a rarity. Scientists fear that in some areas we're entering a post-butterfly era."

The campaigners have now produced a guide, *Making Your Garden Flutter*, which offers tips to help preserve these creatures. Butterflies love heavily-scented flowers, so plant *Sedum spectabile* and *Verbena bonariensis* to attract them into your garden.

Nectar-rich plants such as cowslip (*Primula veris*), bugle (*Ajuga reptans*), lavender and honesty flowers will also encourage them in. Many good nectar plants are hardy, perennial and easy to grow.

Grow flowers in sunny, sheltered areas, as butterflies will seek out the warmest parts of your garden. Create shelter for butterflies by planting shrubs and small trees such as common honeysuckle around the edges of your plot, but make sure your flower beds remain in full sunlight.

Keep a good variety of flow-

ers which are available from early spring to autumn in your garden. Plants such as *Buddleia davidii* 'Harlequin' will give butterflies the fuel they need to keep them airborne. A patch of mud is also useful, both to butterflies for drinking and to birds building nests.

Early flowers are great for butterflies just emerging from hibernation, such as aubrieta, clover, pansy, and wallflower. Some phlox flower in spring, while others in summer through to the autumn. Nasturtiums are easy to grow and very hardy. Their brightly coloured flowers bloom from early spring until late autumn.

In late summer and autumn some species need to build up their reserves in preparation for winter, so benefit from late-summer bloomers including buddleia, sedum, ivy, oxeye daisy, mint, scabious and thyme.

Creating a wild area within your garden can encourage butterfly species to breed. Simply allow grasses and wild flowers which are already there to grow, or supplement them with extra plants. In the first year of growing the wild area, cut it several times to allow the wild flowers a chance against other competitive grasses.

**:: Making Your Garden Flutter can be picked up from participating garden centres and nurseries in the UK or downloaded free from [www.plantforlife.info/butterflies](http://www.plantforlife.info/butterflies).**

Hannah Stephenson

## Three ways to...

### Reduce lawn work

1. Reduce lawn edges which cannot be cut with the mower, so will need shears or a strimmer.
2. Replace shady lawns with paving or gravel, if you don't want to be a slave to the lawn.
3. Reduce the number of trees, containers and other obstacles in the grass to make mowing and maintenance easier and quicker.

## Three ways to...

### Use evergreens to deceive the eye

1. Make your garden look longer by using the shape, texture and colour of evergreens to alter perspective. Plant progressively smaller plants as you go down the garden. Similarly, plants with larger leaves will seem closer and those with smaller leaves more distant.
2. Emphasise the length of your garden by using pale blues and mauves at the end, to recede into the distance, and bright oranges and reds closer to the house.
3. Hide eyesores by planting evergreens to provide screening all year round.

## Chelsea round-up

Sensible, staid and unsurprising - this year's Chelsea Flower Show had an emphasis on recycling, growing your own, encouraging wildlife and choosing plants which perform well for their money.

Colours were muted - greens and blacks dominated, with splashes of white, mauve and deep purple - and certain plants such as dahlias were noticeable by their absence in the show gardens, while alliums also seemed to have gone slightly out of fashion.

Natural stone, recycled brick, granite and wood dominated the hard landscaping, with several matt-black painted backdrops setting off

green foliage and textures effectively.

Visitors may be able to take more inspiration from this year's planting schemes, as designers have tended to use plants which are actually flowering at the right time - there was an abundance of azaleas, rhododendrons and irises - while there were fewer examples of plants which had been forced or held back specifically so they'd be at their best for the show.

Of course, the recession has been on people's minds - three credit-crunch gardens by designer Sarah Eberle generated great interest - while ways to transform small urban spaces also played a big part.

What did people take away with them from this year's show?

Well, plenty of ideas on realistic planting schemes with easy-to-grow specimens which will do well in this country, ideas on how to attract wildlife, including bees and butterflies, to your garden, and also how to grow fruit and veg in a variety of situations, including the flower border.

TV's 'Top Gear' presenter James May's *Paradise In Plastic*, an urban garden made up entirely of gaudy plasticine plants and accompanying fripperies, will undoubtedly gain much coverage because it is so different.

But if I were James, I'd stick to cars.

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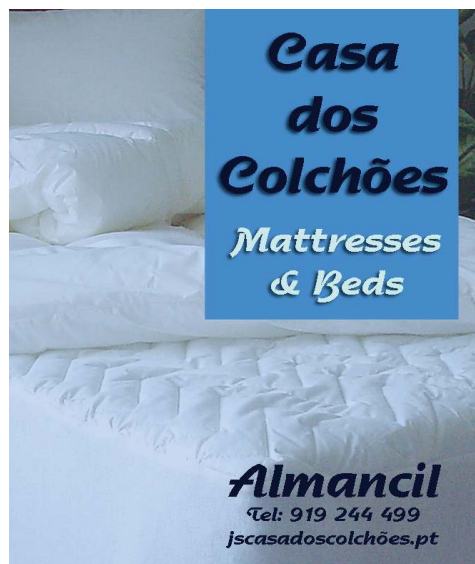
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# A not so perfect pedicure!



Perfectly pampered feet might not be all you get from your next pedicure!

When you have a pedicure you expect to leave the salon with exfoliated, massaged, super soft feet and filed, tidied and professionally painted nails. Well in this particular case the client did leave with all of the above but she also got something else too... MRSA! Not what you'd expect from a pedicure, an extra that she'd unexpectedly been treated to through no other reason than choosing the wrong salon. This poor woman was admitted to hospital 4 days after her pedicure, was put on an IV drip for 2 days and 4 weeks later is still recovering. Her big toenail won't grow back, the bargain pedicure has quite literally scarred her for life. Being in America, I see a rather large Law Suit, and quite rightly so!

Although this is an extreme case, it is by no means rare. Cases like this are most certainly on the up, and it's not just pedicures either. Cases of severe infections caused through poorly applied nail extensions are also on the increase.

In these situations infections are usually caused through improper sterilisation of equipment. If this equipment is then used to cut the cuticles, and the therapist cuts the skin and causes bleeding (this should not be part of a pedicure either but you do get careless therapists) then a serious infection can be the result.

One reason that cases like this are on the rise is down to inadequate training for therapists. Training for pedicures can now be completed in a one day course – not nearly long enough to cover all aspects of practical and theory. It's also quite common, especially here in Portugal, for people to carry out manicures and pedicures with no training at all. I'm not saying you need a Masters Degree to carry out pedicures but you do need thorough training and a qualification, no treatment is that basic that training is not required.

It is essentially important that you take pedicure treatment seriously, don't just agree to a quick pedicure while you're sat in the chair at the hairdressers. A pedicure is a serious treatment and should be treated as such. Choose your therapist the same way you'd choose your hairdresser. You can ask to see certificates, a professional therapist won't be offended and it will at least set your mind at ease. Look at the surroundings. Can you see equipment in barbitide (a blue liquid that should be used to sterilise pedicure equipment). Is your therapist well presented? Asking these questions will help you to

decide if it is the right place to have a pedicure.

So you're now happy with the cleanliness and hygiene in the salon, you're enjoying your pedicure but alarm bells start to ring when the therapist digs down the side of your nail with a cuticle stick... DING DING DING! Beauty Therapists are not Chiropodists, digging down the sides of your nails can lift your nail plate and can lead to fungal infections and most therapists will not have the equipment to do this safely. A beauty therapist should also cut your nails straight across to avoid ingrown toenails, it is not safe for a therapist to cut out ingrown nails as this can lead to further problems – this type of thing should always be done by a fully qualified Chiropodist. Don't think it's normal for a therapist to rub aggressively at the hard skin on your feet (I've heard of people doing this until they bleed) this is not normal pedicure procedure. A bit of hard skin on the bottom of your feet helps to protect them, you don't have to remove it all.

It's now pedicure season so be on your guard, choose a good salon with a fully qualified therapist and remember you do, unfortunately, get what you pay for. If the woman in America had gone to a reputable salon and paid a little bit more she would still have her toenail!

For more personalised advice don't hesitate to contact me, it's what I'm here for.

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# What a fabulous weekend at the Fair



If the current economic crisis was starting to take its toll on the good spirits of the population then the ambience at the International Algarve Fair this past weekend was clear evidence that the local community has had enough of feeling blue and decided it was time to cast off any concerns, even if only for a day or two, and replace them with a healthy dose of fun and cheer.



Oceanico provided golf buggies to lead the parade and carry the sound system. Other photos on this page show various aspects of the parade which was staged three times a day and got everybody's cameras snapping.



In the six years that the International Algarve Fair has been held never have so many people flooded through the gates at the Fatacil fairgrounds. Queues were forming long before the 11h00 opening time, the influx maintaining a steady pace over both days. Sunday afternoon surpassing all expectations with people literally meandering about in droves.

A figure of close on 11,000 people visited the Fair last weekend.

Businesses, willing to accept before the Fair that trade could be slower this year, were all positively surprised by both days' turn-out.

Over the past years the Fair's organisation has paid very close attention to feedback from previous International Algarve Fairs' visitors and stall holders and this year their endeavours to get the formula 'just so' clearly paid off. As well as fantastic weather a record-breaking attendance and a remarkably harmonious, happy buzz did not go unnoticed by visitors or exhibitors. Not even strong winds on Friday hampered the spirits of those struggling to set up stalls and tents. A genuine feel of anticipation and excitement was shared by everyone involved.

It was, in a word, fantastic. All the stops were pulled out to make sure this year's Fair was the best to date with a series of new introductions, like the Algarve Dog Show (never before were there so many well-behaved dogs inside the Fatacil grounds!) the Wine show, the Green Challenge for schools, children's fashion shows, Line Dancing and western music courtesy of popular artist J.J. Johns. Plus a huge

Fair, see over







Several over sized sculptures by Karl Heinz Stock of Quinta dos Vales were dotted around the fair.



Firemen from the Lagoa Fire Brigade demonstrated spectacular rescues as used from high buildings and cliffs.

variety of stalls, eateries, activities, entertainment, competitions and treats were organized to make sure everyone got as much as possible from the event.

The feeling of contentment was almost palpable as families, couples and friends sauntered round, planning their time wisely to accommodate the Fair's packed agenda.

The Collections and Youk's fashion shows were highly praised, the stunning outfits showcasing the best of what will be available in shops this summer.

Youk's models sported beautiful hair-dos by hair expert Marion Bedbur.

Incredible effort was made by all the entertainers, from the Vale Verde International School children's band, to the various dance and music acts that livened up the consistently full arena throughout the day, all arranged with a bow on top by the Algarve's leading entertainment company Standing Ovation.

Despite the fantastic line-up

of entertainment it seems the highlights of the days were, without doubt, the parades. The stunning costumes handmade by Anja Philippart literally made the crowds stop dead in their tracks and grin back at the amazing characters that gleefully marched around the grounds.

The Algarve Dog Show was another hit, with dog owners who came from all over the Algarve to participate in the obedience and training classes held by Company of Animal's expert specialists and animal behaviorists Fiona Whelan and Steve Roby, who were flown especially from the UK for the event. The Algarve Dog Show, which received rapturous acclaim, was organised by Paulo Luz, founder of the MyFriend pet shop in Lagos. 'Ask the Vet' sessions were equally popular, which offered free advice and information to pet owners on a number of topics relating to their animals' well-being.

The APAA Association for the Protection of Animals in the



Paulo Luz from My Friend supervised the Dog Show including this agility display with Afonso from Happy Dogs.



The ever popular wine show.



Tim from Circo Pequeno kept the children amused for hours.



The restaurants were always busy.



A 'policeman' on stilts kept the crowds in order.



Algarve managed to raise almost €800 for the charity.

"We would like to say thank you for the stand the International Algarve Fair gave us. It was certainly a success from our point of view", an APAA representative said.

A number of puppies from

other refuges and charities were also re-homed through the Fair's 'find-a-pet' initiative.

A special visitor to the Fair on Saturday morning was Lagoa Mayor José Inácio, who that week had been interviewed by **The Portugal News** for a special Lagoa update. He congratulated the organisation on the set-up before heading off with his second in command, deputy-Mayor Rui Correia, for a wander round. Deputy Mayor Rui Correia returned later that afternoon to present the schools participating in the 'Green Challenge' with their awards and single out which

project he liked the best from each one. Based on innovative ideas of how to be more environmentally-friendly, the Algarve International School (Porches), Vale Verde International School (Burgau) and the São Lourenço International School (Almancil) were all awarded prizes for their efforts, the Algarve International School's 'Enviro-Gym' being a particular project of interest to Lagoa's second-in-command.

The schools' pupils were praised by the deputy-mayor for their interest in the environment and for their imaginative suggestions on how to help preserve it.

Unfortunately, a van transporting the projects from the fourth participating school, Universidade da Criança suffered an accident en-route to the Fair in which all the pupils' projects were destroyed.

Thankfully no one was injured in the incident.

Keeping within the 'Green Theme', the family-friendly garden set up by Canteiros do Sol was a makeshift masterpiece of lush lawn, a sand pit, plants and a pergola.

Those who are not fortunate enough to win first prize can still enjoy a discount on the sightseeing trips thanks to an exclusive discount deal via **The Portugal News**. When making your book-

ing, call 914 903 384 and quote 'Discount Code PN'.

And talking of competitions, congratulations to Mr. Alan Buxton of Monchique who won Moveis Malheiro's fantastic ergonomic mattress which is a market-leading brand. Other comments from visitors and exhibitors included "It was absolutely brilliant, we thoroughly enjoyed it", "The parade was outstanding", "A great show – well done every one", "Thank you very much for our great spot, it was perfect for our needs", "Loved the parade", "This year in my opinion it was the best", and "Really enjoyed the whole thing".

The main points of criticism seemed to be the fact there was "No multibanco machine", and "opening hours should be longer".

So if that's all there is to improve on, next year's International Algarve Fair should be perfect.

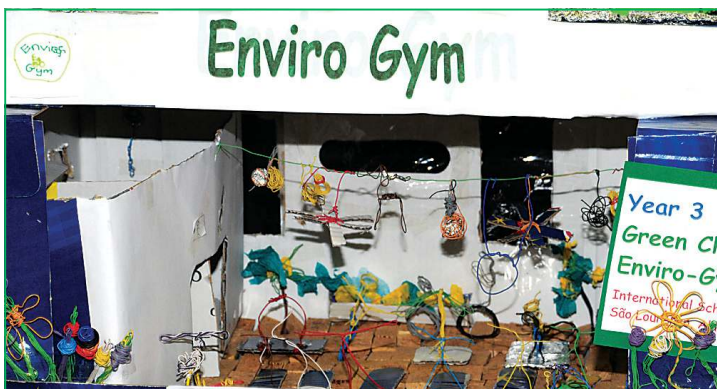
For information about the Fair, call 282 380 317 or go to [algarvefair.com](http://algarvefair.com).



Publisher Paul Luckman is seen here talking to Tony Dorigo, former international English footballer, in front of The International School of the Algarve's green challenge project entitled 'Waste Not Want Not in School'.



All the schools which entered the 'Green Challenge' won a prize for their magnificent efforts. Roger Foreman headmaster of Vale Verde International School chats to the competition judge, Rui Correia, the deputy mayor of Lagoa. Vale Verde presented visitors with cypress saplings grown in recycled envelopes.



The Enviro Gym presented by the International College of São Lourenço particularly caught the eye of judge Rui Correia.



Dr José Inácio, the Mayor of Lagoa with Deputy Mayor Rui Correia who enjoyed the Fair before giving it their stamp of approval.



The snapper of the best photo of the International Algarve Fair last weekend, wins a flight in a microlight.



Thankfully, there are several benches where visitors could take a rest. Many people stayed all day.



The Fair was a day out for all the family and for many a place 'where all the Algarve meets' giving the opportunity to catch up with old friends.



# Stay safe in the sun

New research by Boots in the UK reveals that nearly half the children in Britain have been

red skin that's hot to the touch, pain and even blistering, fatigue and dizziness. In extreme cases, it may be life-threatening. » How can I prevent it?

baby or small child is sunburnt, or if blisters and fever occur, seek medical advice.

## Insect bites

» **Symptoms:** Nina Goad of the British Association of Dermatologists explains: "When insects like mosquitoes bite, they inject a series of chemicals into the skin which are inflammatory and can produce itching, redness and blisters." » Can you prevent it?

Anti-insect repellents will help keep the insects away. As well as the chemical ones, there are many natural and organic varieties. If you're relying by a pool, put loose clothing over your swimming costume to help stop the insects having direct access to your skin. If you're in a country where they're going to cause some havoc at night then invest in a mosquito net.

» Any alternative treatments?

Citronella is known to keep insects at bay and you can get it in various formats. The oil is good for applying to your body, and candles will keep them out of your room. Once you've been bitten, calendula cream - which uses plant extracts - will soothe the bites. Likewise, aloe vera will help you

stop itching those little bumps.

An oatmeal bath with one cup of oatmeal is rumoured to stop the symptoms of insect bites - although it could become a bit messy. Another old wives' tale to stop the itching is to make a paste of three teaspoons of baking soda and one teaspoon of water and then apply to the bites. » Over-the-counter treatments

Holland & Barrett Citronella Oil; Boots Repel Insect Repellent Spray; and Benadryl Skin Allergy Relief Cream - for stings, bites, itching and skin irritation.

## Heat rash

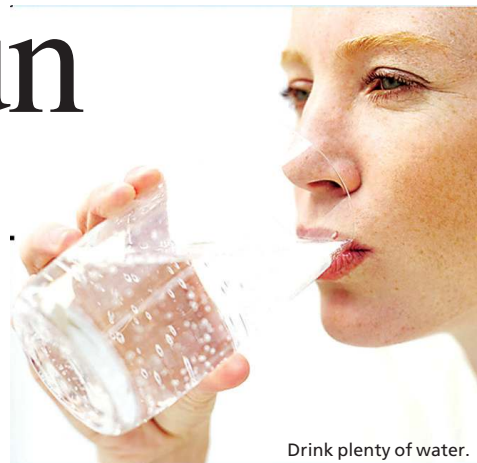
» **Symptoms:** An itchy rash which sometimes includes small blisters.

When the sun comes out many will soon be covered in a bumpy itchy rash. While most people know it as heat rash, it's medical name is miliaria and it's often referred to as prickly heat.

Why does it happen? Goad explains: "It is thought to be caused when the sweat glands become blocked, and commonly affected areas include the hands, feet and skin folds."

» Can you prevent it?

You can't stop the sun or humid weather, but try to stay cool by



Drink plenty of water.

wearing loose-fitting cotton clothing. Staying in the shade will also help. Taking an antihistamine may stop your body reacting to the weather but once you've developed heat rash, taking a cool shower will help reduce its impact. » Any alternative treatments?

Hopefully the rash will disappear in a couple of hours. If not then avoid applying greasy ointments as this will plug up your skin's glands. As with insect bites, calendula cream can help soothe the itching and it's ideal for sensitive skin. Chickweed, a

traditional herbal treatment, can also soothe irritated skin.

» Over-the-counter treatments

Piriteze Allergy Tablets: If you're going to be heading out in hot weather, take an antihistamine to stop your body responding to the heat. Aloe Vera After Sun and Boots' Hot Weather Cooling Spray are also essential.

## Heat-stroke

» **Symptoms:** It is the most serious heat-related illness and can cause permanent damage or death.



A mosquito bite

sunburnt, and 72% of us believe, wrongly, that it's unnecessary to wear sunscreen unless we're going abroad.

Mike Brown, scientific advisor for Boots on sun protection, says: "Children spend lots of time playing outside during the summer months, so they're particularly at risk of sun damage. Much of our sun exposure happens before the age of 21, and just one instance of sunburn can double the risk of skin cancer in later life, so it's essential to protect children."

We've asked the experts for advice and remedies to make sure the sun and other seasonal hazards don't ruin your fun.

## Sunburn

» **Symptoms:** They can include



Citronella candle

Cover up with loose clothing and a hat, and avoid going in the sun between 11am and 3pm. Apply sunscreen with a sun protection factor (SPF) of at least 15 for adults, and around 40 for children, half an hour before going out in the sun.

Brown says: "We should base our decision to wear sunscreen on the weather and UV index, which measures the strength of ultraviolet (UV) radiation from the sun. Often people only think of wearing sun protection when abroad, but the heat from the sun can be just as strong in the UK."

» How do I treat it?

Mild sunburn: Apply moisturising lotion or after-sun cream to cool the skin and relieve tightness. Cool the skin by sponging with lukewarm water or having a cool bath, while calamine lotion may relieve soreness and itching.

Drink plenty of fluids, not alcohol, to replace water lost through sweating, and avoid direct sunlight until the burn has healed. For adults, painkillers such as ibuprofen or paracetamol may help reduce swelling and pain.

Severe burns: These may require medical attention, and if a

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The person may suffer from severe headaches, nausea, vomiting, hallucinations or confusion, and dizziness leading to collapse. The skin may look red, hot and dry. It's caused when you get over-heated and dehydrated. Your body's temperature can rise to 106°F/41°C or higher in 10-15 minutes.

» Can you prevent it?

Stay out of the sun, especially in the hottest part of the day between 11am and 3pm, wear a hat and drink plenty of water. Be aware that babies and children up to the age of four, those over 65, as well as those who are overweight, in poor health or on certain medications are at the greatest risk.

» How do I treat it?

If someone has any of the warning signs of heat-stroke, this may be a life-threatening emergency and you should get someone to call for immediate medical assistance

while you try to cool down the victim. Before help arrives get the victim into the shade, and try to cool them rapidly by getting them in a bath of cool water or a shower, sponging them with cool water, or if humidity is low wrapping them in a cool, wet sheet and fanning them vigorously. Only give them water, not alcohol, and monitor the body temperature until it drops to 101-102°F/38-39°C.

## Minor eye problems

» **Symptoms:** Sunshine and glare can result in eyes becoming strained and uncomfortable, while dust - more common when it is dry and hot - can irritate eyes.

Lack of sleep during a very hot spell may make eyelids puffy and uncomfortable. One of the most common minor eye infections is conjunctivitis, which can be caused by an infection or allergy such as hayfever, or irritants to the eye such as chlorine in swimming pools, smoke or eye makeup. Infective conjunctivitis is caused by bacteria or a virus.

Conjunctivitis is inflammation of the tissue covering the eye and inner surface of the eyelids and the white of the eye becomes red and sore. The affected eye(s) may feel gritty, and water and discharge yellow mucus. The eyelid may also be affected becoming red and swollen.

» How do I treat it?

Mild, infectious conjunctivitis can be treated with eye ointment, drops or lotion from your pharmacy.

Allergic conjunctivitis - caused by hayfever - can be treated by using eye drops (containing sodium cromoglycate) or an antihistamine, to help reduce the redness and itching. Lubricating eye drops can also help soothe dry eyes. If you are concerned by an eye problem consult a doctor.

*Gabrielle Fagan*



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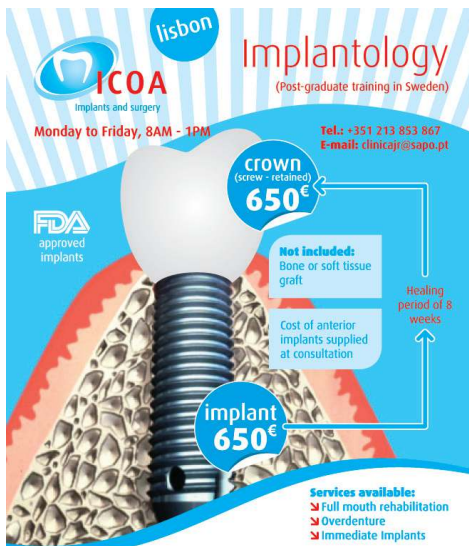
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# Paws4Pets Roundup



First a very big thank you to everyone who came to see us at the weekend at the Algarve Fair, we love to catch up with all our friends and make new friends at these events. It always amazes us just how many people we actually know, and how many pet's names we do remember.

The weekend weather was beautiful which was a bonus. We had two stands this time which made for a hectic time and some logistical issues. I must apologise for my own computer incompetence at times with the POS equipment—not helped by my complete computer blip for Saturday morning. My computer decided it was not going to work for some apparently very simple reason—well aren't they always. However, it did cause me a confusing time with the prices for a bit!

Our Kool Coats lady sadly had an emergency on Fri morning when her Mother was rushed into Hospital, this prevented her attending—apologies to people who came to see her specifically. This left me with only my demonstration coat and no stock as she was bringing it with her. It did give me a chance to test run the

coat though and I was very impressed with the length of time it remained cool—6 hours in severe heat. It is lightweight when wet and a real boon for our doggies down here. Thank you for your patience, the coats ordered by clients are on their way over to them.

I had Cleo and Cassie with me all weekend, they were so good and joined in with all the visitors. Cleo and Cassie spent time wandering around the Fair with either Raquel from Portugal News or Elaine from Style Furnishings—thank you to both for the time spent with them. This was Cassie's first fair—she has done a few Dog Shows but this was her first 'people' event and she coped very well. It was a long day for them. I had sensibly—I thought—taken them a cage each but that plan was not favoured and they spent most of their time together in the big cage. I had my reflective covers on the cages and they did manage with the heat. They spent lots of time with people which is always good for them and they love it.

A special thank you to Bruno and Rui for being on our stand both days to offer veterinary advice, it was good to see them

and for them to meet so many of our friends.

Cleo continues to amaze me with the things she does. I have a Phil Collins song, One More Night as my ring tone on my phone—interestingly Cleo reacts to the record on the phone and will go to the phone when it rings—however, if the record is on the radio/CD she ignores it. Clever Girl. She jumps up in the morning to the alarm on the mobile but will ignore almost the same noise when a text comes in. She has, with her Brother, amazed me today. I have had a bit of a 'fun' day. I was pruning in the garden when for some reason my ankle collapsed, along with me!! Flat out on the lawn, out cold for a bit, excruciating pain (torn ligament). I 'came to' with my devoted PWDs on either side of me, licking me awake. They are so sweet, they looked so confused

to see Mum 'asleep' on the lawn. Cassie was sat watching from further away with a bemused look on her face. Cleo and Merlin stopped with me until I managed to get myself up. Cleo, in fact, stopped with me for the rest of the day—stuck like glue looking after me. Merlin just checked up on me. Cleo is very perceptive and she is very good at looking after me.

Just to remind all our regular clients that we have now shut the Silves store—after nearly five years and much money passing for one thing and another we have still not managed to get the license necessary for us to trade legally or put up the signs. The threat of the fine made keeping the store untenable. We love Silves so it has been a difficult decision but had to be made. If anyone has any logistical difficulty with the Albufeira store just ring us. Remember that our On Line store will be up and running very shortly—once we have managed to sort ourselves out after the Fair and moving weekend!! I wonder

why we decided to both on the same date—seemed a good idea at the time! Also remember that we already deliver across the Algarve so if that is easier again ring or email us.

Protect your pet with knowledge. Knowledge is power and it could mean the difference be-

tween life and death. All our advice is given freely and in good faith. Please always discuss any pet problems with a qualified veterinary surgeon or other professional.

Jan Cobley

Paws 4 Pets 916 273 376  
www.paws4pets.net

## Hi There !

**Jamon is a beautiful Rhodesian Ridgeback cross (everything but the ridge) caught on the road a two months ago. She has been sterilised and vaccinated. She is a bit shy but once she likes a person, she gets very attached. If you would like to give her a home, please contact Association Bianca at**

**sesimbra.bianca@gmail.com or see our other dogs at [www.bianca.pt/english](http://www.bianca.pt/english)**

**You can also help us by fostering an animal on distance, making a donation or buying items from our charity shop: T-shirts, mouse pads, keyrings, fridge magnets and pins.**



## LAGOS WATER TRIALS

This Sunday, 7th June, the City Council of Lagos is organizing the **II Competition of the Breed Portuguese Water Dog and II Water Trial of Portuguese Water Dog**, at the Castle Wall Gardens and Lagos Fortress. A good chance to see the handling and work of these dogs.

### Beauty Judging

This will start at 10h30; registration at 10h00. Jardins da Muralha do Castelo (Castle Wall Gardens).

Classes are either for Juniors from 6 to 15 months or adults over 15 months.

### Water Trials

This takes place from about 11h30 to 12h00 in front of the Forte de Lagos (Lagos Fortress).

Jan Cobley

Paws 4 Pets 916 273 376 [www.paws4pets.net](http://www.paws4pets.net)

## Buggsy Bear

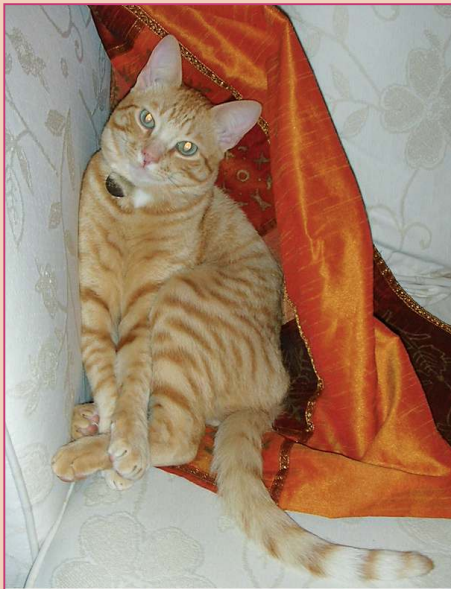


We have had to leave Portugal for 6 months in order to take care of urgent and essential business in Ireland. This means that we have to leave Buggsy Bear behind as he is too young to have a Pet Passport yet. We are desperate for someone to either adopt him or to foster him until we return. (See Buggsy Bear on photo on the right)

Bear is a gentle, well-behaved 10 month old cat, who loves to play and is always available for a cuddle. He is a one-cat entertainment centre, chasing invisible creatures and stalking shadows. Bear would be an essential part to any loving household; he would love to be able to play in a garden and catch waving grasses and in-

trepidly explore places pussies love to go. He has lived in an apartment but loves to go for walks in the country in his harness. He is a neutered tom and has had his important injections.

If you would be willing to help us, please phone: Rory - 911 914 373 or Jane - 917 656 003 or [whalesongportugal@yahoo.co.uk](mailto:whalesongportugal@yahoo.co.uk)



Buggsy Bear enjoying life at home

Hi ! We are five little kitties. Our Mum was abandoned when expecting us, but thankfully someone found her and took care of her and here we are!! We are now about 7 weeks old, full of fun and play and we love life..... but we have to find new homes... Please can you help us..... We would love you forever..... Contact Ann on 917340673



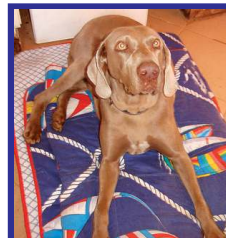
Many lovely and friendly kittens are waiting for a nice loving home. They are wormed and de-flea'd. Many different colours! Call Valérie for a visit 913 860 865 or 282 342 823 (evenings) - [lili10.evann@yahoo.fr](mailto:lili10.evann@yahoo.fr)



## Found



Little male dog white with brown patches. He was found on the 25th May in Caramujeira. He is very young (around 2 years old) and very gentle. Not castrated and was wearing a scalibor collar (against fleas and ticks). He is very clean and house trained. He is missing his family! Call Valérie if you have any information about him 913 860 865 or 282 342 823 (evenings) [lili10.evann@yahoo.fr](mailto:lili10.evann@yahoo.fr)



Beautiful Weimaraner pure bred female. She was found on the 26th May in the Carvoeiro area. She is between 4 and 6 years old, very gentle. She has had many litters and is not spayed. She has a microchip, but unfortunately not registered! She badly misses her home. If you know anything about her, please call Valérie 913 860 865 or 282 342 823 (evenings) - [lili10.evann@yahoo.fr](mailto:lili10.evann@yahoo.fr)

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With flights so cheap, many of our readers are visiting London for weekend shopping. Over the next few weeks we will be reviewing some outstanding but different restaurants in London we tried recently, which are really worth a visit while you are there. These are restaurants that we doubt that you would discover without a personal recommendation, they are all sensibly priced and out of the ordinary.

## Indian with real class - Moti Mahal

If you like Indian food, this is a must, but expect to be surprised, this is probably unlike any Indian

restaurant you have visited, its true 'Fine Dining' Indian style. First impressions are very good,

a very spacious reception area, a very warm welcome, and as you are shown to your table, you can't help but notice the immaculate kitchens behind large glass panels. Everything is very modern and light with great views out into a spacious square with Drury Lane passing close by.

Take a look at the menu, and you know this is going to be different! There was a good choice of classic dishes, and many we had not heard of before, but we chose the 'Whisky Tasting Menu', each of the 5 dishes served with a different Bushmills Whisky, ranging from a 1608 Anniversary Edition, to a 16 year old Malt. We started with Steamed Dublin Bay Prawns with rice cakes 'Appams' and Coconut herb chutney.

This was followed by a mouth watering Venison 'seekh' Kebab served with Asparagus tikki and grilled fig. Each dish is so delightful and well decorated, that you really can't wait for more. Palak Paneer followed, a baked fillo parcel of paneer, (Paneer is a firm Indian cheese which soaks up the flavour of the marinade), with garden peas, creamed spinach and raisin chutney.

The next dish was particularly interesting for anyone who knows Portugal and its cuisine well. It's named on the menu as Irish Lamb Stew with Goan Sausage, served with potatoes, carrots and crusty bread. The delicious piece of lamb was in fact served on what can be best be described as fried bread. Goa was a Portuguese colony, and in the north of Portugal they serve a superb traditional dish with lamb served with potatoes and on a bed of fried bread.

The dishes had so much similarity you could see easily how the original Portuguese dish may have travelled to Goa, and then returned to London, but somewhat adapted to a more sophisticated palate. A salad and sorbet finished off the meal beautifully.

It was very hard to fault any dish, or the imaginative presen-



One of the exquisitely presented dishes.

tation, each on large white plates, and artistically presented. All the ingredients were beautifully cooked and of the best quality. The wine list was extensive and the waiter's knowledge of his wines very good. The tasting menu was £40/€46 each, including the Whisky (and they were doubles).

The Moti Mahal is launching a new menu, in a quest to understand India's history and its influence on Indian regions and dishes, Head Chef Anirudh Arora has travelled the length of the Grand Trunk Road, starting from the shores of Bay of Bengal and covering the expanses of the Indus and Gangetic plains.

The menu follows the path of the Grand Trunk Road and true

to Indian custom dishes will be delivered in fluid succession as they are ready to be served. The recipes found on the menu have been handed down among generations, tempered by the conditions of nature and time.

Nostalgic and traditional dishes include the Bhalla Papadi Chaat, a tea-time favourite discovered in the 'gallis' streets of North India, with crisp fried pastry and chick peas; and the sublime Qabali Seviyan, a vermicelli and masala chicken supreme tossed with pine nuts and baked

with egg custard.

As I said at the beginning of this article, if you are looking for a normal Indian restaurant, this is not for you, but if you want to experience superb Indian Cuisine cooked and served with flare and imagination, then the Moti Mahal is for you, don't miss it. We can't wait to go back.

Moti Mahal, 45 Great Queen Street, London, there website is: [www.motimahall-uk.com](http://www.motimahall-uk.com). Reservations are highly advised, tel. 00 44 (0)20 7836 0790

P.L.



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04 JUN-10 JUN

**1**  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
 18.40-21.40 (00.30 Fri & Sat)  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
 13.25  
**Knowing**  
 Nicolas Cage, Rose Byrne  
 16.05  
**Harry Potter and the Prisoner of Azkaban**  
 Daniel Radcliffe, Emma Watson PV  
 (10.40 Sat & Sun)  
**O Gato das Botas**  
 Animation PV  
 12.20-14.20-17.00-19.40 Wed  
**2**

**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
 15.00-19.50-22.10 (00.35 Fri & Sat)  
**Harry Potter and the Goblet of Fire**  
 Daniel Radcliffe, Emma Watson PV  
 (11.50 Sat & Sun)  
**3**  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
 14.55-18.00-21.00 (00.00 Fri & Sat)  
**Knowing**  
 Nicolas Cage, Rose Byrne  
 21.50  
**A Espada Mágica**  
 Animation PV  
 (11.00 Sat & Sun)  
**4**

**Star Crossed**  
 António Fonseca, Diogo Morgado  
 14.35-17.00-19.25-21.50 (00.15 Fri & Sat)  
**Hotel for Dogs PV**  
 Emma Roberts, Don Cheadle  
 (10.00-12.15 Sat & Sun)  
**5**  
**Terminator Salvation**  
 Christian Bale, Sam Worthington  
 (11.45 Sat & Sun) 14.15-16.50-19.25-22.00  
 (00.30 Fri & Sat)  
**6**  
**Terminator Salvation**  
 Christian Bale, Sam Worthington  
 13.35-16.10-18.45-21.20  
**Pokemon - Animation PV**  
 (11.20 Sat & Sun)  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
 (00.20 Fri & Sat)  
**7**

**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
 13.40-16.05-18.35-21.10 (23.35 Fri & Sat)  
**Monsters vs. Aliens**  
 Animation PV  
 (10.50 Sat & Sun)  
**8**  
**Ice Age 2**  
 Animation PV  
 (11.35 Sat & Sun)  
**Traitor**  
 Don Cheadle, Guy Pearce  
 13.50-16.25-21.45 (00.20 Fri & Sat)  
**Knowing**  
 Nicolas Cage, Rose Byrne  
 19.00  
**9**  
**Star Trek**  
 Chris Pine, Zachary Quinto  
 13.50-19.05 (00.25 Fri & Sat)  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
 16.40-21.55  
**Max & Co. - Animation PV**  
 (10.30 Sat & Sun)

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04 JUN-10 JUN

**1**  
**Monsters vs. Aliens**  
 Animation PV  
 13.05-15.10-17.15-19.20  
**O Gato das Botas**  
 Animation PV  
 13.05-15.10-17.15-19.20 Wed  
**Star Trek**  
 Chris Pine, Zachary Quinto  
 21.25 (00.00 Fri & Sat)  
**2**  
**Terminator Salvation**  
 Christian Bale, Sam Worthington  
 13.30-16.10-18.55-21.35 (00.20 Fri & Sat)  
**3**  
**Traitor**  
 Don Cheadle, Guy Pearce  
 13.15-15.55-18.40-21.10 (23.40 Fri & Sat)  
**4**  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
 13.50-16.05-19.00-21.20 (23.45 Fri & Sat)  
**5**  
**O Último Condenado à Morte**  
 Albano Jerónimo, Ângelo Torres  
 13.20-15.50

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04 JUN-10 JUN

**1**  
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 Animation PV  
 13.05-15.10-17.15-19.20  
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 13.20-15.50

**X-Men Origins: Wolverine**  
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**Terminator Salvation**  
 Christian Bale, Sam Worthington  
 13.00-15.40-18.25-21.05 (23.50 Fri & Sat)  
**9**  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
 13.40-16.20-18.45-21.45 (00.15 Fri & Sat)

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04 JUN-10 JUN

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 13.10-15.55-18.45-21.30 (00.20 Fri & Sat)  
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**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
 13.20-16.00-18.40-21.20 (00.05 Fri & Sat)  
**3**  
**Che: Part Two**  
 Benicio Del Toro, Franka Potente  
 13.15-15.50-18.30  
**Che: Part One**  
 Benicio Del Toro, Rodrigo Santoro  
 21.50 (00.30 Fri & Sat)  
**4**  
**The Strangers**  
 Liv Tyler, Scott Speedman  
 13.50-16.30-19.10-22.00 (00.00 Fri & Sat)  
**5**  
**Monsters vs. Aliens**  
 Animation PV  
 13.40-16.20-19.00  
**O Gato das Botas**  
 Animation PV  
 13.40-16.20-19.00 Wed  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
 21.10 (23.50 Fri & Sat)  
**6**  
**Terminator Salvation**  
 Christian Bale, Sam Worthington  
 13.30-16.10-18.50-21.40 (00.10 Fri & Sat)

**CASTELLO LOPES CINEMAS**  
**PORTIMÃO**  
**TEL: 720 220 220**

04 JUN-10 JUN

**1**  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
 13.10-15.55-18.45-21.30 (00.20 Fri & Sat)  
**2**  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
 13.20-16.00-18.40-21.20 (00.05 Fri & Sat)  
**3**  
**Che: Part Two**  
 Benicio Del Toro, Franka Potente  
 13.15-15.50-18.30  
**Che: Part One**  
 Benicio Del Toro, Rodrigo Santoro  
 21.50 (00.30 Fri & Sat)  
**4**  
**The Strangers**  
 Liv Tyler, Scott Speedman  
 13.50-16.30-19.10-22.00 (00.00 Fri & Sat)  
**5**  
**Monsters vs. Aliens**  
 Animation PV  
 13.40-16.20-19.00  
**O Gato das Botas**  
 Animation PV  
 13.40-16.20-19.00 Wed  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
 21.10 (23.50 Fri & Sat)  
**6**  
**Terminator Salvation**  
 Christian Bale, Sam Worthington  
 13.30-16.10-18.50-21.40 (00.10 Fri & Sat)

**CENTRE**  
**LUSOMUNDO**  
**ALMADA FORUM**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Traitor**  
 Don Cheadle, Guy Pearce  
**O Último Condenado à Morte**  
 Albano Jerónimo, Ângelo Torres  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**King of California**  
 Evan Rachel Wood, Michael Douglas  
**Singularidades de uma Rapariga Loira**  
 Catarina Wallenstein, Ricardo Trepça  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**New in Town**  
 Renée Zellweger, Harry Connick Jr  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**The Ruins**  
 Jena Malone, Laura Ramsey  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**He's Just Not That Into You**  
 Drew Barrymore, Scarlett Johansson

**LUSOMUNDO**  
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04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**O Último Condenado à Morte**  
 Albano Jerónimo, Ângelo Torres  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**King of California**  
 Evan Rachel Wood, Michael Douglas

**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**Cidade dos Homens**  
 Douglas Silva, Darlan Cunha  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**Married Life**  
 Pierce Brosnan, Rachel McAdams  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**He's Just Not That Into You**  
 Drew Barrymore, Scarlett Johansson

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04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Traitor**  
 Don Cheadle, Guy Pearce  
**Flammen & Citronen**  
 Mads Mikkelsen, Thure Lindhardt  
**Mes stars et moi**  
 Catherine Deneuve, Kad Merad  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**He's Just Not That Into You**  
 Drew Barrymore, Scarlett Johansson

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04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Knowing**  
 Nicolas Cage, Rose Byrne

**LUSOMUNDO**  
**COLOMBO**  
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04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Traitor**  
 Don Cheadle, Guy Pearce  
**O Último Condenado à Morte**  
 Albano Jerónimo, Ângelo Torres  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**The Edge of Love**  
 Keira Knightley, Cillian Murphy  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**Knowing**  
 Nicolas Cage, Rose Byrne

**UCI CINEMAS**  
**EL CORTE INGLÉS**  
**TEL: 707 23 22 21**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Flammen & Citronen**  
 Mads Mikkelsen, Thure Lindhardt  
**Mes stars et moi**  
 Catherine Deneuve, Kad Merad  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**The Edge of Love**  
 Keira Knightley, Cillian Murphy  
**Chacun son Cinéma**  
 Isabelle Adjani, Takeshi Kitano  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**New in Town**  
 Renée Zellweger, Harry Connick Jr  
**The International**  
 Clive Owen, Naomi Watts  
**Max & Co.**  
 Animation PV  
**This Is England**  
 Andrew Shim, Jo Hartley  
**Monsters vs. Aliens**  
 Animation PV

**He's Just Not That Into You**  
 Drew Barrymore, Scarlett Johansson  
**Gran Torino**  
 Clint Eastwood, Bee Vang  
**Slumdog Millionaire**  
 Dev Patel, Freida Pinto

**UCI CINEMAS**  
**FREEPORT**  
**TEL: 707 23 22 21**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**New in Town**  
 Renée Zellweger, Harry Connick Jr  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**Monsters vs. Aliens**  
 Animation PV

**LUSOMUNDO**  
**VASCO DA GAMA**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer

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**DOLCE VITA TEJO**  
**TEL: 707 23 22 21**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Traitor**  
 Don Cheadle, Guy Pearce  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**King of California**  
 Evan Rachel Wood, Michael Douglas  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**Monsters vs. Aliens**  
 Animation PV

**NORTH**  
**UCI CINEMAS**  
**ARRÁBIDA SHOPPING**  
**TEL: 707 23 22 21**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Let the Right One In**  
 Kåre Hedebrant, Lina Leanderson  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Traitor**  
 Don Cheadle, Guy Pearce  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**King of California**  
 Evan Rachel Wood, Michael Douglas  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**New in Town**  
 Renée Zellweger, Harry Connick Jr  
**The International**  
 Clive Owen, Naomi Watts  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**Max & Co.**  
 Animation PV  
**Monsters vs. Aliens**  
 Animation PV  
**He's Just Not That Into You**  
 Drew Barrymore, Scarlett Johansson  
**Duplicity**  
 Clive Owen, Julia Roberts  
**Marley & Me**  
 Owen Wilson, Jennifer Aniston

**Gran Torino**  
 Clint Eastwood, Bee Vang  
**Slumdog Millionaire**  
 Dev Patel, Freida Pinto

**LUSOMUNDO**  
**DOLCE VITA COIMBRA**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**O Último Condenado à Morte**  
 Albano Jerónimo, Ângelo Torres  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**The International**  
 Clive Owen, Naomi Watts  
**Married Life**  
 Pierce Brosnan, Rachel McAdams  
**Monsters vs. Aliens**  
 Animation PV

**LUSOMUNDO**  
**DOLCE VITA DOURO**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**The International**  
 Clive Owen, Naomi Watts  
**The Strangers**  
 Liv Tyler, Scott Speedman  
**The Ruins**  
 Jena Malone, Laura Ramsey

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**PALÁCIO DO GELO**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**Fireflies in the Garden**  
 Ryan Reynolds, Willem Dafoe

**LUSOMUNDO**  
**BRAGAPARQUE**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**Singularidades de uma Rapariga Loira**  
 Catarina Wallenstein, Ricardo Trepça

**LUSOMUNDO**  
**DOLCE VITA PORTO**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Traitor**  
 Don Cheadle, Guy Pearce  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams

**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Closing the Ring**  
 Shirley MacLaine, Christopher Plummer

**LUSOMUNDO**  
**MAIA SHOPPING**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds

**LUSOMUNDO**  
**GAIA SHOPPING**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**Max & Co.**  
 Animation PV  
**Fireflies in the Garden**  
 Ryan Reynolds, Willem Dafoe  
**The International**  
 Clive Owen, Naomi Watts  
**Cidade dos Homens**  
 Douglas Silva, Darlan Cunha

**LUSOMUNDO**  
**NORTE SHOPPING**  
**TEL: 707 246362**

04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**Knowing**  
 Nicolas Cage, Rose Byrne

**LUSOMUNDO**  
**PARQUE NASCENTE**  
**TEL: 707 246362**

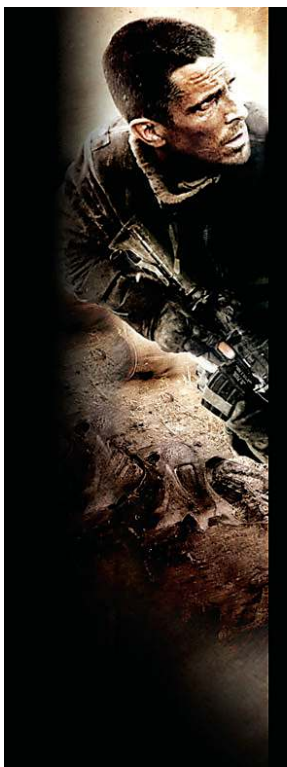
04 JUN-10 JUN

**Terminator Salvation**  
 Christian Bale, Sam Worthington  
**Star Crossed**  
 António Fonseca, Diogo Morgado  
**Zack and Miri Make a Porno**  
 Seth Rogen, Elizabeth Banks  
**O Último Condenado à Morte**  
 Albano Jerónimo, Ângelo Torres  
**Night at the Museum 2**  
 Ben Stiller, Amy Adams  
**Fly Me to the Moon**  
 Animation PV  
**Angels & Demons**  
 Tom Hanks, Ayelet Zurer  
**Star Trek**  
 Chris Pine, Zachary Quinto  
**Knowing**  
 Nicolas Cage, Rose Byrne  
**X-Men Origins: Wolverine**  
 Hugh Jackman, Ryan Reynolds  
**The Ruins**  
 Jena Malone, Laura Ramsey  
**Fast & Furious**  
 Vin Diesel, Paul Walker  
**New in Town**  
 Renée Zellweger, Harry Connick Jr  
**Confessions of a Shopaholic**  
 Isla Fisher, Hugh Dancy

**OV = English**  
**Version**







## Cast

**Christian Bale as John Connor:** A soldier in the Resistance waging war against Skynet after it destroyed much of humanity in a nuclear holocaust, who is destined to become humanity's leader. Director McG deemed Bale "the most credible action star in the world" during development.

**Sam Worthington as Marcus Wright:** A mysterious man on death row for murder. He awakens fifteen years after his alleged execution. His last memory is of being on death row, and John is at first unsure of whether Wright is trustworthy. Terminator creator James Cameron personally recommended Worthington to McG. McG decided Worthington looked tougher than the "great many of today's [waify] young male actors".

**Anton Yelchin as Kyle Reese:** A teenage soldier and admirer of John Connor. As portrayed by Michael Biehn in *The Terminator*, he was sent back in time to 1984 to protect Sarah Connor to ensure the survival of the human race, and fathered John with her.

**Bryce Dallas Howard as Kate Connor:** John's wife, who is seven months pregnant.

**Moon Bloodgood as Blair Williams:** Suffering from survivor's guilt, the battle-hardened fighter pilot in John's resistance cell continues the legacy of tough-as-nails female characters, like Sarah Connor. After being shot down by Skynet's aerial forces, Blair is aided by Marcus and the two become fast friends on their way to rendezvousing with John Connor and his team.

**Common as Barnes:** A resistance soldier and John's second in command.



*Terminator Salvation* is the fourth film in the Terminator series and directed by McG. It stars Christian Bale as John Connor, the man fated to lead the human resistance against Skynet and its army of Terminators and Sam Worthington as Marcus Wright. The film also introduces a young version of Kyle Reese, played by Anton Yelchin, the character from the original 1984 film, as well as depicting the origin of the T-800 Model 101 Terminator. *Terminator Salvation*, set in post-apocalyptic 2018, focuses on the war between humanity and Skynet.

The future that John Connor (Christian Bale) was raised to believe in has been altered, in part by the appearance of Marcus Wright (Sam Worthington), a stranger whose last memory is of being on death row. Connor must decide whether Marcus has been sent from the future, or rescued from the past.

As Skynet prepares its final onslaught, Connor and Marcus both embark on an odyssey that takes them into the heart of Skynet's operations, where they uncover the terrible secret behind the possible annihilation of mankind.



*HOME* is an ode to the planet's beauty and its delicate harmony. Through the landscapes of 54 countries captured from above, Yann Arthus-Bertrand takes us on an unique journey all around the planet, to contemplate it and to understand it. But *HOME* is more than a

documentary with a message, it is a magnificent movie in its own right. Every breathtaking shot shows the Earth - our Earth - as we have never seen it before. Every image shows the Earth's treasures we are destroying and all the wonders we can still preserve.

ON JUNE 5TH  
WE ALL HAVE A DATE  
WITH THE PLANET!

HOME  
A FILM BY  
YANN ARTHUS-BERTRAND

We have a greater impact on the Earth than it can bear. From the air, it is easy to see the Earth's wounds. Scientists tell us that we have 10 years to change the way we live, avert the depletion of natural resources and the catastrophic evolution of the Earth's climate.

The stakes are high for us and our children. Everyone should take part in the effort, and *HOME* has been conceived to take a message of mobilization out to every human being.

More than a movie, *HOME* will be a major event around the globe: for the first time ever, a film will be released on the same day in over 50 countries.

June 5th 2009, World Environment Day has been chosen as the highly symbolic date for this simultaneous, and free of charge, release on every format: movie theatre, TV, DVD and



Internet. The aim is to reach the widest possible audience, and to convince us all of our individual and collective responsibility towards the planet.

FROM JUNE 5TH WE ALL HAVE A DATE WITH THE PLANET!



## Film Classification

Terminator Salvation - M/12  
Traitor - M/12  
Zack & Miri Make a Porno - M/16  
Let The Right One In - M/16  
Night at the Museum 2 - M/12

Fly Me to the Moon - M/6  
King of California - M/12  
Angels & Demons - M/12  
The Edge of Love - M/12  
Star Trek - M/12  
Cidade dos Homens - M/12  
X-Men Origins: Wolverine - M/12

New in Town - M/12  
The International - M/12  
Knowing - M/12  
The Ruins - M/16  
Fast & Furious - M/12  
Max & Co. - M/6  
Monsters vs Aliens - M/4

M/4 - Suitable for audiences aged four years and over  
M/6 - Suitable for audiences aged six years and over  
M/12 - Suitable for audiences aged 12 years and over  
M/16 - Suitable for audiences aged 16 years and over  
M/18 - Suitable for audiences aged 18 years and over





## HIGHLIGHTS



**VALE DO LOBO (ALMANCIL)** - from June 5 to July 28 - Vale do Lobo Art Gallery will display a unique collection of abstract pieces by talented Portuguese artist João Paramés (Above: *Flutuar* - acrylic on canvas 100cmx105cm) - Widely considered as one of the most talented and promising Portuguese artists of his generation, João Paramés was born in 1978 in Lisbon and first studied at the National Society of Fine Arts in Lisbon, later acquiring a degree in painting from the ARCA - Coimbra University of Arts. His successful participation in a number of exhibitions at galleries and open spaces throughout the country quickly propelled him to the attention of the Portuguese art scene, providing the platform he required to later demonstrate his unique style and natural flair at various prestigious exhibitions in France, Germany and Canada - This latest exhibition at the Vale do Lobo Art Gallery presents a collection of abstract scenes by João Paramés, which easily transport the viewer to a world of fantasy through a masterful blend of intensity of colour, shapes and forms, and as the artist's first exhibition in the resort, it is certain to attract a great deal of attention - The João Paramés exhibition - organised in collaboration with the São Lourenço Cultural Centre - Free entrance Monday to Saturday from 10h00 to 19h00 - A full programme of events at Vale do Lobo is available from the Resort Reception - T. 289 353 322, E-mail: [events@vdl.pt](mailto:events@vdl.pt)

**QUARTEIRA** - Until June 14 - 3rd Quarteira Gastronomy Show 'Sabores a beira-mar' (Seashore Flavours '09) - Quarteira welcomes you to this festival rich for its gastronomy traditions and intimate relation with the sea - the perfect setting for you to taste the best fish and shellfish of the region - For more information on the restaurants participating, location and menus, please visit the website: [www.cm-loule.pt](http://www.cm-loule.pt) or pick up a copy of the festival guide at any tourist office around the Algarve.

**ALMÁDENA (LAGOS)** - June 13 and 14 (Sat & Sun) - Campeonato Nacional de TREC at Centro Hípico Tiffany's - Le TREC (Técnicas de Randonnée Equestre de Compétição) has its origin in France, in the 1980s and was accepted into the Federação Equestre Portuguesa (F.E.P.) legislation in 2004. This is a competition in which each particular horse and rider is evaluated over three distinct sections. Orienteering and Control of speed (PQR), which tests the competence of the rider in orienteering techniques and the compliance of the horse. The competitor has to follow a set route marked on a topographical map, at controlled speeds. Control of Paces (MA), which tests the speed of the horse in the two gaits: canter and walk. The competitor has to firstly canter along a marked corridor as slowly and collectedly as possible and then return within the same corridor at a walk, with as long and fast a stride as possible. Course over Varied Terrain (P.T.V.), which tests the confidence, honesty, manageability and balance of the horse, as well as its obedience to the rider's commands. The competitor has to ride a course overcoming difficulties simulating those that could occur when riding through the countryside, within an optimum time. These sections together have been designed to train a horse and rider in the qualities necessary for safe riding into the country and competitive riding in the country (TREC), leading to the improvement and energising of equestrian tourism in general. Please see the Programme and more information on: <http://www.teamtiffany.com/Prog13-14Junho.pdf>

## ALCANTARILHA

## UNTIL JUNE 15

**Painting Exhibition by Anabela Aiveca** - Capela das Artes Art Gallery - The art gallery is open Tuesday to Sunday, 16h00 to 21h00 - Espaço Cultural de Alcantarilha, Apartado 101, Quinta da Cruz, E.N. 125 - T. 282 320 200 - F. 282 320 209 - [www.capeladasartes.com](http://www.capeladasartes.com)

## ALMANCIL

## JUNE 6

Chef Jonnie Pratt will be cooking up a South African storm for a very good cause at the Bistrot des Z'Artes - For a all inclusive price of €40 / person you can enjoy a 7 course meal with wonderful South African wine

## JUNE 10 &amp; 13

**Concert by Trio Pangea** composed by Bruno Belthoise (pianist), Adolfo Rascón Carbajal (violinist) and Teresa Valente Pereira (cellist) - works from Bach, Lopes-Graça, Freitas Branco, Honegger and Shostakovich and a variety of pieces by Hieaux, Shostakovich and Fauré - 19h30 - Centro Cultural S. Lourenço - located next to the Church - Entry €25 (wine and canapés will be served from 19h00 and during the interval)

## UNTIL JUNE 30

**Exhibition opening includes new work by Ivan Ulmann, Jessica Dunn and four other artists** - Studio GT on Rua de Vale Formoso - Prime Wine, cheese & pickle from 6pm until 8pm - T. 289 391 566

## FARO

## JUNE 9

**Tangos & Tragédias (Tangos & Tragedies) - Show with Music, humour and theatre by Nico Nicolaiwsky & Hique Gomez** - 22h00 - Teatro das Figuras - 289 888 100 - [www.tgeatromunicipaldefaro.pt](http://www.tgeatromunicipaldefaro.pt)

## JUNE 19 TO 21

**15th Motorcycle Meeting** - Sítio da Mata Lobos - More information on [www.cm-faro.pt](http://www.cm-faro.pt)

## JUNE 14 &amp; 21

**Jazz at the Gazebo of Jardim Manuel Bivar** - [www.cm-faro.pt](http://www.cm-faro.pt)

## LAGOA

## JUNE 12, 13 &amp; 14

**The Algarveans present 'Glorious!' - A Comedy in English by Peter Quilter directed by Jenny Grainer** - Play about Florence Foster Jenkins, the vocally challenged American soprano with Siân in the starring role - 12th & 13th: 20h00; 14th: 17h00 - Bookings 282 789 608 / 289 561 594 - €10 (€5 Students)

## DAILY

**Quinta dos Vales** - Wine and art - Quinta dos Vales - Sítio dos Vales, Caixa P. 112, 8400-031 Estoril (near Lagoa) - T. 282431036 - F. 282431189 - [quintadosvales.eu](http://quintadosvales.eu)

[www.the-news.net](http://www.the-news.net)

## SOUTH

## LAGOS

## UNTIL JUNE 10

**'Impressions of Portugal' Exhibition of watercolours and oils by Clive Cook** - 'Armazém Regimental 1' gallery on Praça Infante D. Henrique - Open daily from 11am to 8pm.

## UNTIL JUNE 30

**14 years later... Art exhibition MALA at the Slavemarket** - from 16.-30.Oct. 2009, in Barão de S. João at Florestal restaurant, and [www.aidanbremner.com](http://www.aidanbremner.com). Contacts: 00351-919211557, [annegret.aidan@sapo.pt](mailto:annegret.aidan@sapo.pt).

## MONDAYS

**The New Orleans Jazz Band** - Free concert - 20h30 - Tivoli Hotel - Rua Vasco da Gama - T. 289 591 804

## LOULÉ

## UNTIL JUNE 20

**Solo Photo Exhibition by Raul Morgado** - chá d'Arte Tea Room and Art Gallery - Open Mon-Fri: 13h00-20h00; Sat: 10h30-20h00; Closed Sundays - D. Pedro I Square, nº 5, 6 - 964 628 735

## PADERNE

## UNTIL JUNE 30

**Exhibition 'Perfectly Small Paintings at Perfectly Affordable Prices'** by 20 talented international artists at the Picture box, a new gallery space of Corte-Real art gallery - also available are selected pottery, sculptures, organic products and produce also available - Fri & Sat: 11h-19h; Thu & Sun: 11h-17h - Signs from Boliqueime, Ferreiras and Paderne - T. 918 980 199 / 912 737 762

## PERA

## UNTIL OCT 22

**'Discoveries' International Sand Sculpture Festival** - Construction site on road to Algoz - Open daily from May 22 to October 22 - 10h00 and 24h00 - T. 969 459 259 - [www.fiesa.com](http://www.fiesa.com)

## PORTIMÃO

## TUESDAYS

**The New Orleans Jazz Band** - Mariner's Bar/Restaurant - Rua Santa Isabel - 914 806 310

## TAVIRA

## UNTIL JUNE 28

**Exhibition 'RAP' (Robotic Action Painter) - A Portuguese Robot created by Leonel Moura** - RAP creates original drawings and decides when the work is completed and signs in the lower right corner of the painting - Palácio da Galeria Educacional Services of Tavira Municipal Museum - 281 320 500 (Ext. 324) - [edu.museus@cm-tavira.pt](mailto:edu.museus@cm-tavira.pt)

## NORTH

## JUNE 7

**Internationally acclaimed Portuguese pianist Sequeira Costa in Concert accompanied by Orquestra Nacional do Porto conducted by Jean-Pierre Wallez** - Works from Mendelssohn, Schumann and Edvard Grieg - 18h00 - Sala Suggia de Casa da Música - T. 220 120 214

## JUNE 19

**Concert in commemoration of the 50th anniversary of Conductor Álvaro Cassuto's career by Orquestra do Norte conducted by Álvaro Cassuto and at the piano António Rosado** - Coliseu do Porto - 21h30 - T. 223 394 940

## UNTIL JUNE 20

**'Invasion' Drawing Exhibition by Craig Atkinson** - Galeria Dama Afíla - Rua da Picaria, 84 - T. 927 203 858 - [www.damaafila.com](http://www.damaafila.com)

## CENTRE

## DAILY

**Casino Estoril** - Shows, games, concerts, lots of entertainment and Art Gallery - Info: [estoril@estoril-sol.com](mailto:estoril@estoril-sol.com) 214667700 - 214825400

## GOLEGA

## UNTIL MAY 31

**Paintings & Etchings by Mary St. George** - Galeria de Arte 'João Pedro Veiga' - Rua D. João IV, 2150 Golega - T. 249 979 000 - Tue-Sun (closed Mon & holidays) - 9h30-18h00 - [www.zhibit.org/marystgeorge](http://www.zhibit.org/marystgeorge)

## LISBON

## UNTIL JUNE 7

**CIRQUE DU SOLEIL / VAREKAI 2009** - Grand Chapiteau, Parque Tejo, Passeio dos Heróis do Mar, lote 6.18P, Sacavém/Loures (after Vasco da Gama bridge) - From €29 - €64 / children - Tue-Fri: 21h30; Sat: 17h30 & 21h30; Sun: 16h30 & 20h30

## UNTIL JUNE 15

**78th Lisbon Book Fair** - Parque Eduardo VII - 132 participants with 203 pavilions (11 dedicated to children) - [www.feiradolivrodelisboa.pt](http://www.feiradolivrodelisboa.pt)

## JUNE 20

**Concert by Calouste Gulbenkian Orchestra** - Open Air Amphitheatre - Calouste Gulbenkian Foundation - Av. de Berna 45A - T. 217 823 000

## PORTO

## DAILY

**Casa da Música**: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 - Tickets can be bought until 10 minutes before the visit - Price: € 2; Free for children under 12 - T. 220 120 214 - Av. da Boavista, 604-610 [www.casadamusica.com](http://www.casadamusica.com)

## DAILY

**Serralves Foundation**: Visits to the exhibitions - Sat: 17h-20h; Sun: 12h-13h - to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h - to the park Sun: 11h-12h - Visits are free on the purchase of an entrance ticket to the museum - Rua D. João de Castro, 210 - T. 226 156 584 - [www.serralves.pt](http://www.serralves.pt)

[www.the-news.net](http://www.the-news.net)

## ARRAILOS

## JUNE 5 TO 14

**'The Carpet is on the Street Arraiolos '09'** Exhibitions, Shows, speeches, theatre, street entertainment, etc. - Câmara Municipal de Arraiolos - Praça Lima e Brito - T. 266 490 240 / 266 490 257 / [www.cm-arraiolos.pt](http://www.cm-arraiolos.pt)

## CASCAIS

## DAILY

**Cascais Cultural Centre** - Concerts, shows, exhibitions, & other events. - shops, coffee shop & terrace - Open: 10h00-18h00 (Closed Mon) - Av. Rei Humberto II de Itália - 214848900

## DAILY

**Sea Museum - Rei D. Carlos** - Rua Júlio Pereira da Mello in Cascais - 214825400

## ESTORIL

## JUNE 6 &amp; 7

**Drama Production in English 'Family Interrupted' written by Bárbara Menezes Ferreira** - Casino Estoril - 19h30 (If you miss the beginning, you will miss the point !!!) - Price: €10 (€8 children under 12 yrs) - Reservations: 917 301 613 - [jal-ta@hotmail.com](mailto:jal-ta@hotmail.com) (leave name & phone number)

[www.the-news.net](http://www.the-news.net)

## LISBON SUMMER CONCERTS:

**June 9 - Lisbon Calling** - 19h00 - Pop/Rock - Pavilhão Atlântico - **June 18 - Dream Theater & Guests** - Metal/Progressive - 21h00 - Coliseu dos Recreios - **June 25 & 28 - Mamma Mia** - at 21h15 & 16h00 - Musical - Pavilhão Atlântico - **June 27 - Elton John** in concert - British singer and song writer - Restelo Stadium - **July 4 - Kylie Minogue** - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 22 - Eagles** 'Long Road out of Eden' - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 25 - Anastacia** - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 30 - Leonard Cohen** - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 31 - Seal** in concert - 22h00 - Seal, the most popular soul vocalist of the decade - Tickets: €20, €60 - Cascais Hippo-drome.

Events may be cancelled, delayed or fail to live up to their billing. Send us your events to [copy@the-news.net](mailto:copy@the-news.net) by Tuesday before publication.

TICKETS: Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: [www.pavilhaoatlantico.pt](http://www.pavilhaoatlantico.pt); [www.ticketline.pt](http://www.ticketline.pt) | Phone numbers: Ticketline 707 234 324



6.00 Breakfast. (T) 9.30 Saturday Kitchen. (T) 11.00 BBC News; Weather. (T) 11.10 Formula 1: Turkish Grand Prix - Qualifying. This afternoon's session at Istanbul Park. (T) 1.15 The Derby. Live coverage of the 3.45 Investec Derby (1m 41 10yds). (T) 4.20 D-Day 65: The Veterans Return. (T)

6.00 BBC News; Regional News; Weather. (T) 6.15 Outtake TV. Anne Robinson presents a collection of celebrity blunders from some of the BBC's major shows, including Extras, EastEnders and Cranford. (R) (T)

6.45 Robin Hood. As Gisborne makes good his escape from Isabella, he bumps into Robin - but before they can do battle, a mysterious stranger takes the pair of them captive and relates to them the story of their traumatised childhoods. The sworn enemies discover they have a shocking connection - but nothing can prepare them for the revelation yet to come. Dean Lennox Kelly guest stars. (T)

7.30 Totally Saturday. New series. Entertainment show, hosted by Graham Norton, in which unsuspecting members of the public have pranks played on them. One person from the studio audience will also race in a life-sized hamster wheel in a bid to win cash prizes, and a family gets the chance to win a luxury holiday. In this programme, Lionel Richie performs his latest single Forever and classic hit Dancing on the Ceiling, and Boyzone help Graham spring some surprises. (T)

8.30 The National Lottery Draws. More fortunes are made as the balls are set rolling and the all-important results of the Thunderball, Dream Number and Lotto draws are revealed. (T)

8.40 Casualty. When Jeff learns his estranged wife plans to remarry and move away with his children, his bad mood is made worse by paramedic staffing shortages. As he and Polly respond to a variety of hoax calls and genuine emergencies - including a heart attack and an explosion - he takes it out on his young colleague. (T)

9.30 Michael McIntyre's Comedy Roadshow. New series. Travelling around some of the UK's most prestigious venues, Michael McIntyre showcases the comedy circuit's finest stand-up performers, with each episode featuring a headline and three up-and-coming acts. He begins by introducing Rhod Gilbert at the Edinburgh Playhouse, with support from Mark Watson, Stewart Francis and Kevin Bridges. (T)

10.15 BBC News; Weather. (T) National Lottery Update. (T)

10.35 FILM: Signs (2002). Sci-fi thriller, starring Mel Gibson. (T)

12.15 Derby Highlights. (T) 12.45 Friday Night with Jonathan Ross; (R) (T) Weatherview. (T) 1.50 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Funky Fables. (R) (T) 7.15 Eliot Kid. (R) (T) 7.30 Dinosapien. (R) (T) 7.50 Wolverine and the X-Men; (R) (T) The Owl. (R) (T) 8.15 Sportsround. (R) (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Frankenstein's Cat. (R) (T) 9.00 Sorry, I've Got No Head. (R) (T) 9.30 Hotel Trouble; (R) (T) Diddy Dick & Dom. (R) (T) 10.00 Transmission Impossible with Ed and Ocho. (T) 11.30 Young Dracula. (R) (T) 12.00 BBC Switch: Sound. (T) 12.35 BBC Switch: Class of 2008 - Graduated. (R) (T) 1.10 BBC Switch: Class of 2008 - Graduated. (R) (T) 1.40 BBC Switch: Revealed. (T) 2.00 Live French Open Tennis. The women's final at Roland Garros in Paris. (T) 4.30 BBC Cardiff Singer of the World Preview 2009. (T) 5.00 Empire of Cricket. (R) (T) 6.00 Off by Heart. (R) (T) 7.30 Planet Earth. The team witnesses the largest chimpanzee group in the world defending its territory against rivals in Uganda's Ngogo Forest, and seeks out other highly evolved creatures. (R) (T) 8.30 Dad's Army. The platoon is spooked. (R) (T) 9.00 Have I Got a Bit More News for You. Ruth Jones hosts the satirical quiz. (T) 9.45 Arena: TS Eliot. Documentary about the celebrated but secretive American-born poet. (T) 11.15 Cricket: ICC World Twenty20. (T) 12.15 FILM: Overlord (1975). World War Two drama, starring Brian Stiller. (R) 1.35 FILM: Dr Terror's House of Horrors (1965). Horror anthology, starring Peter Cushing. (T) 3.10 Inside F1. (T) 3.25 Close.

## Pick of the Day

### International Football (ITV1, 10pm)

England resume their quest to reach the 2010 World Cup with their sixth Group Six qualifier, travelling to the Almaty Central Stadium to face Kazakhstan. Fabio Capello holds a perfect record of five wins from five qualifiers and, with Andorra to come on Wednesday at Wembley Stadium, the chance is there to put to rest any doubts about his side making it to South Africa next year. The teams met for the first time in October last year, when England took control after a goalless first half to win 5-1 at Wembley, a victory which included two goals from Manchester United striker Wayne Rooney. The likes of Rooney and domestic team-mates Rio Ferdinand and Michael Carrick, along with the Chelsea stars who played in the FA Cup final, may not be at their freshest after a long season, but anything less than another three points would be a surprise against the Kazakhs, who lost their last home match 5-1 against Belarus. Capello's main selection pacer will be who to play in goal, following injuries to David James and Ben Foster in recent weeks.

## C4

5.55 Inuk. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 World Sport. 7.30 British F3 International Series. 8.00 The Morning Line. (T) 8.55 T4: Yo Gabba Gabba. (T) 9.25 T4: Friends. (R) (T) 9.55 T4: One Tree Hill. (T) 10.55 T4: Kasabian: Live T4 Special. (T) 11.25 T4: Big Brother. (R) (T) 12.30 T4: Being. (R) (T) 1.00 T4: Scrubs. (R) (T) 1.30 T4: Scrubs. (R) (T) 2.00 Channel 4 Racing from Doncaster and Musselburgh. Including the 3.20 Tote Scottish Sprint Cup H'cap Stakes (5f). (T) 3.30 The TV Show. (T) 4.00 Coach Trip. (R) (T) 4.30 Coach Trip. (R) (T) 5.00 Coach Trip. (R) (T) 5.30 Coach Trip. (R) (T) 6.00 Coach Trip. (R) (T) 6.30 Channel 4 News. (T) 7.00 Bear Grylls: Born Survivor. The former soldier tests his skills in the Yukon area of Canada, where he battles across a glacial wasteland and treacherous white water, before sheltering in an abandoned mine. (T) 8.00 ER. New series. The department deals with the aftermath of the ambulance explosion. (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 Bill Bailey Tinseltown. The comedian performs stand-up routines from Wembley Arena at the end of his UK tour, featuring his unique brand of humour and including films and animation by film-maker Joe Magee. (T) 11.05 Big Brother's Big Quiz. (R) (T) 12.10 4Music: Wireless Festival 2008. (R) (T) 1.40 Big Brother Live. 4.00 Afterword: The Beginning. (R) (T) 4.30 Scrapheap Challenge. (R) (T) 5.25 Countdown. (R) (T)

## FIVE

6.00 Sunrise. 7.00 Milkshake!: Milkshake! Music Box. (R) (T) 7.05 Franklin. (R) (T) 7.30 Hana's Helpline. (R) (T) 7.45 Olivia. (R) (T) 8.00 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.15 Animal Families. (R) (T) 8.30 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 Mist: Sheepdog Tales. (T) 9.00 Roary the Racing Car. (R) (T) 9.15 Rupert Bear. (R) (T) 9.30 The Milkshake! Show. (R) (T) 10.00 The Grid. (T) 10.30 Fifth Gear Shortcuts. (R) (T) 10.45 The Gadget Show Summer Special. (R) (T) 11.45 Oil Riggers. (R) (T) 12.45 D-Day: The Ultimate Conflict. (R) (T) 2.50 FILM: The Black Hole (1979). Sci-fi adventure, starring Maximilian Schell. (T) 4.35 FILM: The Next Karate Kid (1994). Martial arts adventure, starring Pat Morita. (T) 6.35 Five News. (T) 6.45 FILM: Return of the Magnificent Seven (1966). One of the team of gunfighters is kidnapped, prompting his former comrades to ride to the rescue. Western sequel, with Yul Brynner and Robert Fuller. (T) 8.30 NCIS. A private investigator finds the body of a missing Navy officer in a car at the bottom of a lake, and the discovery of a bullet leads to suspicions that the man was murdered. (R) (T) 9.30 CSI: NY. A jewellery appraiser is murdered at an exclusive auction and the team's first suspect is a neo-Nazi previously quizzed over his involvement in a bombing. Edward Asner guest stars. (T) 10.30 Law & Order. (T) 11.30 Crime Scene Academy. (R) (T) 12.00 Quiz Call. 4.05 The Gadget Show. (R) (T) 4.45 Wildlife SOS. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 The Crocodile Hunter Diaries. (R) (T) 10.10 Quincy ME. (R) (T) 11.10 Kojak. (T) 1.55 ITV News and Weather; Weather. (T) 2.00 FILM: Beethoven (1991). Canine comedy, starring Charles Grodin. (T) 3.35 FILM: Twins (1988). Comedy, with Arnold Schwarzenegger and Danny DeVito. (T)

5.30 London Tonight; Weather. (T) 5.45 ITV News and Weather. (T) 6.00 You've Been Framed! Harry Hill narrates a selection of camcorder calamities. (R) (T)

6.30 Athletes Do the Funniest Things. Video clips of unusual games and stories from the world of sport, including Britain's oldest football referee and a boxing pensioner. (R) (T)

7.30 Primeval. Danny, Connor and Abby return to the future as they race to stop Helen wiping out the whole of humanity, coming under attack from raptors and pterosaurs along the way. The former policeman follows Cutter's wife to the Rift Valley, where he finds a family of dead hominids and faces the prospect of arriving too late, as well as being trapped in the past for ever. Jason Flemyng stars. Last in the series. (T)

8.30 All Star Mr & Mrs. Game show, with singer Jimmy Osmond, EastEnders actor Rita Simons and snooker maestro Willie Thorne and their partners. Fern Britton and Phillip Schofield present. (T)

9.30 Mumbai Calling. Kenny's ride to work in a taxi driven by a maniac is the least of his worries as the launch of a new service for drivers in the UK is a complete disaster. Meanwhile, after Terry accepts Dev's offer of accommodation she finds herself sharing a bed with three of his relatives, but once Kenny learns the pair are not in a relationship, he hatches a plan to help them out of their awkward situation. Sanjeev Bhaskar stars. (T)

10.00 International Football. Kazakhstan v England. Steve Rider presents highlights of the World Cup Group Six qualifier at the Almaty Central Stadium. The sides met for the first time in October last year, when England took control after a goalless first half to win 5-1 at Wembley Stadium, a victory that included two goals from Manchester United striker Wayne Rooney. Fabio Capello's men had since defeated Belarus and Ukraine to lead the group by five points after their opening five matches. Commentary by Peter Drury and David Pleat. (T)

11.00 ITV News and Weather; Weather. (T) 11.15 FILM: Blue Velvet (1986). David Lynch's thriller, with Dennis Hopper. (T)

1.35 Six Degrees; (R) (T) ITV News Headlines. 2.20 FILM: Kaleidoscope (1966). Comedy thriller, starring Warren Beatty. (T) 4.00 ITV Nightscreen.

## LOCAL

### RTP1

0630 Children TV 0800 Bom Dia Portugal 1100 Portugal Sem Fronteiras 1300 News 1415 Top+ 1530 Film 1900 O Preço Certo 2000 News 2105 Voz do Cidadão 2130 Duelo Final 2230 TIBA 0000 Collateral Damage, film 0200 Close to Home, series 0330 Top+ 0430 Teleales

### RTP2

0700 Euronews 0800 África 7Dias 0830 Noticias de Portugal 0900 Open University 1000 Zig Zag 1230 Children's Film 1345 Zig Zag 1400 Parlamento 1500 Sports 1900 Entre Pratos 1945 The Class, series 2030 The Boy Who Can't Stop Running 2145 A Hora da Sorte 2200 News 2240 Eternal Sunshine of the Spotless Mind, film 0030 McCabe & Mrs Miller, film 0230 Sports 0615 Euronews

### SIC

0600 Etnias 0645 Sic Kids 0830 Disney Kids 1000 Power Rangers 1030 Programa da Lucy 1200 Planet Earth 1300 News 1400 Episódio Especial 1500 Film 1715 Football 1900 News 1945 Football 2145 Tá a Gravar 2315 Guinness, O Mundo dos Recordes 0015 Film 0230 Quando o Telefone Toca

### TVI

0700 Children TV 0930 Smackdown, wrestling 1030 Campeões e Detectives 1115 Deluxe 1215 Antevésio 1300 News 1400 Film 1600 Film 1800 Morangos com Açúcar 2000 News 2115 Deixa Que Te Leve 2215 Flor do Mar 2315 Olhos nos Olhos 0015 Anacondas, film 0230 Sempre a Somar 0400 Law & Order: Special Victims Unit, series 0530 Teleales

## Best of the Rest

### BBC3

7.00 Football Gaffes Galore 7.30 Match of the Day Live 9.45 Film: Lara Croft: Tomb Raider - The Cradle of Life 12 (2003) 11.35 Live at the Apollo 12 2003 Family Guy 12.40 American Dad! 1.05 Bizarre Animal 1.35 Football Gaffes Galore 2.05 Blood, Sweat and Takeaways 3.05 How to Rob a Bank 4.00 Bizarre Animal 4.30 The Real Hustle 4.45 The Real Hustle 5.00 Close

### BBC4

7.00 D-Day Remembered 7.15 News 44 - D-Day 7.30 D-Day Remembered 7.45 D-Day: Turning the Tide 8.35 D-Day Remembered 8.50 D-Day 9.20 D-Day Remembered 9.35 D-Day to Berlin - Newsnight Special 10.35 Keep on Running: 50 Years of Island Records 12.05 Island at the BBC 1.05 Terry Jones' Barbarians 2.05 How the Celts Saved Britain 3.05 How the Celts Saved Britain 4.05 Close

### ITV2

1.15 The Planet's Funniest Animals 1.40 Britain's Got More Talent 2.40 Britain's Got More Talent 3.40 America's Got Talent 5.35 America's Got Talent 7.30 Britain's Got More Talent: Most Talented 8.30 Film: Jurassic Park PG (1993) 10.55 Film: 2 Fast 2 Furious 12

All the latest headlines at [www.the-news.net](http://www.the-news.net)

THE PORTUGAL NEWS

(2003) 1.05 Britain's Got More Talent: Most Talented 2.05 Ricki Lake 2.45 Teleshopping 5.45 ITV2 Nightscreen

**Sky1**  
1.00 Don't Forget the Lyrics 2.00 Boyzone Live 3.00 Gladiators G Zone 3.15 Film: The Sorcerer's Apprentice PG (2001) 5.00 American Gladiators 6.00 Guinness World Records Smashed! 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Lie to Me 10.00 Lie to Me 11.00 Lie to Me 12.00 Road Wars 1.00 Road Wars 1.55 The Villa 2.50 Drugs Wars: DEA 3.45 Weeds 4.20 Road Wars 4.45 Bite Size Brainiac 5.05 Brainiac: Science Abuse

### GOLD

1.30 Only Fools and Horses 3.15 Only Fools and Horses 3.55 Only Fools and Horses 4.35 Only Fools and Horses 5.15 Only Fools and Horses 5.55 Only Fools and Horses 6.35 Only Fools and Horses 7.15 Only Fools and Horses 9.00 Jonathan Creek 10.10 Film: Ace Ventura: Pet Detective 12 (1993) 11.45 French and Saunders 12.25 The Fall and Rise of Reginald Perrin 1.05 The Fall and Rise of Reginald Perrin 1.45 Close Up 2.05 The New Statesman 2.35 The New Statesman 3.00 Close

### TCM

1.00 Seven Brides for Seven Brothers U (1954) 3.00 Jack Frost PG (1998) 5.00 Meet Me in St Louis U (1944) 7.10 To Trap a Spy PG (1966) 9.00 The Big Red One 1.5 (1980) 11.05 The Hunger 18 (1983) 1.00 The Big Red One 1.5 (1980) 3.00 A Day at the Races U (1937) 5.00 Mutiny on the Bounty PG (1935)

**The Disney Channel**  
Kids' programmes from 7am

### Sky Movies Drama

6.30 Love N' Dancing 12 (2008) 8.10 The Top 10 Show 8.30 Silkwood 15 (1983) 10.45 Instinct 15 (1999) 1.00 Reign Over Me 15 (2007) With Adam Sandler. 3.15 We Are Marshall PG (2006) With Matthew McConaughey. 5.30 The Top 10 Show 5.50 Dead Man Walking 15 (1995) With Susan Sarandon. 8.00 Reign Over Me 15 (2007) With Adam Sandler. 10.10 Hope Floats PG (1998) With Sandra Bullock. 12.10 Taxi Driver 18 (1976) With Robert De Niro. 2.10 Gridlock'd 18 (1997) With Tupac Shakur. 3.50 SMM 4.20 Miracle in the Woods PG (1997)

### Sky Movies Comedy

6.05 I Wanna Hold Your Hand PG (1978) 7.50 King Ralph PG (1991) 9.30 Meet the Smiths 12 (2008) 11.00 Evan Almighty PG (2007) With Steve Carell. 12.45 Knocked Up 15 (2007) With Seth Rogen. 3.00 Blades of Glory 12 (2007) With Will Ferrell. 4.40 King Ralph PG (1991) With John Goodman. 6.20 Evan Almighty PG (2007) With Steve

Carell. 8.00 Meet the Spartans 12 (2008) With Sean Maguire. 9.30 Knocked Up 15 (2007) With Seth Rogen. 11.45 Eddie Murphy: Raw 18 (1987) No-holds-barred stand-up. 1.20 Blades of Glory 12 (2007) With Will Ferrell. 3.00 Eddie Murphy: Raw 18 (1987) No-holds-barred stand-up. 4.35 I Wanna Hold Your Hand PG (1978)

### Sky Movies Action/Thriller

7.00 The Librarian: Return to King Solomon's Mines PG (2006) 8.45 Daylight 12 (1996) 10.50 Ghost Rider 12 (2007) 12.50 Die Hard 4.0 15 (2007) With Bruce Willis. 3.10 Jaws 2 PG (1978) With Roy Scheider. 5.10 Jaws: The Revenge 12 (1987) With Michael Caine. 7.00 Ghost Rider 12 (2007) With Nicolas Cage. 9.00 Die Hard 4.0 15 (2007) With Bruce Willis. 11.10 End of Days 18 (1999) With Arnold Schwarzenegger. 1.15 Delta Force 18 (1990) With Chuck Norris. 3.15 Magnum Force 18 (1973) 5.30 The Librarian: Return to King Solomon's Mines PG (2006)

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## BBC1

6.00 Breakfast. (T) 9.00 The Andrew Marr Show. (T) 10.00 The Big Questions. (T) 11.00 The Politics Show. (T) 12.10 Formula 1: Turkish Grand Prix. Race seven from Istanbul Park (Start-time 1.00pm). (T) 3.20 EastEnders. (T)

5.15 Points of View. Jeremy Vine champions viewers' opinions on BBC programmes from the past week. (T)

5.30 Songs of Praise. The importance of Trafalgar Square in British history. (T)

6.05 Last of the Summer Wine. Hobbo learns that Howard and Toby are unhappy with their love lives. (T)

6.35 BBC News: Regional News; Weather. (T)

7.00 Countryfile. Matt Baker and Julia Bradbury visit the Chilterns in south-east England to celebrate the 20th anniversary of the reintroduction of red kites, with the hills now being home to 600 pairs. John Craven investigates why millions of tons of waste are being left to rot in landfill sites rather than being used to create energy, and Adam Henson gets to grips with sheep shearing. Plus, a marine conservation officer tries to find out why the UK's harbour seal population is in sharp decline. Includes Weather for the Week Ahead. (T)

8.00 Hope Springs. New series. Comedy drama about four female fugitives who lie low by buying a run-down hotel in a remote Scottish village. Sian Reeves, Alex Kingston and Christine Bottomley star. (T)

9.00 The Apprentice. After 11 gruelling weeks, the two finalists now have three days to each create a box of chocolates with original flavours and launch the product to an audience of more than 100 industry experts. Some of this year's fired candidates return to offer their services as Sir Alan and eagle-eyed advisers Nick Hewer and Margaret Mountford look out for the kind of business acumen that will win one of the two remaining contestants their dream job as The Apprentice. Last in the series. (T)

10.00 The Apprentice: You're Hired. Alan Sugar is joined by this year's winner, runner-up and a panel including Jonathan Ross and Ruby Wax to discuss his final decision. Adrian Chiles hosts. Last in the series. (T)

11.00 BBC News; Weather. (T)

11.15 Cricket: ICC World Twenty20. England v Pakistan and Scotland v South Africa. Manish Puri presents highlights of the respective Group B and Group D matches at the Oval. (T)

12.15 The Sky at Night. (T) 12.35 FILM: Ooh, You Are Awful (1972). Comedy, starring Dick Emery. (T) Weatherview. (T) 2.15 Sign Zone: Everest ER. (R) (T) 2.45 Sign Zone: Holby City. (R) (T) 3.40 Sign Zone: English Heritage. (R) (T) 4.40 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: ChuckleVision. (R) (T) 7.15 ChuckleVision. (R) (T) 7.30 Dinosauiers; (R) (T) Diddy Dick & Dom. (R) (T) 8.00 The Legend of Dick & Dom. (R) (T) 8.30 MI High; (R) (T) The Owl. (R) (T) 9.00 Escape from Scorpion Island. (T) 10.00 Something for the Weekend. (T) 11.30 Rachel's Favourite Food for Living. (R) (T) 12.00 Animal Park. (R) (T) 1.00 Escape to the Country. (R) (T) 2.00 Live French Open Tennis. The men's final at Roland Garros. (T) 6.00 FILM: Carry On Loving (1970). A seedy dating agency owner and his long-suffering wife arrange a series of unlikely matches. Comedy, starring Sid James and Hattie Jacques. (T) 7.30 European Elections 09. (T) 8.00 South Pacific. Examining the struggle for survival in the region's isolated islands, where some animals are under constant threat from other species and the unpredictable elements. (T) 9.00 Empire of Cricket. The sport's role in establishing a cohesive Caribbean society, one that helped heal the social and political divisions created by an apartheid-based system, and subsequently paved the way for the unified West Indian teams that dominated the game in the 1970s and 1980s. Following a 20-year period of sustained success the Windies went into decline, a fall that even the presence of the great Brian Lara could not prevent. Includes interviews with Viv Richards, Garry Sobers, Clive Lloyd, Michael Holding, David Gower and Richie Benaud. (T) 10.00 European Elections 09. (T) 1.00 BBC News. (T) 4.40 The Super League Show. (T) 5.40 Close.

## Pick of the Day

## The Apprentice (BBC1, 9pm)

It's easy to mock the contestants in this series for their apparent lack of business acumen, but let's be honest, how many of us would really be able to rise to the challenge if we were given less than 48 hours to design and market an entirely new piece of fitness equipment or come up with a cartoon character to sell breakfast cereal? No wonder Alan Sugar believes it to be 'the job interview from hell' - and that one hopeful chose to drop out before filming had even begun. However, after 11 gruelling weeks, the end is in sight as the finalists face their toughest challenge yet. They have just three days to create and brand a new box of chocolates before launching it to an audience of more than 100 industry experts. They won't be going it alone though, as some of this year's fired candidates will be returning to help them - even if, in some cases, they may be more than a hindrance. The series' unsung heroes, Margaret Mountford and Nick Hewer, will also be on hand to keep and eye on the proceedings, but it will all up to Sugar to decide who gets to hear the words 'you're hired'. The tycoon's choices have sometimes surprised viewers, so don't make the mistake of thinking this one is going to be easy to predict.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 World Superbikes. (R) 7.30 Freesports on 4. (T) 8.00 Ocean Race. (R) (T) 9.00 T4: Friends. (R) (T) 9.30 T4: Big Brother. (R) (T) 10.30 T4: Hollyoaks. (T) 1.00 T4: Big Brother's Little Brother. (T) 2.05 T4: The Big Bang Theory. (R) (T) 2.40 T4: Smallville. Clark encounters the last survivor of the Veritas group. (T) 3.40 T4: The Simpsons. (R) (T) 4.15 T4: The Simpsons. (R) (T) 4.45 Deal or No Deal. (T) 5.30 Supermann USA. (T) 6.30 Channel 4 News. (T) 7.00 Bremner, Bird and Fortune: The Last Show Before the Recovery. New series. Satirical send-ups and sketches, with Rory Bremner, John Bird and John Fortune. (T) 8.00 Celebrity Wife Swap. New series. Comedian Rhona Cameron trades places with Viv Boardman. (T) 9.00 The Secret Millionaire. Successful businesswoman Kavita Oberoi swaps her lavish lifestyle to live undercover in Ladywood, Birmingham, an area with one of the highest unemployment rates in the country. (R) (T) 10.00 Big Brother. Highlights from the housemates' past 24 hours inside the Big Brother compound. (T) 11.40 8 Out of 10 Cats. (R) (T) 12.20 4Music: Kasabian: Live T4 Special. (R) (T) 12.55 4Music: 4Play: Placebo. (T) 1.05 Freesports on 4. (R) (T) 1.30 Big Brother Live. 4.00 Afterworld. (R) (T) 4.25 4Sport: Destination 2012. (R) (T) 5.20 Countdown. (R) (T)

## FIVE

6.00 Sunrise. (T) 7.00 Milkshake!: Angels of Jarm. (R) (T) 7.05 Milkshake! Music Box. (R) (T) 7.10 Franklin. (R) (T) 7.35 Hana's Helpline. (R) (T) 7.45 Olivia. (R) (T) 8.00 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.15 Animal Families. (R) (T) 8.25 Bert and Ernie's Great Adventures. (R) (T) 8.30 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 Mist: Sheepdog Tales. (T) 9.00 Roary the Racing Car. (R) (T) 9.15 Rupert Bear. (R) (T) 9.30 Gerald McBoing Boing. (R) (T) 10.00 Michaela's Wild Challenge. (R) (T) 10.30 Everybody Hates Chris. (R) (T) 11.00 Build a New Life in the Country. (R) (T) 12.00 Helicopter Warfare. (R) (T) 1.00 Mean Machines. (R) (T) 1.35 FILM: The Captive Heart (1946). Wartime drama, starring Michael Redgrave. (T) (bw) 3.35 FILM: The Battle of the V1 (1958). World War Two adventure, with Michael Rennie. (T) (bw) 5.40 FILM: Cats & Dogs (2001). Comedy, starring Jeff Goldblum. (T) 7.10 Five News. (T) 7.15 FILM: Jackie Chan's First Strike (1996). A kung-fu-fighting cop is framed for murder while trying to find a missing nuclear warhead. Martial arts adventure, with Jackie Chan and Jackson Lou. (T) 9.00 FILM: Hard Luck (2006). A reformed drug dealer is hounded by the police, the Mafia and two serial killers. Crime thriller, starring Wesley Snipes and Cybill Shepherd. (T) 10.55 FILM: Sniper 2 (2002). Thriller, starring Tom Berenger. (T) 12.35 NHL Ice Hockey. Detroit Red Wings v Pittsburgh Penguins. 1.50 NBA Basketball. Live coverage of game two of the NBA Finals.

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 Coronation Street. (T) 11.40 ITV News and Weather; Weather. (T) 11.45 Wish You Were Here: Now & Then. (T) 12.20 Dream Homes. (T) 1.20 Dickinson's Real Deal. (R) (T) 2.20 FILM: Columbo: The Bye-Bye Sky-High IQ Murder Case (1977). Crime drama, starring Peter Falk. (T) 3.50 The World's Got Talent. (R) (T) 4.50 FILM: Police Academy 5: Assignment Miami Beach (1988). Comedy sequel, starring Bubba Smith. (T)

6.30 London Tonight; Weather. (T)

6.45 ITV News and Weather. (T)

7.00 Heartbeat. An accountant and his family crash into a tractor after being chased down a country lane by another car. Mason is suspicious of them and investigates the incident, discovering they are on the run from a gangster who has arrived in Aidsfield determined to retrieve incriminating documents at any cost. Meanwhile, David buys an old Jeep with a surprising military history. Starring Joe McFadden. (T)

8.00 Stephen Tompkinson's African Balloon Adventure. New series. The Wild at Heart star journeys across Africa in a hot-air balloon, observing wildlife and meeting people who work to preserve animal habitats, beginning in Serengeti National Park, Tanzania. The actor crash-lands into dense vegetation and is rescued by the local Maasai, before he practises his veterinary skills back on terra firma. Stephen then takes a tribal chief for a ride in his balloon and treks through Rwanda's dense forests in search of mountain gorillas. (T)

9.00 Kingdom. New series. Peter tries to help an injured Iraq War veteran come to terms with his future and Beatrice adjusts to motherhood in her own way. With Stephen Fry and Hermione Norris. (T)

10.00 Ladies of Letters. New series. Comedy based on the books and radio series by Carole Hayman and Lou Wakefield, about two widows swapping recipes and sarcasm by post. Anne Reid and Maureen Lipman star. (T)

10.30 ITV News and Weather; Weather. (T) 11.00 The Unforgettable Larry Grayson. Tribute to the comedian and game show host who was hailed as an overnight success at the age of 51 and became famous for his catchphrases and camp performances. (R) (T)

11.35 Crossing Jordan. A high-stakes gambler dies on board a casino's plane. (T)

12.25 It's My Life. (R) (T) 1.15 The Costly Mysteries. (R) (T) 2.05 Quirky ME. (R) (T) ITV News: Headlines. 3.00 60 Minute Makeover. (R) (T) 3.50 Mediterranean Nightmares: Tonight. (R) 4.15 ITV Nightscreen.

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## LOCAL

**RTP1**  
0630 Children TV 0800 Bom Dia Portugal 1000 Mass 1100 Mudar de Vida 1130 T2 Para 3 "Remodelado" 1200 Desafio Verde 1230 Destinos.pt 1300 News 1415 Sô Visto! 1530 Prison Break, series 1615 Terminator: The Sarah Connor Chronicles, series 1700 TBA 1845 Casamentos de Santo António 1900 TBA 2300 Film 0100 Home, documentary 0230 Mundial 2010: Magazine 0345 Telesales 0530 Euronews 0605 Nôs

**RTP2**  
0700 Euronews 0730 África@Global 0800 Músicas de África 0900 Caminhos 0930 70x7 1000 Nôs 1100 Da Terra ao Mar 1130 Consigo 1200 Vida por Vida 1230 Olhar o Mundo 1300 Wild Orphans 1330 Tiananmen, The Forbidden Memory 1415 Voz do Cidadão 1430 Sports 1900 Arte e Emoção 1930 Alma e a Gente 2000 The Simpsons 2100 The Hottest Place on Earth 2200 News 2230 Câmara Clara 2350 Britcom 0530 Onda Curta 0150 Sports 0530 Euronews

**SIC**  
0630 Sic Kids 0845 Disney Kids 1015 Power Rangers 1045 Tween Box 1200 BBC Wild Life 1300 News 1400 Fama Show 1445 Disney Film 1630 Film 1815 Film 2000 European Election Special 2330 Film 0200 Quando o Telefone Toca

**TVI**  
0700 Children's TV 0930 O Bando dos Quatro 1030 Hannah Montana 1115 Mass 1300 News 1400 Film 1800 Film 1800 Film 2000 News 2200 Uma Canção Para Ti 0115 Sempre A Sonar 0230 Film 0430 The Office, series 0500 Telesales 0630 Todos Iguais

## Best of the Rest

**BBC3**  
7.00 Formula 1: Turkish Grand Prix 8.00 Film: Lara Croft: Tomb Raider - The Cradle of Life 12 (2003) 9.50 Out-Takes 10.00 Little Britain Abroad 10.30 Little Britain Abroad 11.00 Family Guy 11.20 American Dad! 11.45 Idle 12.15 Blood, Sweat and Takeaways 1.15 The Real Hustle on Holiday 1.45 The Real Hustle on Holiday 2.15 Formula 1: Turkish Grand Prix 3.15 Blood, Sweat and Takeaways 4.10 Ideal 4.40 The Real Hustle on Holiday 5.10 Out-Takes 5.20 Close

**BBC4**  
7.00 North and South 8.00 Everest ER9.00 Storyville: Blindsight 10.40 Stranded! The Andes Plane Crash Survivors: Storyville 12.35 Sir Gawain and the Green Knight 1.35 Everest ER 2.35 Storyville: Blindsight 4.15 Close

**ITV2**  
2.15 Gossip Girl 3.15 All Star Mr & Mrs 4.15 The Planet's Funniest Animals 4.40 Primeval 5.40 Film: The Mummy Returns 12 (2001) 8.00 Britain's Got More Talent: Most Talented 9.00 Supernatural 10.00

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

Katie & Peter: Stateside 11.00 Britain's Got More Talent: Most Talented 12.00 Film: Guncrazy 15 (1992) 1.55 Teleshopping 4.55 ITV2 Nightscreen

1.00 Lito to Me 2.00 Lito to Me 3.00 Lito to Me 4.00 Bones 5.00 Futurama 5.30 Futurama 6.00 The Simpsons 6.30 The Simpsons 7.00 Don't Forget the Lyrics 8.00 Guinness World Records Smashed! 9.00 House 10.00 House 11.00 Lito to Me 12.00 Night Cops 1.00 Road Wars 1.50 Road Wars 2.45 The Villa 3.40 Drugs Wars: DEA 3.45 Weeds 5.10 Brainiac: Science Abuse

**GOLD**  
1.35 Only Fools and Horses 3.25 Only Fools and Horses 4.05 Only Fools and Horses 6.05 Only Fools and Horses 7.10 Only Fools and Horses 9.00 Film: Ace Ventura: Pet Detective 12 (1993) 10.35 Blackadder Exclusive: The Whole Rotten Saga 12.40 The Fall and Rise of Reginald Perrin 1.20 The Fall and Rise of Reginald Perrin 2.10 The New Statesman 2.35 The New Statesman 3.00 Close

**TCM**  
1.00 Assignment to Kill 15 (1969) 3.00 A Little Romance PG (1979) 5.10 The Wizard of Oz PG (1939) 7.10 Protocol PG (1984) 9.00 Any Given Sunday 15 (1999) 12.00 Scarecrow 18 (1973) 2.20 Any Given Sunday 15 (1999) 5.00 Mary, Mary PG (1963)

**The Disney Channel**  
Kids' programmes from 7am, except: 4.00 Film: Bridge to Terabithia PG (2006) Fantasy drama, starring Josh Hutcherson.

## MOVIES

## Sky Movies Drama

6.00 One True Thing 15 (1998) 8.15 American Graffiti PG (1973) 10.15 Mask 15 (1985) 12.15 August Rush PG (2007) With Freddie Highmore. 2.15 The Bucket List 12 (2008) With Jack Nicholson. 4.00 The Siege 15 (1998) With Denzel Washington. 6.00 No Reservations PG (2007) With Catherine Zeta-Jones. 8.00 The Bucket List 12 (2008) With Jack Nicholson. 9.45 Perfect Stranger 15 (2007) With Halle Berry. 11.45 Vanishing Point 18 (1971) With Barry Newman. 1.45 In Dreams 18 (1999) With Annette Bening. 3.30 The Movie Geek 4.00 The End of Eden PG (1996) 5.40 The Top 10 Show

## Sky Movies Comedy

6.20 Magicians 15 (2007) 7.55 House of Strangers PG (1991) 9.40 Over Her Dead Body 12 (2008) 11.20 Epic Movie 12 (2007) With Kal Penn. 1.00 Semi-Pro 15 (2008) With Will Ferrell. 2.40 Wild Hogs 12 (2007) With John Travolta. 4.30 House of Strangers PG (1991) With Steve

Martin. 6.15 Over Her Dead Body 12 (2008) With Eva Longoria Parker. 8.00 Epic Movie 12 (2007) With Kal Penn. 9.35 Semi-Pro 15 (2008) With Will Ferrell. 11.10 Wild Hogs 12 (2007) With John Travolta. 12.55 Magicians 15 (2007) With Robert Webb. 2.30 Kenny 15 (2006) With Shane Jacobson. 4.20 Legal Eagles PG (1986)

## Sky Movies Action/Thriller

7.10 35MM 7.40 The Return of the Musketeers PG (1989) 9.35 Next 12 (2007) 11.15 Lake Placid 15 (2000) With Bill Pullman. 12.45 Die Hard 18 (1988) With Bruce Willis. 3.00 The Top 10 Show 3.20 Twister PG (1996) With Helen Hunt. 5.20 Next 12 (2007) With Nicolas Cage. 7.00 Double Jeopardy 15 (1999) With Ashley Judd. 9.00 Predator 18 (1987) With Arnold Schwarzenegger. 10.50 Die Hard 18 (1988) With Bruce Willis. 1.05 Lake Placid 15 (2000) With Bill Pullman. 2.35 Two Days in the Valley 18 (1996) With Danny Aiello. 4.30 The Return of the Musketeers PG (1989)

## SPORT

## Sky Sports 1

6.00 Aerobics Oz Style 6.30 Premier League World 7.00 FIFA Futbol Mundial 7.30 ICC World Twenty20 9.30 Cricket Writers on TV 11.00 International Football 1.00 Live ICC World Twenty20. Scotland v South Africa. 5.00 Live ICC World Twenty20. England v Pakistan. 9.25 Live International Football. Peru v Ecuador (Kick-off 9.30pm). 11.30 FIFA Futbol Mundial 12.00 WWE Vintage Collection 1.00 Live WWE Wrestling. The Extreme Rules event at the New Orleans Arena. 4.00 Max Power 5.00 Powerboating 5.30 Wild Spirits

## Sky Sports 2

6.00 Max Power 7.00 Darts 11.00 Wild Spirits 11.30 Racing News 12.00 Live European Tour Golf. The Celtic Manor Wales Open. 5.00 Spirit of Golf 5.30 Powerboating 6.00 Watersports World 7.00 Live Darts. The semi-finals and final of the UK Open. 11.00 ICC World Twenty20 1.00 Darts 3.00 Close

## Sky Sports 3

6.00 Watersports World 7.00 WWE: Afterburn 8.00 WWE Vintage Collection 9.00 International Rugby Union 11.00 International Rugby Union 1.00 Live Darts. The quarter-finals of the UK Open. 5.00 WWE: Experience 6.00 Mountain Bike World 6.30 Wild Spirits 7.00 Live NASCAR. The Pocono 500. 11.30 WWE: Late Night - Afterburn 12.30 Golf Night 2.30 Watersports World 3.30 Close

## British Eurosport

7.30 French Open Breakfast 7.45 Game, Set and Mats 8.15 International Football 9.00 International Football 10.00 International Football 10.45 Live Porsche Super Cup. The Turkish Grand Prix in Istanbul. 11.30 International Football 12.15 French Open Tennis 1.15 Live French Open Tennis. The men's final at Roland Garros. 4.00 Game, Set and Mats 5.00 Live Cycling. The Critérium du Dauphiné Libéré. 6.00 Live Football. Egypt Under-20s v Holland Under-20s (Kick-off 6.00pm). 7.45 Cycling 8.15 French Open Tennis 10.10 Game, Set and Mats 10.40 Motorsports Weekend 10.55 World Superbikes 12.00 Motorsports Weekend 12.10 International Football 1.00 Close

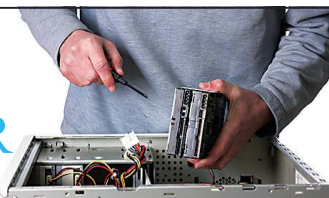
## Sky Sports Xtra

6.00 Mountain Bike World 6.30 Wild Spirits 7.00 Super League 9.00 Premier League Years 11.00 Indy Car Series 1.00 Premier League Years 3.00 Indy Car Series 5.00 Live Masters Football. The Northern Masters. 8.00 Golf Night 10.00 Masters Football 1.00 Indy Car Series 3.00 Close

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## BBC1

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather; Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.35 Raven: The Dragon's Eye. (R) (T) 4.05 Beat the Boss. (R) (T) 4.35 MI High. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. General knowledge quiz, with Anne Robinson, as members of the public answer questions in the hope of winning a cash prize. (T)

6.00 BBC News: Weather. (T)  
6.30 Regional News Programmes: Weather. (T)  
7.00 The One Show. Adrian Chiles and Christine Bleakley present the live show, with their team of roving reporters uncovering topical stories across the UK. (T)

7.30 Everest EK. Doctors at the mountain's base camp clinic situated on the Khumbu Glacier treat the first major frostbite case of the season, and UK scouts head for summit glory. (T) BBC News; Regional News. (T)

8.00 EastEnders. The return of Whitney's mother threatens to tear the teenager and Bianca apart. Ronnie takes drastic action to move forward in her life, while Chelsea feels increasingly out of her depth with Theo. Christian and Zainab clash over their businesses, while Syd goes on a disastrous date with Parveen. (T)

8.30 Panorama. As Iran prepares to elect a president beneath the gaze of its Ayatollah and supreme leader, Jane Corbin asks whether Barack Obama's recent plea for greater understanding will be heeded. (T)

9.00 **Ashes to Ashes.** Gene learns crooked cops are going to interrupt a bullion robbery and steal the gold for themselves - a discovery that gives him the chance to root out corruption in the force once and for all. Meanwhile, the arrival of an attractive woman highlights the cracks in his relationship with Alex, who is making him doubt her trustworthiness as she becomes more certain her future life is about to end. Last in the series. (T)

10.00 BBC News. (T)  
10.25 Regional News: Weather. (T)  
10.35 FILM: Cinderella Man (2005). Fact-based drama, starring Russell Crowe; (T) Weatherview. (T)

12.55 Sign Zone: South Pacific. (R) (T) 1.55 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 2.25 Sign Zone: The Unsellables. (R) (T) 2.55 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Beat the Boss. (R) (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Henry's Wives with Terry Deary. (T) 11.10 Primary Literacy. (T) 11.40 Let's Write Non-Fiction. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Tennis from Queen's. The AEGON Championships. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 South Pacific. Examining the struggle for survival in the region's isolated islands. (R) (T) 8.00 Springwatch 2009. Simon King reveals Wales' most spectacular seabird colony. (T) 9.00 Who's Watching You? The uses of modern surveillance. Last in the series. (T) 10.00 Have I Got News for You. Gavin & Stacey's Ruth Jones hosts the satirical current affairs quiz, with regular team captains Paul Merton and Ian Hislop joined by guest panellists including Clive Anderson. (R) (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Cricket: ICC World Twenty20. (T) 12.20 The Apprentice. (R) (T) 1.20 BBC News. (T) 2.55 Close. 4.00 BBC Learning Zone. (T)

## Pick of the Day

## Ashes to Ashes (BBC1, 9pm)

Obviously, any programme which involves a police officer being shot in 2008 and waking up in 1981 is going to require a certain suspension of disbelief, but for some viewers, the most troublesome part of this series isn't the fact that Alex Drake has apparently gone back in time. Instead, they spend most weeks wondering how she manages to hold down a high-ranking, high-pressure job in the Met while speaking in riddles, frequently going into dazes and trying to communicate with Roland Rat. In this episode, the last in the series, her behaviour finally gets so odd that even Gene realises something is wrong, and begins to wonder whether he can trust her not to ruin a potentially huge case. The team have received information suggesting a major gold bullion heist is about to take place - and that a group of cops are intending to intercept the thieves and steal the spoils for themselves. It's a chance to finally put a stop to the corruption that's threatening the force, but with Alex worrying that she's not going to get home and Gene's head turned by an attractive, uncomplicated new arrival, is there a chance that Drake and Hunt's increasingly fractured relationship will tear the team apart first? Kasey Hawes, Philip Glenister, Dean Andrews, Marshall Lancaster and Eva Birthistle star.

## C4

6.05 The Hoobs. (R) (T) 6.30 Big Brother's Little Brother. (R) (T) 7.30 Big Brother. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 Lifeproof TV. (R) (T) 10.30 Vocation, Vocation, Vocation; (R) (T) Burning Questions. (R) (T) 11.00 Tricky Business; (R) (T) Burning Questions. (R) (T) 11.35 TV Is Dead? (R) (T) 12.00 News at Noon. (T) 12.30 Stop Modern Pastimes. (R) (T) 12.50 Life Begins Again. (R) (T) 1.50 FILM: Anne of the Indies (1951). High-seas adventure, starring Jean Peters. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Venice Biennale 2009. New series. Waldemar Januszczak reports from art exhibition the Venice Biennale. (T) 8.00 Dispatches: Crash Gordon. How Gordon Brown has handled the biggest recession in 75 years. (T) 9.00 The World's Greatest Musical Prodigies. New series. Composer Alexander Prior recruits gifted young musicians from around the world. (T) 10.00 Big Brother. Highlights from the housemates' past 24 hours inside the Big Brother compound. (T) 11.10 Celebrity Wife Swap. (R) (T) 12.10 4Music Intros: The Yeah Yous. (T) 12.20 4Music Intros: Remi Nicole. (T) 12.30 4Music: Global Gathering 2008. (T) 1.00 NY-LON. (R) (T) 2.00 Big Brother Live. 4.00 Channel 4 Education. (T)

## FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racehorse. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roobarb and Custard Too. (R) (T) 7.00 The WotWots. (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 House Doctor. (R) (T) 12.15 House Doctor. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.05 The Family Recipe. (R) (T) 3.15 FILM: The Colt (2005). Period adventure, starring Ryan Merriman. (T) 5.00 Five News with Natasha Kaplinsky; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 RSPCA: On the Frontline. (R) (T) 7.00 Five News at 7. (T) 7.30 Chris Barrie's Massive Speed. Chris examines a range of fighting ships, from 17th-century galleons to modern vessels packed with firepower and hi-tech gadgetry. (R) (T) 7.30 Five News Update. (T) 8.00 Fifth Gear. New series. David Coulthard competes in an extreme van-driving challenge; (T) 8.00 Five News at 9.30 Extraordinary People: Real Wolf Kids. Two children suffering from 'werewolf syndrome'. Last in the series. (T) 10.00 Banged Up Abroad. A South African couple taken hostage by Islamic extremists. (T) 11.05 FILM: The Shrink Is In (2001). Romantic comedy, starring Courteney Cox and David Arquette. (T) 12.50 NASCAR. 1.50 US PGA Golf. (T) 2.40 Indy Car Series. (T) 3.30 FIM Motocross. (T) 4.20 NBA. 5.00 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show in which three contestants work together to answer up to 15 general knowledge questions and split a cash prize three ways. Hosted by Andrew Castle. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Aaron takes revenge on Andy after Clyde is found trapped inside a barn at Butler's Farm, Debbie angers Cain by inviting Andy to Sarah's birthday party, and Eli spies on Lizzie. (T)

7.30 Coronation Street. Gary arranges an alibi for the burglary, but Ted is able to identify him as the culprit. Steve persuades Betty to return to the Rovers, leaving Poppy trying to assert her authority. (T)

8.00 Cornershop Crunch Time: Tonight - Part One. Part one of two. Mark Jordan examines the challenges facing independent convenience stores as they are threatened by supermarket growth, recession and fears about increased crime. Concludes Friday. (T)

8.30 Coronation Street. Anna is relieved to learn Gary did not assault Ted when she tries to apologise to him for her son's actions. David hides Joe's pills until he realises how much pain he is in. (T)

9.00 My Child Won't Sleep. Cathy Hill, one of the UK's leading experts on child sleep disorders, tries to help three families whose lives are being ruined by their children's sleeping problems. The programme features eight-year-old Harry Salt, who falls asleep during the day but wakes at night, a three-year-old whose sleepwalking, night terrors and multiple waking are threatening her parents' relationship, and a six-year-old who gets just three hours' rest. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.35 Dating the Enemy. A party lover who prides herself on her stamina to keep going all night spends four days dating a tri-athlete who trains every day and rarely drinks alcohol. (T)

11.05 FILM: Bird on a Wire (1990). Comedy chase thriller, starring Mel Gibson. (T)

1.05 Nightwatch with Steve Scott: Crime; (R) ITV News Headlines. 1.55 Loose Women. (R) 2.45 The Jeremy Kyle Show. (R) (T) 3.40 ITV Nightscreen.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

## LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1515 Sange no Meu Sange 1630 Portugal no Coração 1800 Portugal em Directo 1900 Preço Certo 2000 News 2100 Especial Informação 2145 Duelo Final 2245 Casamentos de Santo António 2300 TBA 0130 The Killing Fields, film 0215 Saved, series 0300 Prova de Amor 0345 Telesales 0605 Nôvas

**RTP2**  
0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 The Hottest Place on Earth 1700 Zig Zag 1830 A Fé dos Homens 1900 Mundo de Vida 1945 Zig Zag 2045 Everybody Hates Chris, series 2115 National Geographic 2145 A Hora da Sorte 2200 News 2240 ER, series 0300 Noites das Doís 0100 Universidades 0130 Diga Lá. Excelência 0230 EuroNews 0500 Sociedade Civil

**SIC**  
0600 Sic Notícias 0900 Ligo, Ganho 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãs 1900 Nós por Cá 2000 News 2130 Salvo-se Quem Puder 2230 Caminho das Índias 2345 Podia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando a Telefone Toca 0430 Ciranda de Pedra

**TVI**  
0700 Diário da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0015 Dr. House, series 0115 Angela's Eyes, series 0230 Sempre a Somar 0400 Law & Order: Special Victims Unit, series 0530 Telesales

## Best of the Rest

**BBC3**  
7.00 Doctor Who 7.45 Robin Hood 8.30 The Real Hustle on Holiday 9.00 Gavin & Stacey 9.30 Bizarre Animal ER 10.00 EastEnders 10.30 Ideal 11.00 Family Guy 11.25 Family Guy 11.50 Gavin & Stacey 12.20 Home & Corden 12.50 Ideal 1.20 The Real Hustle on Holiday 1.50 Make My Body Younger 2.50 Bizarre Animal ER 3.20 My Life As an Animal 4.20 Blood, Sweat and Takeaways 5.20 Close

**BBC4**  
7.00 World News Today 7.00 Weather 7.30 BBC Cardiff Singer of the World 2009 9.00 A Poet's Guide to Britain 9.30 The Sky at Night 10.00 Storyville: Angels of Rio 11.00 Day Remembered 11.15 News 44 - D-Day 11.30 D-Day Remembered 11.45 D-Day: Turning the Tide 12.35 D-Day Remembered 12.50 D-Day 1.20 D-Day Remembered 1.35 D-Day to Berlin - Newsnight Special 2.35 BBC Cardiff Singer of the World 2009 4.05 Close

**ITV2**  
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 Primeval 8.00 The Chopping Block 9.00 I'm a Celebrity Get Me Out of Here! USA 11.00 Coronation Street 11.30 Coronation Street 12.00 I'm a Celebrity Get Me Out of Here! USA 2.00 Teleshopping 5.00 ITV2 Nightscreen

**Sky1**  
1.00 Project Catwalk 2.00 UK Border Force 3.00 Bones 4.00 Oops TV 4.30 Malcolm in the Middle 5.50 Malcolm in the Middle 5.30 Ooops TV 6.00 Futurama 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Ross Kemp in Search of Pirates 10.00 Miami SWAT 11.00 Road Wars 12.00 Road Wars 1.00 Road Wars 1.50 The Villa 2.45 Stargate SG-1 3.40 Stargate SG-1 4.30 Gladiators G Zone 4.40 Airline 5.05 Project Catwalk

**GOLD**  
1.00 My Family 1.40 After You've Gone 2.20 Ever Decreasing Circles 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 The Brittas Empire 5.00 As Time Goes By 5.40 Last of the Summer Wine 6.20 Last of the Summer Wine 7.00 My Family 7.40 After You've Gone 8.20 Blackadder Exclusive: The Whole Rotten Saga 10.20 Early Doors 11.00 Steptoe and Son 11.40 A Bit of Fry and Laurie 12.20 Early Doors 1.00 Ever Decreasing Circles 1.40 The New Adventures of Old Christine 2.10 The New Statesman 2.35 The New Statesman 3.00 Close

**TCM**  
1.00 The Bobo PG (1967) 3.00 Great Catherine U (1968) 5.00 Drum Beat PG (1954) 7.05 The Story of Mankind U (1957) 9.00 Boogie Nights 18 (1997) 12.00 Cannery Row 12 (1982) 2.25 Off Set 3.00 Bachelor in Paradise PG (1961) 5.00 The FBI Story PG (1959)

**The Disney Channel**  
Kids' programmes from 7am

## MOVIES

## Sky Movies Drama

6.00 Oneing 12 (1999) 8.00 Becoming Jane PG (2006) 10.15 Candles on Bay Street PG (2006) 12.00 A Soldier's Story 15 (1984) With Howard E. Rollins Jr. 1.45 Amazing Grace PG (2006) With Ioan Gruffudd. 3.45 The Evening Star 15 (1996) With Shirley MacLaine. 6.00 Georgia Rule 15 (2007) With Jane Fonda. 8.00 The Truman Show PG (1998) With Jim Carrey. 10.00 Varsity Blues 15 (1999) With Jon Voight. 11.50 What's Love Got to Do with It 18 (1993) With Angela Bassett. 1.50 The Astronaut's Wife 18 (1999) With Johnny Depp. 3.50 35MM 4.20 To Be Fat Like Me PG (2007)

## Sky Movies Comedy

6.20 Patch Adams 12 (1998) 8.20 Special Delivery 12 (2008) 10.00 Mama's Boy 12 (2007) 11.40 Stopl Or My Mom Will Shoot PG (1992) With Sylvester Stallone. 1.10 Forgetting Sarah Marshall

15 (2008) With Jason Segel. 3.10 The Hottie and the Nottie 12 (2008) With Paris Hilton. 11.35 School for Scoundrels 12 (2006) With Billy Bob Thornton. 1.20 Mama's Boy 12 (2007) With Jon Heder. 3.00 Patch Adams 12 (1998) With Robin Williams. 5.00 Special Delivery 12 (2008)

Marshall 15 (2008) With Jason Segel. 10.00 The Hottie and the Nottie 12 (2008) With Paris Hilton. 11.35 School for Scoundrels 12 (2006) With Billy Bob Thornton. 1.20 Mama's Boy 12 (2007) With Jon Heder. 3.00 Patch Adams 12 (1998) With Robin Williams. 5.00 Special Delivery 12 (2008)

## Sky Movies Action/Thriller

6.25 35MM 6.55 Letters from Iwo Jima 15 (2006) 9.25 Final Analysis 15 (1992) 11.45 Die Hard with a Vengeance 15 (1995) With Bruce Willis. 2.05 Breach 12 (2007) With Chris Cooper. 4.10 Black Sunday 15 (1977) With Robert Shaw. 6.45 Die Hard with a Vengeance 15 (1995) With Bruce Willis. 9.00 Road House 18 (1989) With Patrick Swayze. 11.00 Rambo 18 (2008) With Sylvester Stallone. 12.35 The Brave One 18 (2007) With Jodie Foster. 2.40 The Corruptor 18 (1999) With Chow Yun-Fat. 4.35 NYC: Tornado Terror 12 (2008)



## SPORT

## Sky Sports 1

6.00 Good Morning Sports Fans 9.00 International Football 11.00 Darts 1.00 Live ICC World Twenty20. Bangladesh v Ireland. 5.00 Live ICC World Twenty20. Australia v Sri Lanka. 9.30 Time of Our Lives 10.30 Powerboating 11.00 ICC World Twenty20 1.00 Soccer AM: The Best Bits 2.00 Time of Our Lives 3.00 FIFA Futbol Mundial 3.30 Watersports World 4.30 Max Power 5.30 FIFA Futbol Mundial

## Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 ICC World Twenty20 9.00 Golf Night 11.00 Masters Football 2.00 International Football 4.00 Darts 6.00 Sailing 6.30 Powerboating 7.00 The Irish Golfer 7.30 Live Speedway. Peterborough Panthers v Coventry Bees. 9.30 Wild Spirits 10.00 Poker 12.00 Speedway 2.00 Poker 4.00 ICC World Twenty20

## Sky Sports 3

10.00 WWE: Bottom Line 11.00 WWE: Afterburn 12.00 WWE: Vintage Collection 1.00 WWE: Experience 2.00 WWE: Bottom Line 3.00 WWE: Afterburn 4.00 WWE: Vintage Collection 5.00 WWE: Raw 7.00 WWE: Smackdown 9.00 WWE: Wrestling 12.00 WWE: Vintage Collection 1.00 Max Power 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

## British Eurosport

7.30 Motorsports Weekend 7.45 Game, Set and Mats 8.15 International Football 9.45 French Open Tennis 10.45 French Open Tennis 12.30 Live ATP Tennis. The AEGON Championships. 7.40 ATP Tennis 9.40 Le Mans F1 9.55 Cycling 10.50 Cycling 11.20 MotoGP 12.30 Close

## Sky Sports Xtra

11.00 Aerobics Oz Style 11.30 Racing News 12.00 NASCAR 2.00 Golf Night 4.00 NASCAR 6.00 Masters Football 9.00 International Football 11.00 Ocean Adventures 11.30 Sailing 12.00 The Irish Golfer 11.30 Powerboating 1.00 Ocean Adventures 1.30 Wild Spirits 2.00 The Irish Golfer 2.30 Close

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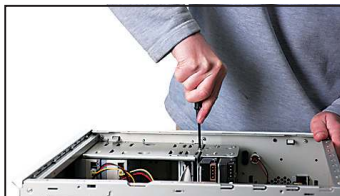
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## BBC1

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather; Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.35 Raven: The Dragon's Eye. (R) (T) 4.05 Richard Hammond's Blast Lab. (R) (T) 4.35 Blue Peter. (T) MyWish. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson oversees the back-stabbing general knowledge quiz, as contestants try to weed out the weaklings and walk off with a cash prize. (T)

6.00 BBC News: Weather. (T)  
6.30 Regional News Programmes: Weather. (T)  
7.00 The One Show. Adrian Chiles and Christine Bleakley present the live topical show about the concerns of the British nation and uncover stories of people in extraordinary circumstances. The series includes regular features by historian Dan Snow and consumer expert Dominic Littlewood. (T)

7.30 EastEnders. Bianca is left out in the cold as Whitney and Debra's bond grows stronger, while Zainab forges a plan to keep an eye on Syed and Parveen - but ends up getting caught out. Tanya catches a helping hand from Max when Jack encourages her rent and Lucas encourages Chelsee not to give up on Theo. (T) BBC News: Regional News. (T)

8.00 Holly City. Surprise guests take the gloss off Faye and Joseph's wedding as the bride struggles to reconcile with her estranged parents and the groom learns a secret from the nuptials. Jac is left in charge of AAU and the supervision of two new trainee doctors, a brother and sister pairing who suffer as a result of her frustration at events on the Byrne estate. (T)

9.00 Living with Monkeys: Tales from the Treetops. Part one of two. Primatologist Julie Anderson and writer Guy Grieve spend five weeks living in a specially constructed treehouse high above Gabon's rainforest floor, aiming to study the rarely seen red-capped mangabey monkeys in their natural habitat. Their determination pays off when Julie locates the primates' main feeding zone and films them sleeping in the wild. (T) BBC News. (T)

10.05 Regional News: Weather. (T)  
10.35 FILM: Lady in the Water (2006). Premiere. Fantasy, starring Bryce Dallas Howard. (T) Weatherview. (T)

12.20 Sign Zone: See Hear. (R) (T) 12.50 Sign Zone: Keep It in the Family. (R) (T) 1.50 Sign Zone: Calendar Girls: 10 Years On. (R) (T) 2.50 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 3.20 Sign Zone: The Unsellables. (R) (T) 3.50 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Mortified. (R) (T) Sam and Mark's Guide to Dodging Disaster. (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: KS2 Science Clips. (T) 11.10 KS2 Science Clips. (T) 11.20 Let's Write a Story. (T) 11.40 Emotional Literacy. (T) 11.50 Emotional Literacy. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Tennis from Queen's. The AEGON Championships. (T) 5.15 Escapeto the Country. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 Ian Hislop's Changing of the Bard. Ian Hislop explores the history of the poet of Post Laureate, finding out how previous holders have been chosen and delving into the work written by them while in the role. (R) (T) 8.00 Springwatch 2009. Simon King encounters the red-billed chough in Wales. (T) 9.00 Mary. Queen of Charity Shops. A campaign to obtain quality donations from the public. (T) 10.00 Gerry Robinson's Car Crash. New series. The trouble-shooter examines the problems with Britain's motor industry. (T) 10.30 Newsnight. (T) Weather. (T) 11.20 Cricket: ICC World Twenty20. (T) 12.20 The Apprentice: You're Hired. (R) (T) 1.20 BBC News. (T) 3.50 Close. 4.00 BBC Learning Zone. (T)

## Pick of the Day

## Nature's Fury: Hurricane (ITV1, 8pm)

There are two types of people who chase hurricanes. Some are adrenaline junkies, obsessed with the violent, destructive and deadly forces of nature. The others are photographers, though they will answer to the term 'nutter' in an emergency. Film-maker Chris Terrill knows all about adrenaline, but it is capturing the awesome force of the elements on camera that persuades him to put his life on the line time and again. And tonight, he's willing to risk his safety in the eye of the storm. Despite knowing the life-threatening ferocity of these forces of nature, Chris protects himself with body armour and wearing rain and flying debris, he is there as the hurricane sweeps into a town, submerging it in water, lifting boats onto land and sending trees and cars crashing into buildings. In doing so, he captures rare film of the physical impact of a hurricane that ultimately claimed more than 100 lives and proved to be the third most costly in US history.

## C4

6.00 Cubeze. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 Don't Make Me Angry. (R) (T) 10.30 Vocation. (R) (T) 10.30 Vocation. (R) (T) 10.30 Vocation. (R) (T) 11.00 Tricky Business. (R) (T) 11.00 Tricky Business. (R) (T) 11.35 The Is Dead? (R) (T) 12.00 News at Noon. (T) 12.30 Post Modern Pastimes. (R) (T) 12.45 The City Gardener. (R) (T) 1.20 FILM: Legend of the Lost (1957). Adventure, with John Wayne. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Venice Biennale 2009. Waldemar Januszczak reports from the modern art festival. (T) 8.00 Property Snakes and Ladders. New series. Sarah Beeny revisits developers she has helped in the past. (T) 9.00 I'm Running Sainsbury's. Chief executive Justin King heads for the company's Leeds branch to meet PA announcer Barbara Bentley, who believes the company should introduce sellers to the shop floor. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.05 The Big Bang Theory. (T) 11.40 My Name Is Earl. (R) (T) 12.05 4Music Intros. (T) 12.10 European Poker Tour. 1.10 Big Brother Live. 4.00 Channel 4 Education. (T)

## FIVE

6.00 Milkshake! Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roobarb and Custard Too. (R) (T) 7.00 The WotWots. (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowerlots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.45 Mio Mao. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 Hans & Helene. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 House Doctor. (R) (T) 12.15 House Doctor. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.10 FILM: Baby for Sale (2004). Fact-based drama, starring Dana Delany. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 RSPCA: On the Frontline. (R) (T) 7.00 Five News at 7. (T) 7.30 Highland Emergency. Rescue 177 searches for two climbers stranded on Buachaille Etive Mor. (R) (T) 7.30 Five News Update. (T) 8.00 Secrets of Egypt: Screaming Man. The mysteries of Ancient Egypt, beginning with a 3,000-year-old mummy. (R) (T) 8.00 Five News at 9. 9.00 CSI: Crime Scene Investigation. The team fears a public health emergency may be imminent. (T) 10.00 CSI: Miami. Alex's son is suspected of murder. (R) (T) Five News Update. (T) 11.00 CSI: NY. (R) (T) 12.00 The Shield. (R) (T) 1.00 International Rugby Union. 1.55 NBA Basketball. Live coverage of game three of the NBA Finals. (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show, hosted by Andrew Castle. (T)

6.00 London Tonight: Weather. (T)  
6.30 ITV Evening News: Weather. (T)  
7.00 Emmerdale. Andy's strange mood begins to affect the running of the farm, and Victoria is furious when the farmer upsets Sarah by failing to attend a tea party organised by Diane. Carl is angry to learn Cain is working at the garage, and after being refused a bank loan, begins to plot against him for stealing the Kings' money. Elsewhere, Bob worries Gennie still harbours feelings for him and tries to set the record straight. (T)

8.00 Nature's Fury: Hurricane. Film-maker Chris Terrill braves 100mph winds, 15ft waves and flying debris as he observes two enormous hurricanes in America. Starting in Louisiana, Chris ventures out of his car to capture the full force of Hurricane Gustav when it hits the coast, leaving death and destruction in its wake. Later, Hurricane Ike sweeps into Galveston, Texas, and while an evacuation takes place, Chris heads straight into the path of the storm. (T)

9.00 Ladette to Lady. The girls try to acclimatise themselves to the harsh realities of country life as Eggleston Hall hosts the Zetland Hunt - leaving an emotional Zoe seeking solace in the punch bowl. (T)

10.00 News at Ten and Weather. (T)  
10.30 London News and Weather. (T)  
10.35 Don't Call Me Stupid. Former Conservative Party leader Michael Howard learns about West End musicals as dancer Wayne Sleep tries to share Michael's passion for Liverpool FC. Alexander Armstrong hosts. (T)

11.05 The Truth About Boy Bands. First in a two-part celebration of the groups who over the past 25 years have sung and danced their way into the hearts of millions of teenage girls. The story begins in Eighties America, where producer Maurice Starr was inspired by Sixties and Seventies groups to put together his own manufactured boy band New Kids on the Block. A succession of groups followed, including Take That, East 17, Boyzone, Blue, Busted and McFly. Emma Bunton narrates this affectionate look back at a pop phenomenon. (R) (T) 12.05 Red Bull Air Race. 12.50 Supernatural. (R) (T) 12.50 Red Bull Air Race. 1.40 Loose Women. (R) 2.25 The Jeremy Kyle Show. (R) (T) 3.20 ITV Nightscreen.

## LOCAL Best of the Rest

## RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chermas da Vida 1515 Sangue do Meu Sangue 1630 Portugal no Coração 1800 Portugal em Directo 1905 Preço Certo 2000 News 2100 30 Minutos 2130 Telerural 2200 Dueto Final 2300 Casamentos de Santo António 2305 Serviço da Saúde 0005 Lost, series 0115 The Good Thief, film 0300 Podes de Amor 0445 Teleseleções 0605 Nós

## RTP2

0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 Arquitetarte 1945 Zig Zag 2045 EverybodyHates Chris, series 2115 National Geographic 2200 News 2230 The Mentalist, series 2330 Bairro Alto 0030 Noites da Dois 0100 Câmara Clara 0215 Euronews 0500 Sociedade Civil

## SIC

0600 Sic Notícias 0900 Ligou, Ganhou! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãs 1900 Nós por Cá 2000 News 2130 Salve-se Quem Puder 2230 Caminho das Índias 2345 Pódia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca

## TVI

0700 Diário Da Manhã 1015 Você na TV! 1300 News 1440 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Deixe Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0015 40 Days and 40 Nights, film 0230 Sempre a Somar 0400 Law & Order: Special Victims Unit, series 0530 Teleseleções

## BBC3

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Make My Body Younger 9.00 Blood, Sweat and Takeaways 10.00 EastEnders 10.30 Bizarre Animal 11.00 Family Guy 11.25 Family Guy 11.50 Make My Body Younger 12.50 Blood, Sweat and Takeaways 1.45 Bizarre Animal 1.55 My Life As an Animal 3.15 How to Rob a Bank 4.10 Doctor Who Confidential 4.25 Katie Price: The Jordan Years 5.25 Close

## BBC4

7.00 World News Today 7.00 Weather 7.30 BBC Cardiff Singer of the World 2009 9.00 The Great British Sunday 10.00 The Cult of Sunday Night 10.30 Flight of the Conchords 10.55 The Armstrong & Miller Show 11.25 Make'em Laugh 12.20 Storyville: Angels of Rio 1.20 BBC Cardiff Singer of the World 2009 2.50 Make'em Laugh 3.45 Close

## ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 I'm a Celebrity Get Me Out of Here! USA 8.00 Katie & Peter: Stateside 9.00 Film: Jurassic Park PG (1993) 11.25 Film: American Pie: The Wedding 15 (2003) 1.20 I'm a Celebrity Get Me Out of Here! USA 2.15 Teleshopping 5.15 Ricki Lake 5.55 ITV2 Nightscreen

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## MOVIES

## Sky Movies Drama

6.00 The Russell Girl 12 (2008) 7.45 35MM 8.15 The Trench 15 (1999) 10.00 The Capture of the Green River Killer 11.45 Consenting Adults 15 (1992) With Kevin Kline. 1.30 The Top 10 Show 1.50 Snow Falling on Cedars 15 (1999) With Ethan Hawke. 4.00 Footloose 15 (1984) With Kevin Bacon. 6.00 School Ties PG (1992) With Chris O'Donnell. 8.00 Rendition 15 (2007) With Reese Witherspoon. 10.10 The American President 15 (1995) With Michael Douglas. 12.10 American Gigolo 18 (1980) With Richard Gere. 2.10 I Want You 18 (1998) With Rachel Weisz. 3.45 Gideon PG (1999) 5.30 The Movie Geek

## Sky Movies Comedy

6.40 Expiration Date 12 (2006) 8.20 Romancing the Stone PG (1984) 10.10 Family Show 10.40 To Be or Not To Be PG (1983) 12.30 Life 15 (1999) With Eddie Murphy. 2.30 Romancing the Stone PG (1984) With Kathleen Turner. 4.25 I Think I Love My Wife 15 (2007) With Chris

## Rock. 6.05 To Be or Not To Be PG

(1983) With Mel Brooks. 8.00 Life 15 (1999) With Eddie Murphy. 10.00 American Pie Presents: Beta House 18 (2007) With John White. 11.35 I Think I Love My Wife 15 (2007) With Chris Rock. 1.15 Fear and Loathing in Las Vegas 18 (1998) With Johnny Depp. 3.20 American Pie Presents: Beta House 18 (2007) 4.55 Expiration Date 12 (2006)

## Sky Movies Action/Thriller

6.10 Joe Kidd 15 (1972) 7.50 The Night of the Hunter 12 (1955) 9.35 Flyboys 12 (2006) 12.05 In the Name of the King: A Dungeon Siege Tale 12 (2007) With Jason Statham. 2.15 In the Line of Fire 15 (1993) With Clint Eastwood. 4.35 Turbulence 2: Fear of Flying 15 (1999) With Tom Berenger. 6.30 Blood Diamond 15 (2006) With Leonardo DiCaprio. 9.00 In the Name of the King: A Dungeon Siege Tale 12 (2007) With Jason Statham. 11.10 The Krays 18 (1990) With Gary Kemp. 1.15 Dead Presidents 18 (1995) With Larenz Tate. 3.20 Nighthawks 18 (1981) 5.05 Billion Dollar Brain PG (1967)

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## Sky Sports 1

6.00 Good Morning Sports Fans 9.00 Ocean Adventures 9.30 The Irish Golfer 10.00 ICC World Twenty20 12.00 Wild Sports 12.30 Powerboating 1.00 Live ICC World Twenty20. Holland & Pakistan. 5.00 Live ICC World Twenty20. New Zealand v South Africa. 9.30 Football Asia 10.00 NFL: Total Access 11.00 ICC World Twenty20 1.00 Football Asia 1.30 NFL: Total Access 2.30 ICC World Twenty20 4.30 Football Asia 5.00 Ladies European Tour Golf

## Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 ICC World Twenty20 9.00 POKER 11.00 Speedway 5.00 POKER 3.00 POKER 5.00 NFL: Total Access 6.00 Sailing 6.30 Mountain Bike 7.00 World Football Asia 7.30 Live Greyhound Racing. The Scurry Cup. 10.00 POKER 11.30 Football Asia 12.00 Ladies European Tour Golf 1.00 Pool 2.00 Ocean Race 3.00 European Seniors Tour Golf 4.00 Close

## Sky Sports 3

7.00 Sailing 7.30 The Irish Golfer 8.00 Powerboating 8.30 Wild Sports 9.00 Bowls 11.00 Aerobics Oz Style 11.30 Racing News 12.00 The Irish Golfer 12.30 Ocean Adventures 1.00 Max Power 2.00 Ocean Adventures 2.30 Sailing 3.00 Bowls 5.00 The Irish Golfer 5.30 Powerboating 6.00 Ladies European Tour Golf 7.00 European Seniors Tour Golf 8.00 Bowls 10.00 Sports Unlimited 11.00 European Seniors Tour Golf 12.00 Bowls 12.00 Modern Pentathlon 3.00 Close

## British Eurosport

7.45 Olympic Magazine 8.00 International Football 9.00 International Football 10.00 International Football 10.45 International Football 11.30 ATP Tennis 12.30 Live ATP Tennis. The AEGON Championships. 7.40 ATP Tennis 9.40 Le Mans Flash 9.55 euroCRASH! 10.00 Powerboating 10.30 Cycling 12.10 Motorsports Weekend 12.30 Close

## Sky Sports Xtra

4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 Pool 6.00 Aerobics Oz Style 6.30 360 Series 7.00 Modern Pentathlon 8.00 Ocean Race 9.00 Ladies European Tour Golf 10.00 Sailing 10.30 Modern Pentathlon 11.30 Ocean Adventures 12.00 Sailing 12.30 Sports Unlimited 1.30 Ocean Adventures 2.00 Mountain Bike World 2.30 Sailing 3.00 Close

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.



## BBC1

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather. Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.35 Raven: The Dragon's Eye. (R) (T) 4.05 Paradise Cafe. (R) (T) 4.35 Blue Peter. (T) My Wish. (R) (T) 5.05 Newsworld. (T)

5.15 Weakest Link. Anne Robinson piles on the pressure in another round of the general knowledge contest, where teamwork goes head to head with greed. (R) (T)  
6.00 BBC News: Weather. (T)  
6.30 Regional News Programmes; Weather. (T)  
7.00 The One Show. Magazine show, featuring celebrity interviews and topical reports from across the UK. Presented by Adrian Chiles and Christine Bleakley. (T)

7.30 Animal 24/7. A dog and a cat are rescued after being left home alone, an injured swan gives the RSPCA the runaround and presenter Tom Heap investigates the case of Britain's most prolific egg thief. (T) BBC News: Regional News. (T)

8.00 **Celebrity MasterChef.** New series. Rosie Boycott, Joel Ross and Michael Obiora cook for paying customers at the Cinnamon Kitchen in the first heat of the competition. It is then the turn of Jan Leeming, Jayne Middlemiss and Joe Swift to prepare a meal at Pearl. The two who impress judges Gregg Wallace and John Torode the most will progress to Friday's quarter-final. (T)

9.00 Living with Monkeys: Tales from the Treepots. Primatologist Julie Anderson and writer Guy Grieve conclude their study of a little-known species of monkey in the African rainforest. Julie takes to the trees to get a primate's view of her surroundings and has a nerve-racking encounter with a silverback gorilla, while Guy has a close call with a forest elephant. But all the hard work pays off when Julie finally earns the red-capped mangabeys' trust. (T)

10.00 BBC News. (T)

10.25 Regional News: Weather. (T)

10.35 The National Lottery Draws. More fortunes are made as the balls are set rolling and the all-important results of the Thunderball, Dream Number and Lotto draws are revealed. (T)

10.45 FILM: Insomnia (2002). Thriller, starring Al Pacino and Robin Williams. (T) National Lottery Update and Weatherview. (T)

12.40 Sign Zone: The Incredible Human Journey. (R) (T) 1.40 Sign Zone: Professor Regan's Health Spa. (R) (T) 2.40 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 3.10 Sign Zone: The Unsellables. (R) (T) 3.40 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsworld. (T) 7.30 Hider in the House. (R) (T) 8.00 Mortified. (R) (T) Sam and Mark's take to Dodging Disaster. (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jokers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Alien Empire. (R) (T) 11.30 Daily Politics. (T) 1.00 See Hear. (T) 1.30 Working Lunch. (T) 2.00 Tennis from Queen's. The AEGON Championships. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 Coast. Geographer Nicholas Crane finds out about tidal patterns along the south coast of Wales, and Neil Oliver explores the history of Cardiff coal. (R) (T) 8.00 Springwatch 2009. Simon King investigates a seabird mystery in Wales. Gordon Buchanan checks in with the badgers, and Martin Hughes-Games examines the wider side of a British holiday destination. (T) 9.00 Rick Stein's Memoirs of a Seafood Chef. An account of the restaurateur's career. (R) (T) 10.30 Newsnight. (T) Weather. (T) 11.20 Cricket: ICC World Twenty20. (T) 12.20 BBC News. (T) 3.40 Close. 4.00 BBC Learning Zone. (T)

## Pick of the Day

**Celebrity MasterChef (BBC1, 8pm)**

It's back and, after having a good look at the famous faces taking part, it's bigger than ever. Why anybody would want to put themselves on the line by appearing in Celebrity MasterChef is a mystery. After all, unlike some reality shows, it's not a simple way of boosting your flagging career. Instead, you have to be able to prove you're actually good at something. When it comes to cookery, many of us find boiling an egg tricky, so the stars putting themselves on the line here already deserve a pat on the back. In case you haven't seen the line-up yet, it includes Colin Murray, Simon Shepherd, Janet Ellis, Deena Payne, Iwan Thomas, Rav Wilding, Pete Waterman, Gemma Bissix, Shirley Robertson, Ian Bleasdale, Tracy-Ann Oberman, Brian Moore, Saira Khan, Rosie Boycott, Shobna Gulati, Dennis Taylor, Sian Lloyd, Jan Leeming, Joe Swift and Jayne Middlemiss. Entrants from previous series are also getting a chance to show John Torode and Gregg Wallace that they do know one end of a frying pan from another after all. We're still in the opening week of competition, so it's anybody's guess who'll come out on top — but it should be fascinating finding out how things unfold.

## C4

6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 Lipetoo TV. (R) (T) 10.30 Vocation, Vocation, Vocation. (R) (T) Burning Questions. (R) (T) 11.00 Tricky Business. (R) (T) Burning Questions. (R) (T) 11.35 TV Is Dead? (R) (T) 12.00 News at Noon. (T) 12.30 Post Modern Pastimes. (R) (T) 12.45 Life Begins Again. (R) (T) 1.50 FILM: The Raid (1954). American Civil War drama, starring Van Heflin. (T) 2.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Venice Biennale 2009. Waldemar Januszczak reports from the art event. (T) 8.00 River Cottage. Hugh Fearnley-Whittingstall introduces a "leftovers night" at the canteen. (T) 9.00 Embarrassing Bodies. Christian Jessen helps a patient with severely cracked skin on her hands and feet and meets a woman with webbed breasts who is considering cosmetic surgery to rectify them. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.05 My Monkey Baby. (R) (T) 12.10 4Music Intros: The Rumble Strips. (T) 12.20 4Music Intros: Bombay Bicycle Club. (T) 12.30 4Music: Grassroot Gigs. (T) 1.00 Dirty Sexy Money. (R) (T) 1.50 Big Brother Live. 4.00 British F3 International Series. (R) (T) 4.30 World Sport. (R) (T) 5.00 World Superbikes. (R) 5.25 Countdown. (R) (T)

## FIVE

6.00 Milkshake! Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roorbarb and Custard Too. (R) (T) 7.00 The WotWots. (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fit and the Flowerets. (R) (T) 8.10 Peppa Pig. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pooty. (R) (T) 8.45 Mico Mao. (R) (T) 8.50 Bert and Ernie's Great Adventures. (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 House Doctor. (R) (T) 12.15 House Doctor. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.10 FILM: Danielle Steel's Remembrance (1996). Drama, starring Angie Dickinson. (T) 5.00 Five News with Natasha Kaplinsky. Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 RSPCA: On the Frontline. (R) (T) 7.00 Five News at 7. (T) 7.30 Mean Machines. The most effective transporters ever built. (R) (T) 7.30 Five News Update. (T) 8.00 CSI: Crime Scene Investigation. Part one of two. A police officer is killed. (R) (T) 8.00 Five News at 9. 9.00 CSI: Crime Scene Investigation. Part two of two. The truth emerges about Officer Bell. (R) (T) 10.00 FILM: Mad Max (1979). A cop in the near future sets out to avenge his family's murder at the hands of a biker gang. Action adventure, starring Mel Gibson and Joanne Samuel. (R) (T) 11.55 Poker. 1.30 NHRA Drag Racing. (T) 3.05 Grand American Racing. (T) 3.55 NHL Ice Hockey. 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

## LOCAL

## RTP1

0630 Bom Dia Portugal 1000 Cerimónias Oficiais do 10 de Junho 1300 News 1415 Chamas da Vida 1515 Sanguê do Meu Sanguê 1600 Portugal no Coração 1800 Portugal em Directo 1905 Preço Certo 2000 News 2100 TBA 0000 Lethal Weapon 3, film 0300 Prova de Amor 0445 Telesales 0605 Nós

## RTP2

0720 Zig Zag 1600 National Geographic 1700 Andebol 1830 Fê dos Homens 1915 Biosfera 1950 Zig Zag 2045 Everybody Hates Chris, series 2105 National Geographic 2200 News 2240 24, series 2330 Clube de Imprensa 0030 Noites da Dois 0100 Universidades 0130 Biosfera 0215 Bastidores 0315 Euronews

## SIC

0645 Sic Kids 0930 Tween Box 1200 Guinness, O Mundo dos Recordes 1300 News 1400 Film 1600 Film 1800 Film 2000 News 2130 Salve-se Quem Puder 2230 Caminho das Índias 2345 Podia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca

## TVI

0700 Diário Da Manhã 1000 Inspector Max 1100 Mass 1300 News 1400 Film 1600 Film 1800 Morangos com Açúcar 1900 News 1930 Football 2130 News 2200 Deixa Que Te Leve 2300 Flor do Mar 2345 Olhos nos Olhos 0030 O Atrador, film 0245 Sempre a Somar 0445 Law & Order: Special Victims Unit, series 0530 Telesales

## Best of the Rest

## BBC3

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Make My Body Younger 9.00 Kizzy: Sex, Prams and Exams 10.00 Katie Price: The Jordan Years 11.00 Family Guy 11.25 Family Guy 11.50 The Real Hustle on Holiday 12.20 Bizarre Animal ER 12.50 Katie Price: The Jordan Years 1.50 Make My Body Younger 2.50 Kizzy: Sex, Prams and Exams 3.45 Bizarre Animal ER 4.15 Blood, Sweat and Takeaways 5.10 Close

## BBC4

7.00 World News Today 7.00 Weather 7.30 BBC Cardiff Singer of the World 2009 9.00 Crisis at the Castle 10.00 In Concert: Cate Stevens 10.40 Imagine 11.35 BBC Four Sessions 12.35 Crisis at the Castle 1.35 Batman 2.00 Batman 2.25 BBC Cardiff Singer of the World 2009 3.55 Close

## ITV2

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 I'm a Celebrity Get Me Out of Here! USA 8.00 Gossip Girl 9.00 Film: American Pie Presents Band Camp 15 (2005) 10.55 Coronation Street 11.25 Film: Guncrazy 15 (1992) 1.30 I'm a Celebrity Get Me Out of Here! USA 2.20 Teleshopping 5.20 ITV2 Nightscreen

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## Sky1

1.00 Project Catwalk 2.00 UK Border Force 3.00 Bones 4.00 Oops TV 4.30 Malcolm in the Middle 5.00 Malcolm in the Middle 5.30 Oops TV 6.00 Futurama 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 Noel's Are You Smarter Than a 10 Year Old? 9.00 UK Border Force 10.00 Ross Kemp in Search of Pirates 11.00 Josef Fritzl: The Story of a Monster 12.00 Road Wars 1.00 Street Wars 1.55 The Villa 2.50 Stargate SG-1 3.45 Stargate SG-1 4.40 Airline 5.05 Project Catwalk

## GOLD

1.00 My Family 1.40 Sorry! 2.20 The Green Green Grass 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 The Brittas Empire 5.00 As Time Goes By 5.40 Last of the Summer Wine 6.20 Last of the Summer Wine 7.00 My Family 7.40 The Green Green Grass 8.20 After You've Gone 9.00 The Royle Family 9.40 Harry Enfield and Chums 10.20 Murder Most Horrid 11.00 Steptoe and Son 11.40 The Royle Family 12.20 Harry Enfield and Chums 1.20 Murder Most Horrid 1.40 The New Adventures of Old Christine 2.10 The New Statesman 2.35 The New Statesman 3.00 Close

## TCM

1.00 The Defector PG (1966) 3.00 Any Wednesday PG (1966) 5.10 Bombers B-52 U (1957) 7.10 The Karate Killers PG (1967) 9.00 Losing Isaiah 15 (1995) 11.00 Steelyard Blues (1973) 12.50 Star 80 (1983) 2.30 A Majority of One U (1961) 5.00 The Silver Chalice U (1954)

The Disney Channel  
Kids' programmes from 7am

## Sky Movies Drama

6.00 The Legend of 1900 15 (1998) 8.10 West Side Story PG (1961) 10.45 The Capture of the Green River Killer 12.30 The War PG (1994) With Kevin Costner. 2.45 Rumble Fish 18 (1983) With Matt Dillon. 4.30 Agnes of God 15 (1985) With Jane Fonda. 6.15 Wah-Wah 15 (2006) With Nicholas Hoult. 8.00 No Reservations PG (2007) With Catherine Zeta-Jones. 10.00 The Illusionist PG (2006) With Edward Norton. 12.00 Mortal Thoughts 18 (1991) With Demi Moore. 2.45 Gridlock'd 18 (1997) With Tupac Shakur. 3.45 The Movie Geek 4.15 Malpractice PG (2001)

## Sky Movies Comedy

6.35 Foul Play 12 (1978) 8.35 Cousins 15 (1989) 10.35 Leatherheads PG (2008) 12.35 Over Her Dead Body 12 (2008) With Eva Longoria Parker. 2.15 Blast from the Past 12 (1999) With Brendan Fraser. 4.00 Boomerang 15 (1992) With Eddie Murphy. 6.00 Leatherheads PG (2008) With

George Clooney. 8.00 Over Her Dead Body 12 (2008) With Eva Longoria Parker. 9.45 Eddie Murphy: Raw 18 (1987) No-holds-barred stand-up. 11.20 Boomerang 15 (1992) With Eddie Murphy. 1.20 Eddie Murphy: Raw 18 (1987) No-holds-barred stand-up. 2.55 Blast from the Past 12 (1999) With Brendan Fraser. 4.50 The Sugarland Express PG (1974)

## Sky Movies Action/Thriller

7.00 V.I. Warshawski 15 (1991) 8.45 The Killers 15 (1964) 10.25 Flags of Our Fathers 15 (2006) 12.40 The Bone Collector 15 (1999) With Denzel Washington. 2.40 Jaws 2 PG (1978) With Roy Scheider. 4.40 Jaws 3 12 (1983) With Dennis Quaid. 6.25 Rush Hour 3 12 (2007) With Jackie Chan. 8.00 The Bone Collector 15 (1999) With Denzel Washington. 10.00 Bloodsport 18 (1988) With Jean-Claude Van Damme. 11.40 Three Kings 15 (1999) With George Clooney. 1.45 Rush Hour 3 12 (2007) With Jackie Chan. 3.20 Magnum Force 18 (1973) 5.25 Seventeen and Missing PG (2006)

## SPORT

## Sky Sports 1

6.00 Good Morning Sports Fans 9.00 Football Asia 9.30 Mountain Bike World 10.00 ICC World Twenty20 12.00 Ocean Race 1.00 Live ICC World Twenty20. Sri Lanka v West Indies. 5.00 Live ICC World Twenty20. India v Ireland. 9.30 Live International Football. Ecuador v Argentina (Kick-off 10.00pm). 12.00 Live International Football. Colombia v Peru (Kick-off 12.00am). 1.50 Live International Football. Brazil v Paraguay (Kick-off 1.50am). 4.00 Soccer AM: The Best Bits 5.00 Total Rugby 5.30 FIFA Futbol Mundial

## Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures. 7.00 ICC World Twenty20 9.00 Ocean Adventures 9.30 360 Series 10.00 Pool 11.00 Poker 12.30 Football Asia 1.00 Ladies European Tour Golf 2.00 Football Asia 2.30 Poker 4.00 European Seniors Tour Golf 5.00 Total Rugby 5.30 Live International Rugby Union. Sharks v British & Irish Lions (Kick-off 6.10pm). 8.30 Total Rugby 9.00 European Tour Weekly 9.30 International Rugby Union 11.00 Live International Rugby Union. Canada v Ireland A (Kick-off 11.30pm). 1.30 Live International Rugby Union. USA v Argentina A (Kick-off 2.00am). 4.00 Close

## Sky Sports 3

7.00 Ocean Race 8.00 European Seniors Tour Golf 9.00 Ladies European Tour Golf 10.00 Modern Pentathlon 11.00 Aerobics Oz Style

11.30 Racing News 12.00 Sports Unlimited 1.00 360 Series 1.30 Mountain Bike World 2.00 Ocean Adventures 2.30 Sailing 3.00 Sports Unlimited 4.00 Ocean Race 5.00 NFL: Total Access 6.00 Boots 'n' All 7.00 Equestrian 8.00 Boots 'n' All 9.00 Ocean Adventures 9.30 360 Series 10.00 Boots 'n' All 11.00 ICC World Twenty20 1.00 Soccer AM: The Best Bits 2.00 Poker 3.30 Equestrian 4.30 Close

## British Eurosport

7.30 Ironman Triathlon 8.05 International Football 9.00 International Football 10.00 Live International Football. Australia v Bahrain (Kick-off 10.00am). 12.00 ATP Tennis 12.30 Live ATP Tennis. The AEGON Championships. 7.35 Le Mans Flash 7.50 Wednesday Selection 7.55 Show Jumping 8.55 Riders Club 9.00 European Tour Golf 9.30 Golf Club 9.35 Sailing 10.05 Ocean Race 10.35 Yacht Club 10.45 International Football 11.40 Cycling 12.50 Close

## Sky Sports Xtra

3.00 Modern Pentathlon 4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 FIFA Futbol Mundial 5.30 Ocean Adventures 6.00 European Tour Weekly 6.30 FIFA Futbol Mundial 7.00 Motor Racing 7.30 Ocean Adventures 8.00 Ten Pin Bowling 9.00 Transworld Sport 10.00 NFL: Total Access 11.00 Ocean Adventures 11.30 European Tour Weekly 12.00 Equestrian 1.00 Ocean Adventures 1.30 European Tour Weekly 2.00 Ten Pin Bowling 3.00 Transworld Sport 4.00 Close



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## BBC1

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather; Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.35 Raven: The Dragon's Eye. (R) (T) 4.05 Ed and Ocho's Excellent Inventions. (R) (T) 4.35 Horrible Histories. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Members of the public answer general knowledge questions against the clock, hoping to build a stack of cash and avoid being voted off the team. Anne Robinson presents. (T)

6.00 BBC News: Weather. (T)  
6.30 Regional News Programmes: Weather. (T)  
7.00 The One Show. Adrian Chiles and Christine Bleakley present the live show, with their team of roving reporters uncovering topical stories across the UK. (T)

7.30 EastEnders. Zainab and Bushra are pleased by Syed and Parveen's blossoming romance, but an unexpected gift at the Masoods' spoils their evening. Debra continues with her attempts to turn Whitney against Bianca, while an encounter at R&R leaves Chelsea with a dilemma. Ronnie plots to keep Roxy and Amy out of Jack's life. (T) BBC News; Regional News. (T)

8.00 Celebrity MasterChef. Shobna Gulati, Sian Lloyd and Dennis Taylor cook for paying customers at the Howard, while Tracy-An Oberman, Saira Khan and Brian Moore work at the Albion, hoping their culinary skills will be enough to impress judges John Torode and Gregg Wallace and secure them a place in the quarter-finals. (T)

9.00 Traffic Cops. Officers view footage of two shocking hit-and-run offences on Welsh roads. Traffic cops cannot believe their eyes when they see the video of an extraordinary incident in Cardiff, while CCTV coverage of a case in Swansea in which a pedestrian is run over and left for dead fails to help identify the driver. (T)

10.00 BBC News. (T)  
10.25 Regional News: Weather. (T)  
10.35 Question Time. (T)  
11.35 This Week; (T) Holiday Weather. (T)  
12.25 Sign Zone: Panorama. (R) (T) 12.55 Sign Zone: Countryfile. (R) (T) 1.55 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 2.25 Sign Zone: The Unsellables. (R) (T) 2.50 BBC News. (T)

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Mortified. (R) (T) Sam and Mark's Guide to Dodging Disaster. (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: BBC Primary History. (T) 11.10 Telling Tales. (T) 11.15 Telling Tales. (T) 11.20 BBC Primary Geography. (T) 11.30 BBC Primary History. (T) 11.45 BBC Primary History. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Tennis from Queen's. The AEGON Championships. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 Thames Shipwrecks: A Race Against Time. The stories behind seven shipwrecks in the river Thames. (R) (T) 8.00 Springwatch 2009. The wildlife event reaches its conclusion. Last in the series. (T) 9.00 **Krod Mandoon and the Flaming Sword of Fire**. New series. Fantasy comedy, starring Sean Maguire and Matt Lucas. (T) 10.00 That Mitchell and Webb Look. New series. Sketches include the difficult home life of Santa Claus. (T) 10.30 Newsnight. (T) Weather. (T) 11.20 Cricket: ICC World Twenty20. (T) 12.20 Leonard Cohen Live in London. (T) 1.20 BBC News. (T) 2.50 Close. 4.00 BBC Learning Zone. (T)

## Pick of the Day

## Krod Mandoon and the Flaming Sword of Fire (BBC2, 9pm)

Good fantasy spoofs are few and far between, so fans of Lord of the Rings, World of Warcraft and other epic sagas should prepare themselves for a treat. In this new series set in an ancient fantasy realm, we follow reluctant hero Krod Mandoon (Sean Maguire), a thin-skinned freedom fighter, who is the last great hope in the struggle against the evil ruler, Chancellor Dongalar (Matt Lucas). To help fight the great fight, Krod has assembled a band of remarkably ineffectual freedom fighters: Aneka (India de Beaufort), the beautiful pagan warrior whose weapon of choice is sex; Loquasto (Steve Spens), the oafish servant with a bad aim, Zeezelyck (Kevin Harb), the young warlock whose greatest magical gift is spinning a line, and Bruce (Marques Ray Mascarnas), who's simply fabulous. India—best known for her part in comedy film Run, Fat Boy, Run—admits that keeping a straight face in front of Lucas was one of her biggest problems during the production. "He makes my job so hard. He's just so funny," she laughs, adding, "I'm the only girl who's the lead member of the cast. Being with the lads on a daily basis, we were all just mucking around constantly and you carry that to set because it shows in the characters." In the opener, Krod infiltrates a fortress to rescue his mentor General Arcadius.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Big Brother's Little Brother. (R) 8.00 Big Brother. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 LifeProof TV. (R) (T) 10.30 Vocation, Vocation, Vocation. (R) (T) Burning Questions. (R) (T) 11.00 Tricky Business. (R) (T) Burning Questions. (R) (T) 11.35 TV Is Dead? (R) (T) 12.00 News at Noon. (T) 12.30 Post Modern Pastimes. (R) (T) 12.45 The City Gardener. (R) (T) 1.20 FILM: Hombre (1967). Western, starring Paul Newman. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder. Venice Biennale 2009. Coverage of the modern art event. Last in the series. (T) 8.00 The Home Show. A couple who inherited their home in Bushey, Hertfordshire. (T) 9.00 Two Foot Tall Teen. A Bodysnook special following 16-year-old Jyoti Amge from Nagpur, India, who is 1ft 11ins tall and crippled by brittle bones, as she decides whether to undergo a risky operation. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.05 Tnt Show. (T) 11.40 Darren Brown: Trick or Treat. (R) 12.10 4Music Intros: Jonathan Jeremiah. (T) 12.15 4Music Intros: The King Blues. (T) 12.30 4Music 4Play: Paloma Faith. (T) 12.45 Duplrate Drama. (R) (T) 1.15 4Music: 4Play: Emmy the Great. (T) 1.30 No Angels. (R) (T) 2.30 Big Brother Live. 4.00 KOTV Classics. (R) (T) 4.50 FIA GT Championship. (R) (T) 5.15 Countdown. (R) (T)

## FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.55 Peppa Pig. (R) (T) 7.00 The WotWots. (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowerlots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 House Doctor. (R) (T) 12.15 House Doctor. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.05 FILM: Columbo: Strange Bedfellows (1995). Crime drama, starring Peter Falk. (T) 5.00 Five News with Natasha Kaplinsky. Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 RSPCA: On the Frontline. (R) (T) 7.00 Five News at 7. (T) 7.30 Highland Emergency. The team rescues a 56-year-old man who has fallen through a roof. (R) (T) 7.30 Five News Update. (T) 8.00 Paul Merton in India. Visiting India's capital of rock 'n' roll in Shillong. (R) (T) 8.00 Five News at 9.00 The Mentalist. A teenager is found dead in a forest near a small town, and suspicions fall on a local witch when occult items are discovered near the body. Simon Baker stars. (T) 10.00 Law & Order: Special Victims Unit. A Tibetan woman is murdered. (R) (T) 11.00 Law & Order: Criminal Intent. (R) (T) 12.00 Quiz Call. 1.45 NBA Basketball. Live coverage of game four of the NBA Finals.

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show, hosted by Andrew Castle, in which three contestants work together to answer up to 15 general knowledge questions and split a cash prize three ways. The clock is ticking and for each second they spend deliberating, the prize fund drops, and they will only win the money if they can all agree on how to divide it at the end of the game. (T)

6.00 London Tonight: Weather. (T)  
6.30 ITV Evening News: Weather. (T)  
7.00 Emmerdale. Cain scares Cart by claiming to have done something to Scarlett, Mick resigns after tiring of Andy's strange behaviour, while Nathan interferes with Maisie's love life. (T)

7.30 Countrywise. Paul Heiney and the team visit East Anglia to celebrate the birthday of Suffolk's John Constable, one of Britain's best-loved landscape painters. Bettany Hughes explores the Fens, hearing of the ambitious plans to create the UK's biggest wetland nature reserve and investigates a landmark feat of engineering that stops the area disappearing under the sea. (T)

8.00 The Bill. A teenage schoolgirl is reported missing and the girl's mother reveals her daughter was upset by the death of her father and moving to London from Manchester with a new stepfather. Her only friend discloses the girl has recently been seen with bruises. Millie and Leon discover the child's estranged grandmother has followed her brood to London and has been in contact with her grandfather. Guest starring Rachel Davies. (T)

9.00 May Contain Nuts. Alice Chaplin and her family move to a gated community in Clapham, south London, where all the parents are desperate to get their daughters into the prestigious Chelsea College for Girls. When Alice becomes convinced her child Molly will fail the entrance exam, she takes drastic measures by dressing up as an 11-year-old to sit it for her. First in a two-part comedy drama, starring Shirley Henderson, Darren Boyd, Elizabeth Berrington and Tony Gardner. (T)

10.00 News at Ten and Weather. (T)  
10.30 London News and Weather. (T)  
10.35 FILM: Total Recall (1990). Sci-fi adventure, starring Arnold Schwarzenegger. (T)  
12.40 British Superbikes. 1.30 Motorsport UK. (T) 2.20 Crossing Jordan. (R) (T) ITV News Headlines. 3.10 Loose Women. (R) 3.55 ITV Nightscreen.

## LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Mass  
1100 Telerural 1300 Moscow  
Bolshoi Circus 1130 News 1415  
Chamas da Vida 1515 Sanguê do  
Meu Sangue 1630 TBA 1915 O  
Preço Certo 2000 News 2100  
Contra Informação 2130 A Minha  
Família 2230 Duelo Final 2330  
Around the Bend. Film 0100  
Journeyman. series 0145 Quarto  
Crescente 0245 Prova de Amor  
0400 Telesales 0605 Nôs

**RTP2**  
0720 Zig Zag 1600 National  
Geographic 1700 Zig Zag 1830 A  
Fédos-Homens 1900 Inicialia 1945  
Zig Zag 2045 Everybody Hates  
Chris. series 2115 National  
Geographic 2200 News 2240  
Fringe. series 2330 Friends of God,  
documentary 0030 Noites da Dois  
0100 Universidades 0145 Inicialia  
0230 Euronews

**SIC**  
0645 Sic Kids 0930 Twen Box  
1200 Guinness. O Mundo dos  
Recordes 1300 News 1400 Film  
1600 Film 1800 Film 2000 News  
2130 Salve-se Quem Puder 2230  
Caminho das Índias 2345 Podia  
Acabar o Mundo 0045 Criminal  
Minds. series 0145 Cartaz Cultural  
0230 Quando o Telefone Toca

**TVI**  
0700 Children TV 1000 Inspector  
Max 1100 Mass 1300 News 1400  
Film 1600 Film 1800 Morangos com  
Açúcar 2000 News 2130 Deixa  
Que Te Leve 2230 Flor do Mar 2330  
Olhos nos Olhos 0015 Dirty Sexy  
Money. series 0115 The Office.  
series 0145 Cartaz das Artes 0215  
Sempre a Somar 0400 The Office.  
series 0430 Law & Order: Special  
Victims Unit. series 0530 Telesales

## Best of the Rest

**BBC3**  
7.00 Doctor Who 7.45 Doctor Who  
Confidential 8.00 Blood, Sweat and  
Takeaways 9.00 When Diets Go  
Wrong 10.00 EastEnders 10.30 The  
Real Hustle on Holiday 11.00 Family  
Guy 11.25 Family Guy 11.50 Ideal  
12.20 When Diets Go Wrong 1.20  
The Real Hustle on Holiday 1.50  
Bizarre Animal ER 2.20 Blood, Sweat  
and Takeaways 3.15 Ideal 3.45  
Doctor Who Confidential 4.00 Make  
My Body Younger 5.00 Bizarre  
Animal ER 5.30 Close

**BBC4**  
7.00 World News Today 7.00  
Weather 7.30 BBC Cardiff Singer of  
the World 2009 9.00 Crisis at the  
Castle 10.00 BBC One Sessions:  
Amy Winehouse 10.50 BBC Four  
Sessions: PJ Harvey 11.50 The  
New Avengers 12.40 Crisis at the  
Castle 1.40 BBC Cardiff Singer of  
the World 2009 3.10 The New  
Avengers 4.00 Close

**ITV2**  
1.00 Airline USA 1.30 The Jeremy  
Kyle Show 2.35 The Jeremy Kyle  
Show 3.45 Ricki Lake 4.30 Ricki  
Lake 5.15 Sally Jessy Raphael 6.00  
Judge Judy 7.00 I'm a Celebrity Get  
Me Out of Here! USA 8.00 America's  
Got Talent 9.00 Katie & Peter:  
Stateside 10.00 America's Got  
Talent 11.00 Supernatural 12.00  
I'm a Celebrity Get Me Out of Here!  
USA 1.00 America's Got Talent  
2.40 Entourage 3.15 Teleshopping  
5.45 ITV2 Nightscreen

**Sky1**  
1.00 Project Catwalk 2.00 UK Border  
Force 3.00 Bones 4.00 Oops TV  
4.30 Malcolm in the Middle 5.00  
Malcolm in the Middle 5.30 Oops TV  
6.00 Futurama 6.30 Futurama 7.00  
The Simpsons 7.30 The Simpsons  
8.00 The Real A&E 9.00 Bones

10.00 Lie to Me 11.00 Bones 12.00  
Law & Order 1.00 Road Wars 1.50  
The Villa 2.40 Stargate SG-1 3.35  
Stargate SG-1 4.20 Road Wars  
4.45 Airline 5.10 Project Catwalk

**GOLD**  
1.00 dinnerdallies 1.40 The Thin  
Blue Line 2.20 Only Fools and  
Horses 3.00 Last of the Summer  
Wine 3.40 Ever Decreasing Circles  
4.20 The Brittas Empire 5.00 As  
Time Goes By 5.40 Last of the  
Summer Wine 6.20 Last of the  
Summer Wine 7.00 dinnerdallies  
7.40 The Thin Blue Line 8.20 Only  
Fools and Horses 9.00 The Royle  
Family 9.40 Harry Enfield and  
Chums 10.20 Jam & Jerusalem  
11.00 Steptoe and Son 11.40 The  
Royle Family 12.20 Harry Enfield  
and Chums 1.00 Jam & Jerusalem  
1.40 The New Adventures of Old  
Christine 2.10 The New Statesman  
2.35 The New Statesman 3.00 Close

**TCM**  
1.00 Downhill Racer PG (1969)  
3.00 Assault on a Queen U (1966)  
5.10 The Double Man PG (1967)  
7.10 Crazy in Love 15 (1992) 9.00  
Pretty in Pink 15 (1986) 10.55 Wild  
Rovers 15 (1971) 1.25 Pretty in  
Pink 15 (1986) 3.05 The Jazz Singer  
U (1953) 5.00 The Shoes of the  
Fisherman U (1968)

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## MOVIES

## Sky Movies Drama

6.00 The Movie Geek 6.30 Instinct  
15 (1999) 8.45 One True Thing 15  
(1998) 11.00 35MM 11.00 Goya's  
Ghosts 15 (2006) With Javier  
Bardem. 1.30 Phenomenon PG  
(1996) With John Travolta. 3.45  
Silkwood 15 (1983) With Meryl  
Streep. 6.00 Innocent Moves PG  
(1993) With Joe Mantegna. 8.00  
Lions for Lambs 15 (2007) With  
Robert Redford. 9.40 The  
Namesake 12 (2006) With Kal Penn.  
11.50 The Grifters 18 (1990) With  
John Cusack. 1.50 In Dreams 18  
(1999) With Annette Bening. 3.45  
35MM 4.15 Miracle on the 17th  
Green U (1999)

## Sky Movies Comedy

6.45 The Love Letter 15 (1999) 8.20  
Mystery, Alaska 15 (1999) 10.25  
Family Show 10.55 Baby's Day Out  
PG (1994) 12.35 Employee of the  
Month 12 (2006) With Dane Cook.  
2.35 Run, Fat Boy, Run 12 (2007)  
With Simon Pegg. 4.20 I Now

Pronounce You Chuck & Larry 12  
(2007) With Adam Sandler. 1.45  
Running with Scissors 15 (2006)  
With Joseph Cross. 3.50 The Naked  
Man 15 (1998) 5.30 Continental  
Divide PG (1981)

## Sky Movies Action/Thriller

7.05 Red Sonja 15 (1985) 8.40 The  
River Wild 12 (1994) 10.35 Three  
15 (2005) 12.15 Die Hard 18 (1988)  
With Bruce Willis. 2.30 Pirates of the  
Caribbean: At World's End 12 (2007)  
With Johnny Depp. 5.25 Red Sonja  
15 (1985) With Brigitte Nielsen. 7.00  
The Bank Job 15 (2008) With Jason  
Statham. 9.00 Universal Soldier:  
The Return 18 (1999) With Jean-  
Claude Van Damme. 10.30 Sliver  
18 (1993) With Sharon Stone. 12.30  
Predator 18 (1987) With Arnold  
Schwarzenegger. 2.30 Universal  
Soldier: The Return 18 (1999) With  
Jean-Claude Van Damme. 4.10  
NYC: Tornado Terror 12 (2008)  
5.55 The Top 10 Show



## SPORT

## Sky Sports 1

6.00 Good Morning Sports Fans  
9.00 FIFA Futbol Mundial 9.30  
European Tour Weekly 10.00 ICC  
World Twenty20 12.00 Total Rugby  
12.30 FIFA Futbol Mundial 1.00  
Live ICC World Twenty20. The  
opening match of the Super Eights  
stage. 5.00 Live ICC World  
Twenty20. Group E gets under  
way in the Super Eights stage. 9.30  
Premier League World 10.00 Time  
of Our Lives 11.00 ICC World  
Twenty20 1.00 Time of Our Lives  
2.00 Premier League World 2.30  
ICC World Twenty20 4.30 Premier  
League World 5.00 Race World

## Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean  
Adventures 7.00 ICC World  
Twenty20 9.00 International Rugby  
Union 10.30 International Football  
12.30 International Rugby Union  
2.00 Total Rugby 2.30 FIFA Futbol  
Mundial 3.00 International Football  
5.00 FIFA Futbol Mundial 5.30  
International Rugby Union 7.30  
International Football 9.30 IAAF  
Athletics Weekly 10.00 Race World  
11.00 NFL: Total Access 12.00  
Rugby League 2.00 Close

## Sky Sports 3

6.00 Equestrian 7.00 International  
Rugby Union 9.00 Boots n' All 10.00  
Equestrian 11.00 Aerobics Oz Style  
11.30 Racing News 12.00  
Watersports World 1.00 Transworld  
Sport 2.00 Ocean Adventures 2.30  
European Tour Weekly 3.00 Boots  
n' All 4.00 Transworld Sport 5.00  
NFL: Total Access 6.00 Race World  
7.00 Premier League World 7.30  
Live Rugby League. Dewsbury

Rams v Keighley Cougars (Kick-off  
7.30pm). 9.30 WWE: Late Night -  
Raw 11.30 Extreme Championship  
Wrestling 12.30 Powerboating 1.00  
Golf Night 3.00 Close

## British Eurosport

7.40 Show Jumping 8.30  
International Football 9.30  
International Football 10.45  
International Football 11.45  
International Football 12.30 Live ATP  
Tennis. The AEGON  
Championships. 7.40 ATP Tennis  
8.45 Le Mans Flash 9.00 Live Motor  
Racing. The qualifying session for  
the Le Mans 24 Hour race. 11.00  
World Rally Championship 11.40  
Cycling 12.35 Close

## Sky Sports Xtra

2.30 Equestrian 3.30 Motor Racing  
4.00 Ocean Adventures 4.30  
Aerobics Oz Style 5.00 Watersports  
World 6.00 Aerobics Oz Style 6.30  
Ocean Adventures 7.00 IAAF  
Athletics Weekly 7.30 Powerboating  
8.00 International Rugby Union 10.00  
Live Poker. Coverage of the online  
Sky Poker Five-00 tournament.  
12.00 Race World 1.00 Ocean  
Adventures 1.30 Powerboating 2.00  
Close

(R) - repeat programme;  
(T) - programme with  
teletext subtitles;  
(S) - programme broad-  
cast in stereo;  
(bw) - black and white.

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## BBC1

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.35 Raven: The Dragon's Eye. (R) (T) 4.05 Animals at Work. (R) (T) 4.35 Trapped. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson hosts the general knowledge quiz in which contestants answer questions as a team, banking the jackpot money and eliminating the poorest players as they go. (R) (T)

6.00 BBC News; Weather. (T)  
6.30 Regional News Programmes; Weather. (T)  
7.00 The One Show. Live topical show in which reporters uncover the UK's most fascinating stories. Adrian Chiles and Christine Bleakley present. (T)

7.30 A Question of Sport. Sue Barker asks the questions in the light-hearted quiz, with Virginia Wade, James Cracknell, Colin Jackson and Jeff Thomson joining team captains Matt Dawson and Phil Tufnell. (T) BBC News; Regional News. (T)

8.00 EastEnders. Chelsea breaks up with Theo as it dawns on Lucas that she spent the night with another man. Whitney is devastated by Debra's confession, while Ronnie packs Roxy and Amy off to Spain in a bid to get Jack all to herself. Zainab uses the webcam to spy on Amira, and Tanya considers giving Max another chance. (T)  
8.30 Celebrity MasterChef. The four winning chefs compete in the first quarter-final for the first two places in the semis. John Torode and Gregg Wallace present and judge. (T)

9.00 Have I Got News for You. Comedian Shappi Khorsandi and celebrity chef Hugh Fearnley-Whittingstall are the panellists joining team captains Paul Merton and Ian Hislop. Last in the series. (T)

9.30 Outnumbered. Mum and Dad try to make it through a wedding day, while the children get up to mischief. Comedy, starring Hugh Dennis and Claire Skinner. (R) (T)

10.00 BBC News. (T)

10.25 Regional News; Weather. (T)

10.35 Friday Night with Jonathan Ross. The host chats with Hollywood actor Jack Black, whose new movie Year One is released next week. Pop group Take That also join Jonathan on the sofa and presenters Sue Perkins and Giles Coran discuss the latest incarnation of Supersizers, their series of documentaries about the history of food in Britain. (T)

11.35 The National Lottery EuroMillions Draw. Coverage of the draw. (T)

11.40 FILM: Cursed (2005). Werewolf horror, starring Christina Ricci. (T) Weatherwatch. (T)

1.15 Sign Zone: The Trouble with Working Women. (R) (T) 2.15 Sign Zone: Playing the Part. (R) (T) 3.15 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 3.45 Sign Zone: The Unsellables. (R) (T) 4.15 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freetonia. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Mortified. (R) (T) 8.20 Sam and Mark's Guide to Dodging Disaster. (R) (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Henry's Wives with Terry Deary. (T) 11.10 Gless Clips. (T) 11.30 Science Clips Investigations. (T) 11.40 Look and Read. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Tennis from Queen's. The AEGON Championships quarter-finals. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 Are You Being Served? The staff complaint. (R) (T) 7.30 Mastermind. The specialist subjects in the sixth and last semi-final are Gerard Manley Hopkins, Paddy Mayne, Northampton Town FC and the Life and Work of Alfred Russel Wallace. (T) 8.00 Gardeners' World Live. The team hosts an exhibition at the NEC in Birmingham. (T) 9.00 My Life in Verse: Cerys Matthews. The singer considers the legacy of Celtic poetry. (T) 10.00 Britain's Best Drives. Richard Wilson drives through Scotland. Last in the series. (T) 10.30 Newsnight. (T) 11.00 Newsnight Review. (T) Weather. (T) 11.35 Cricket: ICC World Twenty20. (T) 12.35 Medium. (R) (T) 1.20 Medium. (R) (T) 2.00 FILM: Impact (1949). Drama, starring Brian Donlevy. (T) (bw) 3.50 Close.

## Pick of the Day

## My Life in Verse: Cerys Matthews (BBC2, 9pm)

Who in the world could be better placed to front a programme about poetry than the woman who rhymed the word 'worry' with the words 'Mulder and Scully'? Yes, Welsh singer-songwriter Cerys Matthews is the latest celeb to discuss her relationship with the wonders of verse as part of the Beeb's poetry season. She travels back to her roots to explore the extraordinary legacy of Celtic poetry, and to discover why poems elicit an emotional connection with the concept of home. In a personal journey across the British Isles, Cerys traces the evolving role of the poet in society, from the earliest Welsh bards to the rich outpouring of poetry about Northern Ireland's Troubles, exploring the ways that poets have shaped Celtic identity. Starting in her native Swansea, Cerys immerses herself in the surreal vision of Dylan Thomas, retracing his steps and analysing his musical use of language. She moves on to Cardiff to explore the subversive, sensual poetry of 14th-century bard Dafydd ap Iwan and the rich heritage of Welsh-language poetry. She then heads for Yorkshire and Ted Hughes's vision of the ancient Celtic kingdom of Elmet. Cerys has been collecting folk songs for decades, and with so many of her favourite songs coming from Ireland, she travels to County Sligo on the west coast to explore the beautiful landscapes that inspired Ireland's greatest poet, William Butler Yeats.

## C4

6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Big Brother's Little Brother. (R) (T) 8.00 Big Brother. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 Lifeproof TV. (R) (T) 10.30 Vocation, Vocation, Vocation; (R) (T) Burning Questions. (R) (T) 11.00 Tricky Business; (R) (T) Burning Questions. (R) (T) 11.35 TV Is Dead? (R) (T) 12.00 News at Noon. (T) 12.30 Post Modern Pastimes. (R) (T) 12.50 The City Gardener. (R) (T) 1.20 FILM: The Last Command (1955). Western, starring Sterling Hayden. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Jamian Award 2008. The diverse residents of a Glasgow tenement. (R) (T) 8.00 A Place in the Sun: Home or Away. Retirement properties in the Pennines and the Pyrenees. (T) 9.00 Big Brother. Davina McCall announces the results of the first eviction vote of the series. Plus, highlights from the housemates' past 24 hours inside the Big Brother compound. (T) 10.00 8 Out of 10 Cats. With Carol Vorderman, Jeremy Clarkson and David Walliams. (T) 10.35 Big Brother. (T) 11.10 The Simpsons. (R) (T) 11.40 Russell Brand's Ponderland. (R) (T) 12.10 Music Intros: Frankmusik. (T) 12.20 Big Brother's Big Mouth. 1.20 4Music: JD Set Presents Official Secrets Act. (T) 1.35 Big Brother Live. 3.10 What About Brian. (T) 3.50 FILM: City that Never Sleeps (1953). Police and drama, starring Gig Young. (T) (bw) 5.25 Countdown. (R) (T)

## FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.55 Peppa Pig. (R) (T) 7.00 The WotWots. (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Filfl and the Flowerbots. (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha. (T) 10.55 House Doctor. (R) (T) 12.15 House Doctor. (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.05 The Family Recipe. (R) (T) 3.10 FILM: The Family Plan (2005). Comedy, starring Troy Spelling. (T) 5.00 Five News; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 RSPCA: On the Frontline. (R) (T) 7.00 Five News at 7. (T) 7.30 Top Trumps: Fire Engines. Comparing two hi-tech fire engines; (R) (T) 7.30 Five News Update. (T) 8.00 Air Force Afghanistan. New series. The lives of servicemen at Kandahar air base; (T) 8.00 Five News at 9. 9.00 NCIS. A Russian man becomes the prime suspect when a petty officer is found dead, but receives protection from the Department of Homeland Security. Drama, starring Mark Harmon. (R) (T) 10.00 Law & Order: Criminal Intent. A firefighter's murder leads to trouble for Logan and Wheeler. (T) 11.00 Num3rs. (T) 12.00 Quiz Call. 4.00 The Gadget Show. (R) (T) 4.45 Home and Away. (R) (T) 5.10 Home and Away. (R) (T) 5.35 Home and Away. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show, hosted by Andrew Castle, in which three contestants work together to answer up to 15 general knowledge questions and split a prize three ways. The clock is ticking and for each second they spend deliberating, the prize fund drops, and they will only win the money if they can all agree on how to divide it at the end of the game. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Jimmy goes against Carl's wishes by accepting Cain's offer for the garage, leaving Debbie annoyed but relieved the matter is closed. Maisie's love life continues to infuriate Nathan, while David heads Val's concerns about Pollard's self-esteem and asks his father for advice on how to keep his constituents at bay. (T)

7.30 Coronation Street. Gary makes sure Audrey hears his side of the story, leaving her suspicious of David's involvement in the burglary. Tony shows Luke the perilous state of the Underworld finances before promising Maria he will be available around the clock during her pregnancy. Fizz turns to Hayley for comfort, while Pam and Bill enjoy spending time together. (T)

8.00 Cornershop Crunch Time: Tonight - Part Two. (T)

8.30 Coronation Street. David finally trips himself up in front of Gail and Audrey, but is most concerned at Tina's reaction to evidence of his guilt. Maria accepts Tony's offer to move in with her, Sally's cruel trip pushes Fizz over the edge, Kevin enjoys his training session with Molly more than he expected, and Norris remains prickly over Ramsay. (T)

9.00 Doc Martin. Bert comes to the conclusion that a new challenge will help him move on from Al's departure and decides to open a restaurant, but a spate of food-poisoning cases coincide with his first day of business. Martin meets Poppy, the surgery's new receptionist, and Pauline returns from her course. Comedy drama, starring Ian McNeice and Martin Clunes. (R) (T)

10.00 News at Ten and Weather. (T)

10.25 London News and Weather. (T)

10.35 FILM: True Crime (1999). Drama, starring Clint Eastwood.

12.50 Nightwatch with Steve Scott Emergency; (R) (T) ITV News Headlines. 1.45 FILM: Cherish (2002). Premiere. Comedy thriller, starring Robin Tunney. 3.25 ITV Nightscreen.

## LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Casamentos de Santo António 1300 News 1415 Casamentos de Santo António 1905 O Prego Certo 2000 News 2100 Pai & Fara 2200 TBA 0030 Ripples's Game, film 0230 Garden State, film 0400 Prova de Amor 0415 Telealeas

**RTP2**  
0720 Zig Zag 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 A Alma e a Gente 1945 Zig Zag 2045 Everybody Hates Chris, series 2115 Grandes Livros 2200 News 2240 Brothers and Sisters, series 2300 Documentary 0030 Bastidores 0100 Notícias da Dois 0145 Palcos: Bruce Springsteen 0330 Euronews

**SIC**  
0600 Sic Notícias 0800 Sic Kids 0930 Tween Bob 1115 Fátima 1300 News 1400 Film 1600 Film 1800 Film 2000 News 2130 Marchas Populares de Lisboa 2009 0230 Quando o Telefone Toca

<channel>=TV  
0700 Diário Da Manhã 1015 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Euronews 2145 Deixa Que Te Leve 2245 Flor do Mar 2345 Olhos nos Olhos 0045 Gone, film 0230 Sempre a Somar 0400 The Office, series 0430 Law & Order: Special Victims Unit, series 0530 Telealeas

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## Best of the Rest

**BBC3**  
7.00 Top Gear 8.00 Total Wipeout 9.00 Two Pints of Lager and a Packet of Crisps 9.30 Two Pints: The Love Triangle 10.00 EastEnders 10.30 Being Human 11.30 Family Guy 11.55 Family Guy 12.15 Coming of Age 12.45 Two Pints of Lager and a Packet of Crisps 1.15 Two Pints: The Love Triangle 1.45 Ideal 2.15 Bizarre Animal ER 2.45 Being Human 3.45 Coming of Age 4.15 Ideal 4.45 Bizarre Animal ER 5.15 Close 5.20 Close

**BBC4**  
7.00 World News Today 7.00 Weather 7.30 BBC Cardiff Singer of the World 2009 9.00 Crisis at the Castle 10.00 The Book Quiz 11.00 Flight of the Conchords 11.25 Michael Wood on Beowulf 12.25 Sir Gawain and the Green Knight 1.25 A Poet's Guide to Britain 1.55 Crisis at the Castle 2.55 BBC Cardiff Singer of the World 2009 4.25 Close

**ITV2**  
1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 The Isle of Wight Festival 2009 7.30 The Planet's Funniest Animals 8.00 Britain's Got More Talent: Most Talented 9.00 America's Got Talent 10.00 The Isle of Wight Festival 2009 11.05 Katie & Peter: Streetside 12.10 Coronation Street 12.40 Coronation Street 1.10 America's Got Talent 2.05 Teleshopping 5.05 ITV2 Nightscreen

**Sky1**  
1.00 Project Catwalk 2.00 UK Border Force 3.00 Bones 4.00 Oops TV 4.30 Malcolm in the Middle 5.00 Malcolm in the Middle 5.30 Oops TV 6.00 Futurama 6.30 Futurama 7.00

The Simpsons 7.30 The Simpsons 8.00 Guinness World Records Smokey! 9.00 Ross Kemp in Search of Pirates 10.00 Road Wars 11.00 Film: I Want Candy 10.07 12.45 Road Wars 1.45 The Villa 2.40 Stargate SG-1 3.30 Stargate SG-1 2.40 Airline 4.45 Road Wars 5.10 Project Catwalk 5.35 Cruise with Stellos: Caribbean

**GOLD**  
1.00 dinnerladies 1.40 The Thin Blue Line 2.20 Only Fools and Horses 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 The Brittas Empire 5.00 As Time Goes By 5.40 Last of the Summer Wine 6.20 Last of the Summer Wine 7.00 dinnerladies 7.40 The Thin Blue Line 8.20 Only Fools and Horses 9.00 The Royle Family 9.40 Jonathan Creek 10.30 The Likely Lads 11.20 The Royle Family 12.00 A Bit of Fry and Laurie 12.40 The Two Ronnies 1.00 The New Adventures of Old Christine 2.10 The New Statesman 2.35 The New Statesman 3.00 Close

**TCM**  
1.00 The Bramble Bush PG (1960) 3.00 Mister Roberts U (1955) 5.20 Tall Story U (1960) 7.10 The Gang That Couldn't Shoot Straight PG (1971) 9.00 Lone Star (1996) 11.35 Being Human 1.15 (1994) 1.55 Lone Star (1996) 4.10 Off Set 5.00 The Prize PG (1963)

**The Disney Channel**  
Kids' programmes from 7am, except: 6.00 Film: Mr Magorium's Wonder Emporium U (2007) Fantasy comedy, starring Dustin Hoffman and Natalie Portman. 10.00 Film: Mr Magorium's Wonder Emporium U (2007) Fantasy comedy, starring Dustin Hoffman and Natalie Portman.

## MOVIES

## Sky Movies Drama

6.00 Love N' Dancing 12 (2008) 7.45 Mulholland Drive 15 (2001) 10.15 The Children of Huang Shi 12 (2008) 12.30 August Rush PG (2007) With Freddie Highmore. 2.30 Consenting Adults 15 (1992) With Kevin Kline. 4.15 Second Sight 12 (2007) With Lexa Doig. 5.45 We Are Marshall PG (2006) With Matthew McConaughey. 8.00 Elizabeth: The Golden Age 12 (2007) With Kate Blanchett. 10.00 Platoon 15 (1986) With Charlie Sheen. 12.05 Insets 18 (1975) With Richard Dreyfuss. 2.10 Sleepers 18 (1996) With Brad Pitt. 4.45 Pride and Prejudice PG (2003)

## Sky Movies Comedy

7.20 To Wong Foo, Thanks for Everything! Julie Newmar PG (1995) 9.20 Dirty Rotten Scoundrels PG (1988) 11.20 Harry and the Hendersons PG (1987) With John Lithgow. 1.20 Semi-Pro 15 (2008) With Will Ferrell. 2.55 Liar, Liar 12 (1997) With Jim Carrey. 4.25 Blades of Glory 12 (2007) With Will Ferrell. 6.05 Harry and the Hendersons PG (1987) With John Lithgow. 8.00

Semi-Pro 15 (2008) With Will Ferrell. 9.35 Liar, Liar 12 (1997) With Jim Carrey. 11.05 Blades of Glory 12 (2007) With Will Ferrell. 12.45 The Bachelor 12 (1999) With Chris O'Donnell. 2.30 Dirty Rotten Scoundrels PG (1988) With Michael Caine. 4.30 To Wong Foo, Thanks for Everything! Julie Newmar PG (1995)

## Sky Movies Action/Thriller

6.15 Arlington Road 15 (1999) 8.20 The Eiger Sanction 15 (1975) 10.35 Lake Placid 15 (2000) 12.10 Next 12 (2007) With Nicolas Cage. 2.00 The Librarian: Return to King Solomon's Mines PG (2006) With Noah Wyle. 5.35 Lake Placid 15 (2000) With Bill Pullman. 7.10 Next 12 (2007) With Nicolas Cage. 9.00 Sudden Death 18 (1995) With Jean-Claude Van Damme. 10.55 American Gangster 18 (2007) With Denzel Washington. 1.35 End of Days 18 (1999) With Arnold Schwarzenegger. 3.40 Legionnaire 15 (1998) 5.25 The Librarian: Return to King Solomon's Mines PG (2006)

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

## SPORT

## Sky Sports 1

6.00 Good Morning Sports Fans 9.00 Transworld Sport 10.00 ICC World Twenty20 12.00 Premier League World 12.30 IAAF Athletics Weekly 1.00 Live ICC World Twenty20. A match from the Super Eights stage. 5.00 Live ICC World Twenty20. A match from the Super Eights. 9.30 Live Friday Night Fight. Barry Morrison v Ajose Oluasegun. 11.30 ICC World Twenty20 1.30 Friday Night Fight 3.30 ICC World Twenty20 5.30 Ocean Race

## Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 ICC World Twenty20 9.00 Ocean Adventures 9.30 IAAF Athletics Weekly 10.00 Rugby League 12.00 Premier League Years 2.00 Transworld Sport 3.00 Rugby League 5.00 NFL: Total Access 6.00 Ocean Adventures 6.30 Athletics 7.30 Live Super League. Coverage of a crucial game. 10.00 Tight Lines 11.00 NFL: Total Access 12.00 Super League 2.00 World Sport 2.30 Ocean Race 3.00 NFL: Total Access 4.00 Super League

## Sky Sports 3

6.30 Premier League World 7.00 WWE: Raw 9.00 Premier League Years 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Race World 1.00 Powerboating 1.30 Premier League World 2.00 Ocean Adventures 2.30 IAAF Athletics Weekly 3.00 Race World 4.00 Transworld Sport 5.00 WWE: Raw 7.00 Live Horse Racing. Coverage from Chepstow, Clonmel and Navan. 9.00 WWE: Late Night - Smackdown 11.00 WWE: Late Night

- Bottom Line 12.00 Premier League Years 2.00 Race World 3.00 Tight Lines 4.00 Ocean Adventures 4.30 IAAF Athletics Weekly 5.00 Ocean Adventures 5.30 World Sport

## British Eurosport

7.40 Inside WTCC 8.00 World Rally Championship 8.30 MotoGP 9.30 International Football 10.10 International Football 11.10 ATP Tennis 12.30 Live ATP Tennis. The AEGON Championships. 7.30 Live International Football. The final of the Toulon Tournament (Kick-off 7.30pm). 9.35 Le Mans Flash 9.45 World Rally Championship 10.15 Cycling 11.30 Powerboating 11.55 World Rally Championship 12.30 Close

## Sky Sports Xtra

4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 Premier League Years 7.00 Tight Lines 8.00 Premier League Years 9.00 Premier League Years 11.00 Athletics 12.00 Tight Lines 1.00 Ocean Adventures 1.30 IAAF Athletics Weekly 2.00 Athletics 3.00 Pool 4.00 Race World 5.00 Powerboating 5.30 360 Series

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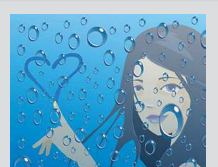
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**RIVERSIDE INTERNATIONAL CHURCH** Office: Rua São José 178, 1.º, Fontainhas, 2750-134 Cascais, Phone: 21 483 6590, Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praceta Infante D. Henrique, N.º 80, Quinta do Junqueiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring & culturally relevant church meeting at ABLA in Carcavelos each Sunday at 10:30 in English and 18:00 on Portuguese. Creche, children and youth ministries provided.

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**JEHOVAH'S WITNESSES** - Public Talk in English. Rua João de Deus, 76, Sintra. (Behind Sintra train station). Sunday 1.30pm. Tel: 214 690 600. No collection. Also Rua da Barroca, 122 (Bairro Alto), Lisbon. Sunday 11am. Tel: 213 421 604. (Chinese: Saturday 3pm) No collection.

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Community Centre, Almancil (ASCA - Associação Social e Cultural de Almancil). Service in Lagoa at Lagoa Convent Chapel 6pm. Details from 282 380311 or www.allssaintsalgarve.org. See our website for dates of Services of Holy Communion. www.fontevida.org

**CENTRO CRISTÃO FONTEVIDA** Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799 518 Website www.fontevida.org

**THE EVANGELICAL BAPTIST CHURCH** of Lagos. Service 6pm. Urb. Vila Praia da Dona Ana, Lote 11b, Lagos. (Nr. Hotel Golfinho). Information 282 768 088.

**THE SALVATION ARMY** in São Bras de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, n.º 19 (next to the Market).

**CATHOLIC MASS** every Sunday partly in English - 11am. at St. Lourenço Church - Almancil - 6.30pm. at Four Seasons Country Club - Quinta do Lago - Almancil. Further information, Griselda Neto on 965168120 or Vitor on vgn@domopor.com).

**INTERNATIONAL CHRISTIAN FELLOWSHIP** International Christian Fellowship in Portimão. Sundays at 11am. \* Sunday School for Children in English & Portuguese \* Avda 25 de abril 17 r/c-D, Portimão) \*opposite public swimming pool (piscina municipal) \*Tel 282 461 985. Website: www.coaa.co.uk/ict.htm.

**LIVING HOPE BAPTIST CHURCH** English speaking services every Sunday 5 p.m. About 100m North of bulring circle in Albufeira. For more information contact pastor Mark: 964860765. Or email: pastor@ibev.pt

**CHURCH IN ALJEZUR / VALE DE TELHA.** Our mission: Matthew 28:18-20 (An outreach from Church in Lagos) Call Stefan Saunders (Pastor) mobile 963 165 983.

**INTERNATIONAL COMMUNITY CHURCH** in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. 5 Travessa de Santo Amaro, Lagos, Tel. 282-086804 or 282-697546, www.icc-lagos.org.

**INTERNATIONAL EVANGELICAL CHURCH OF THE ALGARVE** Warmly welcomes residents & visitors of all nationalities and denominations to their Sunday Services in Vale Judeu at 10.30. See our blue sign on the N125 between the Vilamoura entrance & the Atlântico Waterslide Park. Services in

English, creche and Sunday School. For further information: 289 328635.

**LAGOA CHRISTIAN FELLOWSHIP** An international English speaking church. Contemporary worship and Christ-centered study of the Bible. "God Squad" for kids, toddler thru pre-teen. Service every Sunday 11am to 12.30 pm. Portuguese translation available. Address: EN125 - Vale de Lousas, Alcantarilha. Pastor Alípio Amaral Tel: 282 381347. Visit our website at www.lagoafellowship.com

**TAVIRA CHRISTIAN CENTRE** Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Cândido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 966 380 404. E-mail: jackieandmo@yahoo.co.uk

**RESGATE DE VIDA, LAGOS.** Raising up a new generation according to Eph.4 v 11-12, Church with a Brazilian Flavor. Portuguese speaking. Children Welcome. Meeting on Sundays 8pm - 10pm at Rua, Hospital S. João de Deus. For directions phone Pastors Sidney 963414757 or Anderson 962934005

**ROMAN CATHOLIC ST. ANDREWS, PENINA** R.C. Mass in English every Saturday 6pm, St. Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151

**SALVATION ARMY** Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Brás de Alportel

**ALL NATIONS.** Todas as Nações, All welcome, contemporary worship service and children's club. Carvoeiro Tennis Club, Mato Serrão Carvoeiro. Sundays 10.30am-12.00pm, Luke and Shelley 913362221

**EREV SHABAT** - For services Tel: 282 416710

**JEHOVAH'S WITNESSES** - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Emgembreiro Sarrea Prado, Portimão (Next door to the University). Saturday 4pm. School Tuesday 7.30pm Tel: 282 485 495. (Chinese: Saturday 4pm) No collection. Also Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia). Sunday 10.15 am. School Wednesday 7.45pm Tel: 282 442 279.

## Oporto

**GREATER GRACE INTERNATIONAL FELLOWSHIP** has contemporary Christian gatherings on Sunday afternoons at 3rd Baptist Church, Rua Estacao 133, Porto, & Saturday evenings on the 1st floor at Confeitaria Palacio, Porto (across

from the "Emergency" entrance of Hospital Santo Antonio); for meeting times, details and updated schedule visit [www.NovaAurora.com](http://www.NovaAurora.com), call 220 994 785 or send an SMS to 917 112 736.

**RIVERSIDE PORTO INTERNATIONAL CHURCH** - Operto. A church that is fun and enriching. Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 contact@riversideporto.com or [www.riversideporto.com](http://www.riversideporto.com)

**ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO.** Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. [www.stjamesporto.org](http://www.stjamesporto.org)

**THE SALVATION ARMY OPORTO** Pereiro Corps (Av. Vaso da Gama No: 675-2 E Ramalde), Service 10am, Salvation

Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Voluntários; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

**JEHOVAH'S WITNESSES** - Public Talk in English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976. No collection.

## Caldas da Rainha

**ANGLICAN EVENING WORSHIP IN ENGLISH.** At 6:00pm on the first Sunday of each month, except in August and January. Held in the Evangelical Baptist Church, Rua Dr. José Saudade e Silva 27/29 (between Caldas da Rainha Railway Station and "Pingo Doce". All welcome.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua Adelaide Amaro da Costa, next to CERCIP. 2520 Peniche, Obidos. Sunday 11am (1º & 2º Sunday of the month). No collection.

10.30am • Holy Communion  
**ASCA • ALMANCIL**  
with Adventurers and Creche  
6pm • Holy Communion  
**Convento de S. José • LAGOA**

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**Assistant Priest:** Rev'd Jackie Nevill T: 914 781 453

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For directions, call 282 380 311 any time

su

do

ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

4			5	3				
		1	6					5
7				9				2
				7		3		9
2								4
9	6		1					
8			3					7
1				4	2			
			2	7				5

Last weeks solution:

2	7	8	9	1	6	3	5	4
9	3	6	7	4	5	1	8	2
1	4	5	2	8	3	9	6	7
8	9	4	1	6	7	2	3	5
6	5	1	4	3	2	8	7	9
3	2	7	5	9	8	6	4	1
4	6	2	3	5	1	7	9	8
5	1	3	8	7	9	4	2	6
7	8	9	6	2	4	5	1	3

For **tips** on how to solve Sudoku puzzles, browse the **forums**, go to [www.sudoku.com](http://www.sudoku.com)

1

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**ACROSS**

3. Misfortune (9)

8. Sediment (4)

9. Conduct (9)

10. Eaten away (6)

11. Guide (5)

14. Fall into (5)

15. Curb (4)

16. Moribund (5)

18. Story (4)

20. Wireless (5)

21. Ant (5)

24. Dread (6)

25. Ignore (9)

26. Cosy (4)

27. Cheer (9)

**DOWN**

1. Ease (9)

2. Conciliate (9)

4. Action (4)

5. Precise (5)

6. Tremble (6)

7. So (4)

9. Whiskers (5)

11. Speedy (5)

12. Translation (9)

13. Foster (9)

17. Covetousness (5)

19. Appear (6)

22. Keen (5)

23. Portent (4)

24. Genuine (4)

**Answers Crossword № 243**

**Across:** 1 Cape; 3 Disperse; 8 Lure; 9 Starving; 11 Instructions; 13 Relate; 14 Rudder; 17 Perspiration; 20 Adroility; 21 Etch; 22 Allegory; 23 Prod.

**Down:** 1 Colliery; 2 Parasol; 4 Intact; 5 Particular; 6 Reign; 7 Ergo; 10 Protesting; 12 Drenched; 15 Drifter; 16 Tiller; 18 Enrol; 19 Saga.

Upward Glance

with Joyce Voelker

## Testimonial

Before moving to Portugal, we purchased a new internet phone service plan. It has allowed us to easily keep in touch with our family and friends in the United States. Almost immediately we were offered a bonus or credit on our monthly bill if we would recommend the service to others who were willing to also purchase the plan. After trying the service for a time, we could easily recommend it to others, whether we received a bonus or not. Many companies use similar techniques, offering free samples of their products to those who will recommend the product to their circle of contacts.

Before buying a new digital camera or a new car, most of us talk to others to find out if they were satisfied with their purchases. Internet purchasing sites know the value of personal recommendation so they offer customer ratings, testimonials and comments on their websites. As a new young mother my daughter carefully read these customer reviews before deciding which crib, stroller, cloth diapers and other baby items to purchase.

Marketing experts have known for years that satisfied customers are the best advertisement a company could ever ask for. Who better to convince others that the product is worth the price?

The gospel of Jesus Christ is more than just a product. It is God's plan for bringing salvation and hope to a sin cursed world. He longs to bring people into a living and vital relationship with Himself. The gospel is most effectively conveyed by example and word of mouth. Believers whose lives have been radically changed, and who have found it impossible to keep quiet about their faith, effectively point others to the Savior. It is human nature to talk about the things that excite us. Those who have personally experienced God's grace have all the incentive they need to recommend the Savior to a friend.

"For I am not ashamed of this Good News about Christ. It is the power of God at work, saving everyone who believes." Romans 1:16

\*More information about how to have a relationship with God can be found at [www.rbc.org/personal\\_relationship\\_with\\_god.page](http://www.rbc.org/personal_relationship_with_god.page)



## Announcements

**LONELY? BORED?** Come and join out happy helpers and fund-raisers, 3 to 4 hours a week (or more!) Our charity shops welcome you. Every Euro raised goes to animals rescued from distress. Call Nan Richards at the Donkey Sanctuary in Estômar for details of our work. Tel: 962 633 811.



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**SHOP FOR SALE IN QUARTEIRA.**

Bargain for €20,000. ono. 24.5 sq metres. Front of the Meat & fish market in shopping centre. Private and quick sale. Tina mobile 914 69 23 17

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## Charities

**THE ANIMAL** charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.

**CAR BOOT** Sale held every 3rd Sunday of the month at 'Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on Happyhounds@mail.telepac.pt for more information.

**WANTED: THE** donkeys sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

**TAVIRA TREASURE** Charity Shop. Tavira Christian Centre. 126, Rua Almirante Candido Reis, Tavira. Come and browse. Come and bring. Clothing, Bric-a-Brac, Books. Open Wednesdays, 2.30-4.30pm or phone 281 322 857 for further details. Volunteers needed so we can open more frequently.

**APAA CHARITY SHOPS.** Cerro Grande, Albufeira open Tuesday to Saturday 10.30am to 2pm. Dunas de Alvor open Tuesday to Sunday 10.30am to 2pm. Good quality clothes, bric-a-brac, books, jigsaws, etc. Stock and new volunteers always welcome. Help us to help stray and abandoned dogs and cats.

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## Entertainment

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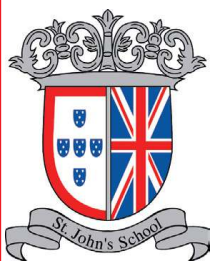


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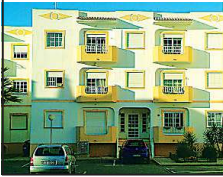
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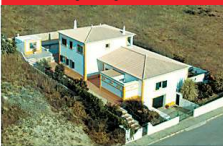


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# It's all or nothing for Portugal



Decision time has come for Portugal as they face Albania this weekend in their crucial 2010 South Africa World Cup qualification match. Nothing but a win is acceptable for the national squad as anything else will most likely mean the end of their aspirations of qualifying for the World Cup finals.

Fortune has not been on Portugal's side so far in their qualifying campaign for the South Africa 2010 World Cup. Their poor results started when they lost painfully to Denmark after conceding three goals in the final ten minutes of the match, in September, losing 3-2 at home. Then three goal-

less draws followed, against Sweden twice and Albania once.

They currently stand at third place in the Group, with five games remaining, but trail Denmark and Hungary by seven points.

It has been a very frustrating qualifying campaign for Portugal

because they have been playing well but have failed to score on too many occasions. The lack of a scoring striker is more evident now than ever before.

Portugal must beat Albania in Tirana this Saturday, at 20h45, or their World Cup campaign will probably come to a bitter end.

## FC Porto do the double

The 'blues' have had a phenomenal season this year, winning the Liga Sagres for the fourth consecutive time and recently taking the 'Taça de Portugal', after beating Paços de Ferreira 1-0 in the final on Sunday.

FC Porto conquered its fourteenth Taça de Portugal title on Sunday, adding yet another trophy to their already immense array and also giving them the double this season, the Liga Sagres and the Taça de Portugal.

The game started with intensity, with Paços de Ferreira

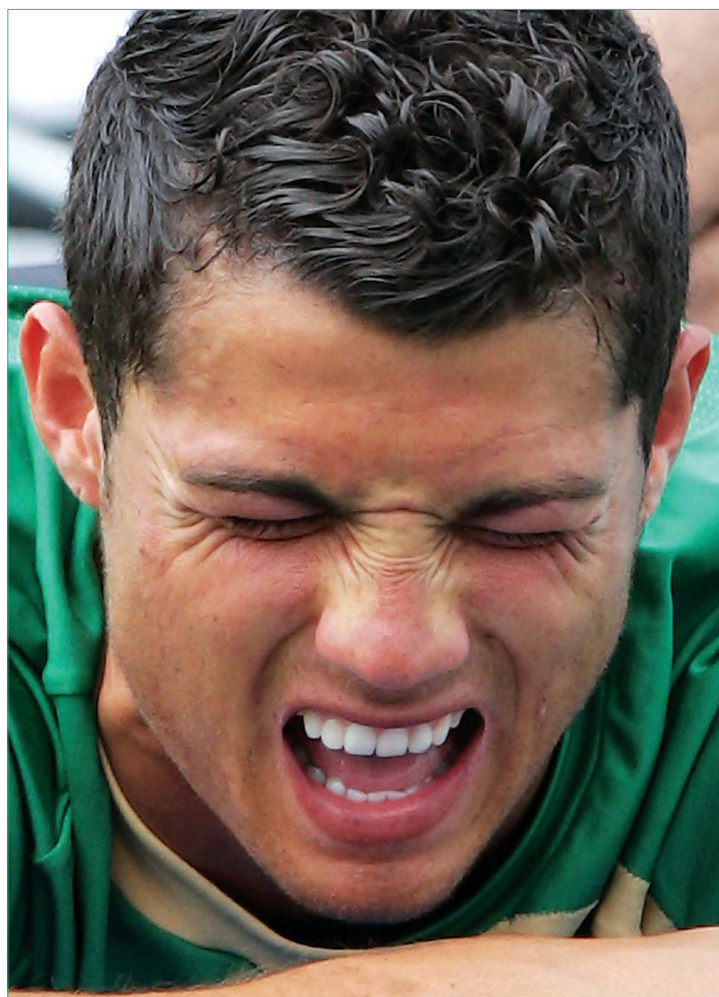
pushing hard to put FC Porto on their back foot, hoping to tame the 'Dragons'.

Their hastiness bit them back though as it allowed FC Porto to find an early opportunity, thanks to a fantastic pass from Raul Meireles to Lisandro, who did not throw away the chance and scored after only six minutes.

The early goal did not put Paços de Ferreira down, although FC Porto did not lose control of the game and it was they who seemed the stronger side throughout. Blue and white confetti exploded at the Jamor Stadium at

the final whistle, ending FC Porto's amazing season on a high note.

Jesualdo Ferreira has had a stellar track record during his three seasons at FC Porto, winning the 'Liga' three times, the Taça de Portugal once and also reaching the Champions League Quarter finals this year. Maybe due to such a good performance as manager, Jesualdo Ferreira been offered a two year extension of his contract, which most likely means the Portuguese coach will end his career at FC Porto.



Manchester United player Cristiano Ronaldo during a team training session at Obidos on 2 June 2009. The team were preparing for their World 2010 qualifier football match against Albania in Tirana on Saturday 6 June. (Photo: Lusa / Paulo Cunha)

## Windsurfing elite come to Portimão

Portimão will be hosting the Formula Windsurfing Iberian Championship over the following two weekends, attracting both Spain and Portugal's finest windsurfers.



The Iberian Formula Windsurfing Championship will be held in Praia da Rocha between 5<sup>th</sup> and 7<sup>th</sup> of June, with two separate events, the National Championship and the 'Copa de España' of Formula Windsurfing.

The following weekend, 13<sup>th</sup> and 14<sup>th</sup> June, the Iberian Circuit of Windsurf Proam 2009 will be taking place at Alvor beach.

This year there are new events at the Windsurf Proam, such as the long distance regattas, to be held on both days, which start from Alvor and go to Ponta da Piedade, in Lagos, and then back.

Fierce competition is expected, as is lots of entertainment, both in and out of the water.

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